



Membership Application

To join the **AARP Network of Age-Friendly Communities** and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email livable@aarpp.org.
- If you need additional space for answering the questions you may add an additional sheet of paper.

APPLICATION SUBMISSION DATE: 5/24/2018

Section 1: COMMUNITY DETAILS

NAME OF THE COMMUNITY: Coral Gables

STATE: Florida

POPULATION SIZE: 50,815

PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 20%

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Mayor Raul Valdes-Fauli

OFFICE ADDRESS OF THE SIGNER: 405 Biltmore Way, Coral Gables, FL 33134

Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

[Redacted contact information]

Please describe the named person's role in the city or community's age-friendly initiative:

Fabien manages the city's Adult Activity Center, which oversees and runs all programs for patrons aged 50 and older.

Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

The City offers a wide arrangement of program and lectures for the 50+ community. These may include fitness courses, support groups, leisure, and arts& sciences courses. Some of our highlighted programs are Aqua Zumba, Watercolors, and Brain Gym. The City also offers a free trolley system to all ages, that provides mass transportation throughout the city. This community plans to become more age-friendly by continuing to make the city more walkable and pedestrian-friendly. This encourages active, healthy transportation and social interaction. An example of this is the new improvements have recently been made to Miracle Mile and Giralda Avenue. These recent renovations have made walkways much wider on Miracle Mile, and made a portion of Giralda Avenue a plaza that is only accessible to pedestrians.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

The City of Coral Gables currently involves older people by including our Senior advisory board in the process, and doing surveys. The city plans on continuing to distribute surveys periodically, and host focus groups with the target age groups.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

The City of Coral Gables Adult Activity Center relies on collaborations between other departments and external agencies for daily operations. Examples of this can be found in our partnerships with Baptist Hospital for our annual health fair, The Palace for parking and catering, and over 40 volunteers for the instructing of all of our programs.

Section 4: NETWORK MEMBERSHIP

Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

We will contribute by providing a community that is more interactive, and safe for residents 50 +. We will grow and nurture a network of agencies and partnership within our community that will help us promote the values of AARP and the WHO. We will offer ourselves as a beacon in the local communities, as we will offer guidance and assistance to other communities looking to make these same improvements.

5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

Our community chose to join this network because we feel it is very important to be a community that is safe, convenient, and social for all residents, regardless of age. The city strives to offer our 50+ population world class service & care, with a hometown feel. We believe that these AARP and WHO guidelines to becoming an age-friendly city will assist us in reaching this goal.

6) Please provide a digital (JPG, PNG or PDF) file or link of a logo or other image that represents your community.

The image resolution should be at least 72 dpi. As an example of an image, here's ours >



<http://www.coralgables.com/Modules/ShowDocument.aspx?documentID=18>