



Membership Application

To join the **AARP Network of Age-Friendly Communities** and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email me@arp.org or call 866-554-5380
- If you need additional space for answering the questions you may add an additional sheet of paper.

APPLICATION SUBMISSION DATE: 1/25/2017

Section 1: COMMUNITY DETAILS

NAME OF THE COMMUNITY: Town of Milo

STATE: Maine

POPULATION SIZE: 2,365

PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 25%

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Damien Pickel, Town Manager- on behalf of a unanimous Board of Selectmen

OFFICE ADDRESS OF THE SIGNER: 6 Pleasant St, Milo Maine 04463

Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

Please describe the named person's role in the city or community's age-friendly initiative:

The Town Manager's role is to implement the policies and initiatives adopted by the Board of Selectmen. The Town Manager will seek to utilize existing resources to make the community more age friendly through steps identified in the age friendly assessment and action plan. When possible and appropriate, the Town Manager will seek additional resources to address items within the action plan in order to improve circumstances for residents of all ages including seniors. The Town Manager will report to the Board of Selectmen on the progress of these initiatives and will work with the resources available through the AARP Network of Age Friendly Communities towards continuing its progress toward identifying and removing barriers we are able to identify.

Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

The Town currently dedicates space to seniors at our Town Hall. There are several events that occur both weekly and monthly in which our seniors participate. The Town does have its own recreation programs and through this program we are able to provide our seniors with the ability to participate in low impact activities. Our frustration lies in the inability to provide transportation to our seniors so that they may take advantage of what we can offer.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

The Town of Milo will form a committee to guide the work of the age friendly community program. Older residents will be included on the committee. Based on the recent age-friendly assessment completed by the Maine Center on Aging, the committee will make recommendations about how to engage the senior community and give recommendations for implementation. The committee will be a source of feedback on the Town's activities, investments and policies and can help identify what is needed to make Milo age friendly. The committee will look at what the town has in place and whether efforts are working as intended. Committee members will have the benefit of the feedback they get from their personal networks and be able to make this information part of the town's decision making process. Projects that involve use of grant funding require public hearings as part of community participation.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

Milo is part of the Piscataquis Thriving in Place initiative, which includes social service and other people who work together to make Piscataquis County a place where seniors can thrive. The town manager attends many of those meetings and works with Piscataquis TiP to get programs going in this community. The Town uses committees and subcommittees that collaborate in an effort to maximize the resources we have in town. One of our more successful committees is the Events Committee, which has flourished over the past year. The Events Committee has coordinated events with the Recreation Department, which have been both beneficial to the residents as well as the businesses in Town. The town has also collaborated with the Kiwanis Club, in an effort to bridge relations with both our seniors and our less fortunate.

Section 4: NETWORK MEMBERSHIP

Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

The Town of Milo looks to be part of this initiative. Being a small and poor community, we look to show that we can be an effective representation to other communities that may think they are not able to participate. We also hope to learn from those who are experienced in implementing age friendly policies and programs and we look forward to sharing the successes we have.

5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

The Town of Milo has a large community of retirees that we would like to see enjoy the benefits of retired life. Instead of a retirement being locked inside their home, we see an invaluable resource to the rest of the community. We would like to see seniors have so much to offer and we would like to be able to help them help the community. We would like to see seniors have so much to offer and we would like to be able to help the community.



6) Please provide a digital file or link of a logo or Membership Application: AARP Network of Age-Friendly Communities – Page 3

The image resolution should be at least 72 dpi. As an example of an image, here's ours >