



# TOWN OF CUMBERLAND, MAINE

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Cumberland, Maine 04021

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Lori Parham  
AARP Maine State Director  
53 Baster Blvd  
Portland ME 04101

July 19, 2016

Dear Ms. Parham,

On behalf of the town of Cumberland and the Cumberland Aging in Place program, I am pleased to submit this letter of interest and commitment in the AARP/World Health Organization Network of Age-Friendly Communities. Cumberland recognizes the importance of encouraging and promoting age-friendly planning and policies to address the needs of the growing numbers of older residents in our community and to enhance their ability to live safely and independently as long as possible. Cumberland is committed to improving and expanding its Aging in Place initiative to support active and healthy aging.

As part of our involvement and commitment we have conducted several surveys of the needs and preferences of our community's older residents and have developed a community action plan based on the findings of these surveys. We have involved older residents deeply in the planning process, and we are committed to monitoring progress as we continue to implement our action plan.

Sincerely,

Thomas Gruber  
Member, Cumberland Town Council  
Town Council AIP Liaison  
Leadership Team, Cumberland Aging in Place Committee