



Membership Application

To join the **AARP Network of Age-Friendly Communities** and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email livable@aarpp.org.
- If you need additional space for answering the questions you may add an additional sheet of paper.

APPLICATION SUBMISSION DATE: 5/8/2017

Section 1: COMMUNITY DETAILS

NAME OF THE COMMUNITY: Yarmouth

STATE: Maine

POPULATION SIZE: 8,349 (2010 Census)

PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 33.2% >55; 16.7% >65; 8.4% >75

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Nat Tupper – Town Manager

OFFICE ADDRESS OF THE SIGNER: Yarmouth Town Hall; 200 Main St; Yarmouth ME 04096

Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

[Redacted]

[Redacted]

[Redacted]

[Redacted]

Please describe the named person’s role in the city or community’s age-friendly initiative:

Leigh is responsible for coordinating all aspects of the AIP Project.:recruiting volunteers to move project forward; conducting focus groups (done); completing community survey (done); creation of town AIP Plan (done); supervising work of 8 domain teams including scheduling meetings, leading discussions, and assigning work to move projects forward; supervising work of the Senior Advisory Council (see below); attending town meetings as needed or assigning other team members to attend on behalf of AIP.

Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

28 units of senior affordable housing (Bartlett Circle) will double with opening of Bartlett Woods in July 2017. Yarmouth Community Garden provides fresh produce in season for residents of Bartlett Circle and Yarmouth Falls (section 8 primarily senior housing). Meals on Wheels site provides meals to homebound seniors (currently 9, with efforts underway to identify additional customers; MOW site provides weekly congregate lunch for Yarmouth and area seniors. Yarmouth Senior Rides provides volunteer drivers to meet senior transportation needs; AIP team promote other transportation options including BREEZ and ITN; Bus to Maine Mall from 5 Yarmouth bus stops to be added starting in March 2017 in collaboration with YCAN and Yarmouth Community Services. Volunteer snow shovel brigade added this winter with plans to expand to other volunteer opportunities. STAY tax reduction ordinance passed by Town Council last fall. List of social opportunities at various venues is available at Library and Town Hall, and online. Medical (equipment) loan closet available for all residents. Programs for adults and targeted rides for those who need transportation. Providing space for seniors to gather at history center in collaboration with YCAN. Yarmouth Community Center Planning Team in place with goal of creating a multigenerational community center. Project Reassurance in collaboration with Police and Rescue targets seniors who are housebound by daily call in protocol. Future plans include providing resources for home caregivers, referral list of vendors/contractors who agree to be a resource to seniors in Yarmouth, home modification teams to assist with projects that make a home more age friendly, and improving both indoor and outdoor accessibility.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

Seniors were invited to attend a series of 14 Focus Groups in preparation for writing our community survey. >50% of households age 65+ returned a survey. A Senior Advisory Council (dozen members) meets monthly to consider projects in the pipeline, give input on the projects, and to bring forward other concerns. They are our conduit to the senior community in that we ask them to promote the activities of our project. More than 300 community members (many of whom are seniors) receive regular email updates. A phone tree is being created to reach those who don't have access to email. Residents (of all ages) are invited to participate at any phase of the project.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

Presentations to the Town Council about progress of AIP planning and implementation (already underway and will continue). TC supported AIP financially when we were awarded a CDBG for our planning phase. Staff member of Yarmouth Community Services attends subcommittees and Senior Advisory Council as time permits. Leigh to attend Parks and Lands meetings as needed. Collaboration with Director of Planning and Development –assisting with sidewalk inventory and evaluation. Collaboration with CPIC (Comprehensive Plan and Implementation Committee). Aging in Place resides under the YCAN umbrella (Yarmouth Cares About Neighbors). Further collaborations underway with School Dept, Merrill Library, and the Yarmouth Chamber of Commerce.

Section 4: NETWORK MEMBERSHIP


Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

We are happy to speak with communities and/or individuals who are in the process of becoming age friendly about our experience, either individually or at forums organized to promote AFC,

5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

Yarmouth already had some programs in place such as Bartlett Circle (Yarmouth Sr Housing) and Senior Rides Program. Leaderships of YSH initiated an inventory about services already locally available and the project of community ir residents of a greater acces



. Leigh began attending some of these sessions and decided to take on am to assist Yarmouth seniors who wish to age in place. A series of d by focus groups, and a community survey indicated that Yarmouth ested and willing to take on this challenge. We will appreciate having of AARP once we join this network.

<https://yarmouthcan.files.wordpress.com/2017/03/aarp-logo-full-size.jpg>

6) Please provide a digital (JPG, PNG or PDF) file of your community. Membership Application: AARP Network of Age-Friendly Communities – Page 3

The image resolution should be at least 72 dpi. As an example of an image, here's ours >