



## Membership Application

To join the **AARP Network of Age-Friendly Communities** and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email [me@aarpp.org](mailto:me@aarpp.org) or call 866-554-5380
- If you need additional space for answering the questions you may add an additional sheet of paper.

APPLICATION SUBMISSION DATE: 7/19/2016

### Section 1: COMMUNITY DETAILS

**NAME OF THE COMMUNITY:** City of Bangor

**STATE:** Maine

**POPULATION SIZE:** 32,800

**PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60:** [Click here to enter text.](#)

**NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT:** Cathy Conlow, City Manager

**OFFICE ADDRESS OF THE SIGNER:** 73 Harlow St. Bangor, Me 04401

### Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

**Please describe the named person's role in the city or community's age-friendly initiative:**

The Public Health Director will be responsible to ensure that the steering committee is established and meets on a regular basis. That the group takes actionable steps toward achieving livability factors as outlined by AARP. This individual and other city staff will also participate along with community stakeholders in the larger AARP age friendly network activities

### **Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS**

**1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.**

The city offers multiple and varied services to its citizens including education with 5 institutions located within its borders and the land grant institution 10 miles north of the city. Public transportation by the Community Connector bus as well as the Lynx serving individuals requiring rides for medical services. We are home to an Area Agency on aging and a senior center. Another key player is the Cap agency called Penquis whose primary goal is to develop solutions to the multifaceted problems faced by the poor. In addition we have 5 nursing homes as well as numerous assisted living centers and several home health care agencies

**2) How will the community engage and involve older people in the process of becoming a more age-friendly?**

Bangor plans on establishing a steering committee involving many of the entities noted above as well as having consumer representation. We also seek to hold many focus groups to bring the voice of seniors to the forefront.

**3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.**

Bangor will begin with establishing a steering committee to shepherd our process over the long term. The steering committee will be made up of key community leaders representing organizations whose missions align well with the age friendly initiative; as well as some consumers. Initially our first approach will be to hold focus groups to hear from more individuals regarding their needs, desires and identify gaps. In tandem, we are focusing on innovative neighborhood and village to village development

#### Section 4: NETWORK MEMBERSHIP

Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

#### 4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

Our hope is that our small community can provide insight as to how this can be done in a small rural/'urban' community.

#### 5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

Bangor is a small city in the center of maine, whose population of seniors is rapidly growing. We feel connecting with AARP and joining this network will be essential to our citizens in the near future.

#### 6) Please provide a digital file or link of a logo or other image that represents your community.

The image resolution should be at least 72 dpi. As an example of an image, here's ours >



[http://www.bangormaine.gov/filestorage/67/large-City-of-Bangor-Logo-Without-Web-Address-\(2012\).jpg](http://www.bangormaine.gov/filestorage/67/large-City-of-Bangor-Logo-Without-Web-Address-(2012).jpg)