February 8, 2022

Rafi Nazarian
Associate State Director, Community
AARP
200 S. Los Robles Ave., Ste. 400
Pasadena, CA 91101-2422

Dear Mr. Nazarian,

On behalf of the Board, I respectfully submit the County of Placer's application for membership in the AARP Network of Age-Friendly Communities.

In 2016, local leaders recognized a growing older adult population in Placer County and the importance of building a vibrant, active, healthy community where age is not a barrier to living well. In response to the changing demographic, the Placer County Five-Year Plan to meet the Needs of a Growing Senior Population was created. The Five-Year Plan was championed by the Placer County Older Adult Advisory Commission and Placer County Health & Human Services, with Placer County Board of Supervisors oversight and approval. As a framework, the Five-Year Plan utilized the World Health Organization's eight domains of livability that influence the quality of life for older adults and AARP's Livable Communities: An Evaluation Guide.

The Five-Year Plan included a thorough needs assessment, encompassing county-wide data, focus group conversations with community organizations, online and paper-based surveys, town halls and more. Over 200 older adults from all areas of the county participated in discussions and over 400 surveys were completed. The Plan also included a Recommendations & Implementation Plan with timeframes, action steps and partners identified for each of the eight domains. The Plan was a living document where goals and priorities were adjusted to meet the evolving needs of the community.

The Five-Year Plan concluded in August 2021 and was successful in making Placer County a more livable, age-friendly community for older adults, specifically in the domains of transportation, housing, community and health services, and communication and information. The Board looks forward to joining the AARP Network of Age-Friendly States and Communities and is committed to promoting, creating, and sustaining an environment that gives residents of all ages the opportunity to live rewarding, productive and safe lives.

Sincerely,

Cindy Gustafson, District 5
Chair, Board of Supervisors