

TOWN OF SEDGWICK

P.O. Box 40
SEDGWICK, MAINE 04676

March 23, 2017

Lori Parham
AARP Maine State Director
53 Baster Blvd
Portland, ME 04101


Dear Ms. Parham:

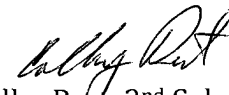
On behalf of the Town of Sedgwick, we are pleased to submit this letter of interest and commitment in the AARP/World Health Organization Network of Age-Friendly Communities. Sedgwick recognizes the importance of encouraging and promoting age-friendly planning and programming to address changing demographics and to enhance independent living in our communities. We are happy to join the robust community collaboration coordinated by Healthy Peninsula that has brought many resources, programs and initiatives in support of active and healthy aging to our community. We look forward to continuing the community conversations and activities to further these efforts in the future.


Sedgwick, a town of approximately 1137 year-round residents, already has a high level of civic engagement and a strong sense of community. The median age is 47, with about 30% of our residents aged 60 or older. Almost half of all households (49%) include at least one person who is 60 or older. While we have a self-reliant and engaged community, we recognize that there is more to be done to make our community truly a livable community where seniors can age safely in their own homes and live full, active lives.

As part of our involvement and commitment, we will work with Healthy Peninsula's Age-Friendly Region (including the towns of the Blue Hill Peninsula, Deer Isle and Stonington) to assess our community's age-friendliness and develop a community plan based on the findings of the assessment. We will involve older residents in the planning process and monitor progress toward implementing the action plan.

Sincerely,


Michael Sheahan, 1st Selectman
Sedgwick Select Board


Colby Pert, 2nd Selectman
Sedgwick Select Board


Ben Astbury, 3rd Selectman
Sedgwick Select Board