



Membership Application

To join the **AARP Network of Age-Friendly Communities** and the **World Health Organization Global Network of Age-Friendly Cities and Communities**

- If you have questions while completing this form, please email livable@aarpp.org or call 202-434-2430
- If you need additional space for answering the questions you may add an additional sheet of paper.

APPLICATION SUBMISSION DATE: 5/16/2016

Section 1: COMMUNITY DETAILS

NAME OF THE COMMUNITY: Saratoga

STATE: CA

POPULATION SIZE: 29,727

PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 36%

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: E. Manny Cappello,
Mayor

OFFICE ADDRESS OF THE SIGNER: 13777 Allendale Ave. Saratoga, CA. 95070

Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

Please describe the named person's role in the city or community's age-friendly initiative:

Lisa Huening is the Chair for the Saratoga Age-Friendly Commission in which the City of Saratoga is actively participating as well as financially supporting. She is the board President of the Saratoga Area Senior Coordinating Council, a non-profit, which is also partially supported financially and in kind by the City of Saratoga. The Senior Center has programs and classes for active seniors. In addition, the Senior Center provides an Adult Care Center which is an adult day program for less independent adults giving them opportunities for socialization and personal growth. The Adult Care Center accommodates a wide variety of care needs, including Dementia and physical challenges. Lisa is very closely associated with the City not only because of the Saratoga Senior Center but also in her role to bring additional senior services to the City of Saratoga such as 2 satellite Food Pantrys.

Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

The City of Saratoga already has many programs and services that serve older people in our community in collaboration with our many Faith Based Organizations, Senior Center programs and services, Parks and Recreation as well as City Services such as our Sheriff's and Fire Departments. Our Senior center is the hub of all things senior in terms of the classes, programs, and senior support services. We have a cross jurisdictional close relationship with the County of Santa Clara including County Supervisors and County Commissioners. We have two County Commissioners who also serve on our Senior Center Board of Directors. Our community plans to become more age-friendly by first assessing our city using the criteria set forth by the World Health Organization. From there our commission will review the results and prioritize areas for improvement. The commission will then submit an action plan to the City Council for approval prior to moving forward in becoming more age friendly.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

As a Commission we will be involving older people in our community in the process of becoming a more age friendly city through a variety of surveys and focus groups. Our surveys will be done through 3 different mediums. One is an online County based survey. Another survey is one that will be done through door to door meetings with our senior's who specifically are members of our senior center. This will have supervision of our Sheriff's department so that our Seniors are expecting the surveyors and that they have proper identification. Our third survey is one that will be mailed out to approximately 1725 residents in the community. We will advertise and write articles to build awareness ahead of time through our online "Next Door", Facebook, the Saratoga News, Chamber of Commerce website and other means. In addition, many of those on our Age-Friendly Commission live in the Community and are themselves in the older adult population.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.

The facilitation of collaborative planning is through our "Saratoga Age Friendly Commission" which is made up of experts across many areas within our city including: The City's Mayor, City Manager, Planning Department, Public Works, Facilities and Recreation, Chamber of Commerce, our Faith Based Organizations, County Sheriff Department, County Fire, High School, Community College, 2 Senior Care County Commissioners, 3 Senior Center Board members, a local Physical Therapist, and a local Executive Director of a Senior Housing Community. The Commission meets monthly to work together across all agencies as we do a baseline assessment of our City and then move to the planning phase. We are very proud to have every WHO category represented on our Commission.

Section 4: NETWORK MEMBERSHIP

Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

Our City of Saratoga hopes to contribute to the greater AARP Network of Age-Friendly Communities through demonstrating best practices for other cities in our county. Our Mayor, Manny Cappello, is a board member of the Cities Association, an association made up of 15 cities in and around our county. He is heading up a subcommittee for Age Friendly Communities. Within that sub committee he and others will be sharing best practices and make available any programs that can be replicated for other cities in our county and surrounding area.

5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

As the largest percentage of an aging population over the age of 60 in our county, we felt it was our moral obligation to lead the effort in becoming an age friendly community. Our seniors are a large component of our volunteer network in our community. As a minimum service City, Saratoga relies heavily on our volunteers. Given their commitment to our community, we felt it was important for us to make a commitment to them to be able to age in place in a healthy, and safe atmosphere.

6) Please provide a digital file or link of a logo or other image that represents your community.

The image resolution should be at least 72 dpi. As an example of an image, here's ours >



Logo has been sent as an attachment