STATE OF ILLINOIS  )
COUNTY OF COOK          )SS:
CITY OF CALUMET CITY    )

I, Nyota Figgs, City Clerk of the City of Calumet City, do hereby certify that the following Resolution entitled:

RES. # 21-09

RESOLUTION RECOGNIZING CALUMET CITY AS AN AGE-FRIENDLY COMMUNITY: BEST PRACTICES

is a true and correct copy of the Resolution now on file in my office which was adopted at the February 11, 2021 Regular City Council Meeting.

IN WITNESS, WHEREOF, I have hereunto set my hand and seal of the City of Calumet City this 26th day of February 2021.

Nyota T. Figgs, City Clerk

SEAL
A RESOLUTION RECOGNIZING CALUMET CITY
AS AN AGE-FRIENDLY COMMUNITY: BEST PRACTICES

Resolution No. 21-09

WHEREAS, the City of Calumet City, Cook County, Illinois (the “City) is a home rule municipality pursuant to section 6(a), Article VII of the 1970 Constitution of the State of Illinois, and as such may exercise any power and perform any function pertaining to its government and affairs (the “Home Rule Powers”); and

WHEREAS, the City is a member in good standing with the Metropolitan Mayors Caucus; and on September 9th, 2019, the Metropolitan Mayors Caucus Executive Board established an Age-Friendly Communities Collaborative to help communities become age-friendly and dementia-friendly; and

WHEREAS, the City is a friendly community with a rich heritage and strong desire to help others, and is desirous of welcoming and supporting its aging population, their families, caregivers, friends with understanding and awareness of the aging process and inclusion within the community; and

WHEREAS, as City residents stay healthier and active longer, the City is committed to adapting to the needs of changing demographics to serve the interest of the Calumet City Community and sustain economic and social vitality; and

WHEREAS, where we choose to live, our physical, social, and cultural environment, greatly impact how we live, and the City plays a critical role in helping residents live longer and better; and

WHEREAS, the City of Calumet City will be known as the first age-friendly community in the Southland Region of Cook County, Illinois; and

WHEREAS, the World Health Organization (WHO) has developed a global network of age-friendly cities and communities to encourage and promote public policies that will increase the number of cities and communities that support healthy aging and thereby improve the health, wellbeing, satisfaction, and quality of life for older Americans; and

WHEREAS, active aging is a life-long process, whereby an age-friendly community is not just “elder friendly” but also intended to be friendly for all ages; and

WHEREAS, the WHO has developed eight domains of community life that influence the health and quality of life of older people:

1. Outdoor spaces and buildings — accessibility to and availability as clean, safe community centers, parks, and other recreational facilities;
2. Transportation — safe and affordable modes of private and public transportation, “Complete Streets” types of initiatives, hospitable built environments;
3. Housing — wide range of housing options for older residents, aging in place and other home modification programs, housing that is accessible to transportation and community and health services;
4. Social participation — access to leisure and cultural activities; opportunities for older residents to participate in social and civic engagement with their peers and younger people;
5. Respect and social inclusion — programs to support and promote ethnic and cultural diversity, programs to encourage multigenerational interaction and dialogue, programs to combat loneliness and isolation among older residents;
6. Civic participation and employment — promotion of paid work and volunteer opportunities for older residents; opportunities for older residents to engage in formulation of policies relevant to their lives;
7. Communication and information — promotion of and access to the use of technology to keep older residents connected to their community and friends and family, both near and far;
8. Community support and health services — access to homecare services, clinics, programs to promote active aging (physical exercise and healthy habits); and

WHEREAS, the City is recognized as an age-friendly community, this Resolution will be included in its certification as an “AARP Livable Community” as part of AARP’s network of age-friendly states and communities; and

NOW, THEREFORE, BE IT RESOLVED, that the City of Calumet City, be declared as the first age-friendly community of Southern Cook County, Illinois, and be it further resolved, that a suitable copy of this Resolution be maintained as a permanent record of the City of Calumet City to commemorate this momentous occasion.

APPROVED by the Mayor and City Council, Cook County, Illinois on this 11th day of February 2021.

ATTEST:  

Michelle Markiewicz Quaklinbush, Mayor

Nyota T. Figgs, City Clerk