



Membership Application

To join the **AARP Network of Age-Friendly Communities** and **WHO Global Network of Age-Friendly Cities and Communities**

APPLICATION SUBMISSION DATE: 7/27/2015

1) COMMUNITY DETAILS

NAME OF THE COMMUNITY: City of Henderson

STATE: Nevada

POPULATION SIZE: 286,273

PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 22.3%

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Mayor Andy Hafen

OFFICE ADDRESS OF THE SIGNER: Henderson City Hall, 240 Water St., P.O. Box 95050, Henderson NV 89009-5050

2) COMMUNITY CONTACT* FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

** The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.*

[Redacted]

[Redacted]

[Redacted]

[Redacted]

Please describe the named person's role in the city or community's age-friendly initiative:

Shelly Labay is a planner in the Community Development and Services, Planning Division, which is under the direction of Stephanie Garcia-Vause, Director. Ms. Labay will be submitting all application materials, coordinating the gathering of outreach and survey information, forming and facilitating the Advisory Group, and synthesizing the information into the Age-Friendly Plan. Ms. Labay will also be coordinating with the state AARP office and submitting all necessary documents.

(You can add an additional sheet of paper if needed.)

3) THE COMMUNITY'S AGE-FRIENDLY ACTIVITIES TO DATE

Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

The City of Henderson has a history of providing quality recreational and housing services for its senior population. The City of Henderson currently has two senior recreation centers, The Downtown Senior Center, a 6,000 square foot facility with a fitness room, wellness area, dining room and activity room, and the Heritage Park Senior Facility, a 29,000 square feet senior center, which offers a wide variety of programming, ranging from art and cooking classes to exercise and dance programs, in addition to social and wellness services designed to meet the needs of Henderson's active 50+ population. Additionally, senior nutrition services and help with insurance and prescription drug plans are offered and referrals are provided for programs addressing senior housing, utility assistance and senior food programs. The Henderson Multigenerational Center and Aquatic Complex is the first of its kind in Southern Nevada. It is designed to bring people of all generations together to enjoy the benefits of recreation. From a demonstration kitchen and jogging track to an adult lounge and dance room, the facility accommodates a wide array of activities, interests and community services. Staff members enjoy working with people of all ages and help educate patrons about the importance of physical fitness. The 84,120-square-foot state-of-the-art facility also features an aquatic complex, including indoor and outdoor pools for casual and serious swimmers. Additionally, the City has many events and performances which are aimed at diverse audiences of all ages and includes three different venues: Henderson Pavilion, Henderson Events Plaza and the Henderson Convention Center. The City also provides a well-versed mixture of housing options for our elderly and disabled population. The City has worked diligently with private developers to offer our residents affordable active, disabled and senior communities as well as affordable long-term care facilities. The City of Henderson partners with the SNRHA to offer a senior public housing apartment complex and 12 affordable senior apartments and 2 affordable disabled apartment complexes. Over the next five years, the City has a goal of increasing its supply of affordable senior housing and ensuring quality housing products in desirable neighborhoods. The City manages over \$1 million in CDBG funds and one of the goals has been to provide funding opportunities to assist seniors in maintaining self-sufficiency. In 2014 – 2015, through a partnership with Helping Hands of Henderson, 120 senior citizens were assisted with over 6,000 round-trip rides to help them maintain their independence. This community-based transportation program provides transportation assistance to seniors 60 years and older to and from medical appointments, shopping, and errands and provides assistance and deliveries to homebound clients. Another CDBG partner is Rebuilding Together, which provides year-round critical home repairs free of charge to low to moderate income homeowners who are senior, disabled or veterans including roofing repairs, HVAC, plumbing, accessibility modification, safety precautions and energy efficiency upgrades. The City would like to ensure its CDBG programs continue to serve our increasing senior population in the future. An age-friendly plan would help the City reinforce and prioritize its actions to make certain that the senior community's needs are met.

4) COMMUNITY ENGAGEMENT

How will the community engage and involve older people in the process of becoming a more age-friendly?

The City of Henderson will form an Advisory Committee for age-friendly communities. This group will be made up of senior advocates, professionals that work with Henderson seniors, as well as senior citizens from our community. This group will inform the process and oversee the public outreach process. The outreach process will include a survey which will be presented at our senior centers, recreational centers and non-profit partners. Additionally, the City plans on reaching out to our senior Spanish-speakers with a Spanish survey. Additionally, the Advisory Committee will provide input on the goals, strategies and objectives that will ultimately make up our Age-Friendly Planning document.

5) CROSS-SECTOR COLLABORATION

Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

The City of Henderson will ensure that agencies and departments that will have a role in implementation of the Plan are represented through the advisory group and if necessary, a technical working group may be utilized. The City has recently led and managed the first-ever federally-recognized regional plan – the Southern Nevada Strong Regional Plan – which was adopted in January 2015 and offers outreach results as well as guidance for community collaboration. The City intends to utilize this guidance to ensure that the Age-Friendly Plan is a collaborative process between the City, our senior citizens, and the community agencies that serve our senior community. Additionally, the City will ensure that the WHO’s domains of influence are examined during this process: outdoor spaces and buildings, transportation, housing, social participation, respect and social inclusion, civic participation and employment, communication and information, community support and health services.