



Membership Application

To join the **AARP Network of Age-Friendly Communities** and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email livable@aarpp.org or call 202-434-2430
- If you need additional space for answering the questions you may add an additional sheet of paper.

APPLICATION SUBMISSION DATE: 7/18/2016

Section 1: COMMUNITY DETAILS

NAME OF THE COMMUNITY: Village of Pinecrest

STATE: Florida

POPULATION SIZE: 19088

PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 19.44

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Mayor Cindy Lerner

OFFICE ADDRESS OF THE SIGNER: 12645 Pinecrest Parkway, Pinecrest, FL 33156

Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

[REDACTED]

Please describe the named person's role in the city or community's age-friendly initiative:

Isabel Dossul is the Senior Activities Coordinator responsible for planning and executing all events, programs, activities and trips for senior citizens.

Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

The Village of Pinecrest’s Parks and Recreation Department and the Office of the Mayor provide events and activities on a regularly scheduled basis. At the Pinecrest Community Center there is Game Day, BINGO, Movie day, trips out into the surrounding communities, and fitness classes. Resources are also provided by way of weekly blood pressure checks, scheduled lectures by medical professionals on topics that pertain to the aging population, Medicare fraud lectures, opportunities to give back to their community, as well as mobility, health and fall prevention fairs. In the Office of the Mayor there is a luncheon, twice a year, that honors our seniors aged 80 and better called “Pinecrest Pioneers.” We also honor our Veterans with a well-attended ceremony at our Veterans Wayside Park every November 11th, which is Veteran’s Day. The Village has surveyed the senior population on the need for transportation. Additionally Pinecrest is addressing, in their strategic plan, pedestrian safety, crime prevention, building a senior center, sustainable living, affordable housing, emergency and disaster preparedness, among other topics that relate to our aging population. Four times a year our seniors receive the “Senior Focus.” This is a newsletter we mail out just for seniors with all events and activities geared towards them.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

We will continue to offer programs, activities and fitness classes to engage our seniors and have them come out to the Community Center to socialize. It is our mission to provide events, activities and trips that promote improving their quality of life and encourage them to live life to the fullest! We will continue to evolve and keep up with technology by partnering with AARP’s TEKS program. This will greatly benefit our seniors so they can learn to register online and receive our e-newsletters.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

The Village of Pinecrest Parks and Recreation department already has many partnerships with AARP, Baptist Health South Hospital, University of Miami’s Lifelong Learning Institute, Alliance for Aging, Consortium for a Healthier Miami-Dade, Miami-Dade Transit, Alzheimer’s Association, Epilepsy Foundation, Parkinson’s Foundation, Florida Department of Health, Health South Rehabilitation Hospital, Miami Age-Friendly Initiative, Miami Lighthouse for the Blind, Mount Sinai Medical Center, Miami-Dade Public Libraries, Pinecrest Police Department Community Outreach, Miami-Dade Fire Rescue, Safe Mobility for Life Coalition, University of South Florida’s Walkwise initiative, University of Miami’s Miller School of Medicine, among other doctor’s offices, agencies, assisted living facilities, retirement communities, mental health professionals, massage therapists, etc...

Section 4: NETWORK MEMBERSHIP

Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

We recognize that the aging Baby Boomers is just hitting the tip of the iceberg. We also know that as people age they want to move to warmer weather and live out the rest of their lives in the Florida sunshine. We feel it is our responsibility to provide opportunities, for this generation, to engage and continue to be active and enjoy their golden years. We want to make sure we create a community that adapts from its youngest members to its oldest. We hope to contribute by sharing our plans as well as sharing what we find works with our community members and what does not; in order to continue evolving and providing the best resources we possibly can to seniors.

5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

This is an initiative near and dear to the Mayor's heart and the Parks and Recreation Department has put forth a lot of effort towards engaging our senior population. We believe it is our responsibility and shows respect to seniors who have already contributed so much to this world. We also believe that it is imperative that we recognize that in about ten years 20% of the US population will be those aged 65 and older, which is a significant shift in age distribution that we cannot ignore.

6) Please provide a digital file or link of a logo or other image that represents your community.

The image resolution should be at least 72 dpi. As an example of an image, here's ours >



<https://www.facebook.com/PinecrestParks/photos/a.151371511562571.30373142486052138/?type=3&theater>