



## Membership Application

To join the **AARP Network of Age-Friendly Communities** and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email [me@aarpp.org](mailto:me@aarpp.org) or call 866-554-5380
- If you need additional space for answering the questions you may add an additional sheet of paper.

**APPLICATION SUBMISSION DATE:** Click here to enter a date.

### Section 1: COMMUNITY DETAILS

**NAME OF THE COMMUNITY:** Town of Readfield

**STATE:** Maine

**POPULATION SIZE:** 2,800.

**PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60:** 739 individuals or about or 25%

**NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT:** Eric Dyer, Town Manager

**OFFICE ADDRESS OF THE SIGNER:** 8 Old Kents Hill Rd  
Readfield, Maine 04355 **PHONE:** 685-4939

### Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

**Please describe the named person's role in the city or community's age-friendly initiative:**

Appointed by the Select Board to be a member of the Ad Hoc Committee to see how the town of Readfield could be more age friendly. The committee appointed elected Romaine Turyn to serve as its Chair Person.

Chair recently retired after a career working in the aging policy field as an advocate, researcher and as a manager of aging programs.

### Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

**1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.**

Town of Readfield currently provides funds to Spectrum Generations, our local area agency on aging.

The town also makes a financial contribution to a social club called Guys and Gals, which meets ins in the town office.

**The Board of Selectmen passed the following resolution:**

"The Readfield Select Board shall appoint an ad hoc committee for exploring age friendly opportunities for our community consisting of up to five individuals for one year. The committee is charged with creating an inventory of possible desirable resources and services, identifying best methods to communicate the preceding to older citizens in our community, recommending future courses of action they deem desirable, and pursuing in conjunction with the town manager any grant offerings that may be available for assessment and/or implementation of age friendly resources upon approval of the Select Board."

**The town has history walks led by a local historian, an Historical Society, and nature walks are available on ADA accessible Trails supported by the town**

**2) How will the community engage and involve older people in the process of becoming a more age-friendly?**

The Select Board has appointed four members and outreach is being done to recruit additional members.

In addition, collaboration will occur with the Senior Café which is a center for those over 50 sponsored by the Maranacook Community Middle School and Maranacook Adult and Community Education.

We will also interact with a town funded social club called Guys and Gals.

All meetings are announced and open to the public.

Should our grant proposal be funded, we will conduct focus groups and survey residents of Readfield to determine what is important to allow them to age in successfully in Readfield.

**3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.**

The Ad Hoc Committee with the Town Manager, intends to meet with the Chair of each standing Committee to discuss what each department could do to become more age friendly. This includes the following:

- Library
- Fire Department
- Trails Committee
- Conservation Committee
- Emergency Preparedness' Committee
- Planning Board

**Section 4: NETWORK MEMBERSHIP**

Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

**4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?**

**We intend to learn from the successes of other communities. We will participate in webinars and contribute to the monthly updates distributed by AARP.**

**We intend to have members of the Ad Hoc Committee attend the AARP Conference at the Maple Hill Farm in September.**

**We will share all products and outcomes with AARP and the greater Age-Friendly Community.**

**5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?**

**Interest by Select Board members and a new Town manager. Significant interest by some community members to explore making Readfield more age friendly. Some members of the Ad Hoc Committee appointed by the Select Board, have a passion to serve and assist low income seniors.**

**6) Please provide a digital file or link of a logo or other image that represents your community.**

The image resolution should be at least 72 dpi. As an example of an image, here's ours >

