



Membership Application

To join the **AARP Network of Age-Friendly Communities** and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email livable@aarpp.org.
- If you need additional space for answering the questions you may add an additional sheet of paper.

APPLICATION SUBMISSION DATE: 3/20/2019

Section 1: COMMUNITY DETAILS

NAME OF THE COMMUNITY: Belvedere

STATE: CA

POPULATION SIZE: 2,068

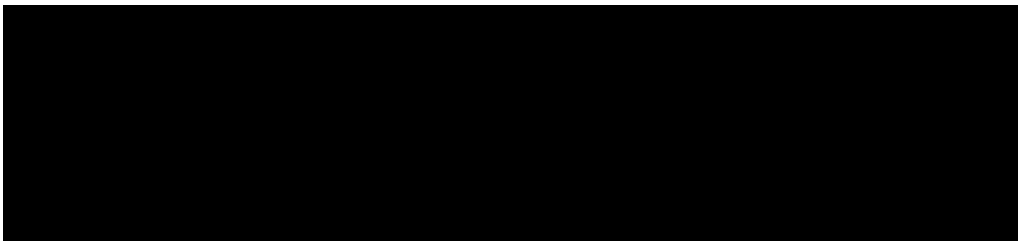
PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 37.4% over the age of 62

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Mayor Robert McCaskill

OFFICE ADDRESS OF THE SIGNER: 450 San Rafael Avenu, Belvedere, CA 94920

Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.



Please describe the named person's role in the city or community's age-friendly initiative:

I am Diana Bradley and I am on the Commission on Aging for Belvedere.

Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

In 2010 WHO provided a global platform to engage elders in a healthy and active lifestyle. In 2013 Sausalito became the third California city to join WHO. Marin County has the fastest growing Senior population in California. Marin women live longer than women in the entire country. Perhaps our beautiful setting, low crime rate, and moderate climate are significant. BUT it is a very expensive county. Married couple needs an annual income of \$50,000. A one bedroom rental can be \$2,000 or more

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

The Commission on Aging holds weekly meetings to discuss solutions for Seniors and these effect all down the line. A Task Force meets to entertain a variety of solutions. I.e. legislation 1066 provides for Junior Housing. A large home can have a separate entrance for the "junior" dwelling unit. A front door, living room, bedroom, bathroom, and small kitchen facilities. The permit process is special, shorter and less expensive. The senior owner can choose to live in the small unit and round out the house or rent the small unit and live in the large house.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

Belvedere may have a task force to connect with these agencies. The city supports the Parks and Recreation classes for Seniors, The SMART train will enable seniors transportation as does Whistlestop Wheels and Marin Access taxi service. The city has block survey with a captain for each block and the capabilities of each resident. Belvedere seniors can enjoy the Friday lunch at Hilarita Housing, participate in the Other Life Learning Institute, our wonderful Library and its many lectures and classes As our tasks force grows and more input from our Seniors Belvedere will be the PERFECT City to AGE in PLACE

Section 4: NETWORK MEMBERSHIP

Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

We contribute by participating in weekly-monthly meetings throughout Marin.

5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

In 2007 The Marin Civic Grand Jury reported in "Aging in Marin" that 1 in 3 citizens would be 65 or older by 2030 with an increase to 121,00 by 2030. In 2014 the Grand jury had a frustrating report on plans to move for elders. The top 6 concerns of elders are falls, cognition and dementia, loneliness or depression and financial insecurity and end of life planning. Now more than 65 agencies participate in the county wide Aging and Adult Services

6) Please provide a digital (JPG, PNG or PDF) file or link of a logo or other image that represents your community.

The image resolution should be at least 72 dpi. As an example of an image, here's ours >



<https://www.dropbox.com/s/95gsf13xf12glfb/Belvedere%20Logo.jpg?dl=0>