WHEREAS, the councils for the City of Versailles and the City of Midway and the Woodford County Fiscal Court desire to work together to improve the health and quality of life for older people in our community; and

WHEREAS, the world population of people aged 60 and over is expected to grow from 600 million in 2000 to almost 2 billion by 2050; and

WHEREAS, in the United States, the population of people aged 65 and over is expected to grow from 35 million in 2000 to 88.5 million by 2050, taking the total share of the 65+ population from 12 percent to 20 percent of the total population; and

WHEREAS, in Woodford County the percentage of the population over age 65 is 18.8% and growing; and

WHEREAS, research shows that older Americans overwhelmingly want to remain in their homes and communities as they age; and

WHEREAS, access to quality health care and long-term services and supports is essential for individuals to live in their homes and communities; and

WHEREAS, of the 80 percent of adults age 65 and older living in metropolitan areas, 64 percent live outside the principal cities of these areas in suburban and rural locations that tend to be auto-dependent, creating challenges for residents who do not drive; and

WHEREAS, 21 percent of adults age 65 and older do not drive, and more than half of these non-drivers do not leave home on a given day, in part because they lack transportation options; and

WHEREAS, reduced mobility for older non-drivers leads to 15 percent fewer trips to the doctor, 59 percent fewer shopping trips and visits to restaurants, and 65 percent fewer trips for social, family and religious activities; and

WHEREAS, the World Health Organization (WHO) has developed a Global Network of Age-Friendly Cities and Communities to encourage and promote public policies to increase the number of cities and communities that support healthy ageing and thereby improve the health, well-being, satisfaction, and quality of life for older Americans; and

WHEREAS, active ageing is a life-long process, whereby an age-friendly community is not just “elder-friendly” but also intended to be friendly for all ages; and

WHEREAS, the WHO has noted that “[m]aking cities and communities age-friendly is one of the most effective policy approaches for responding to demographic ageing,” and
WHEREAS, the WHO has developed eight domains of community life that influence the health and quality of life of older people:

1. Outdoor spaces and buildings – accessibility to and availability of clean, safe community centers, parks, and other recreational facilities;
2. Transportation – safe and affordable modes of private and public transportation, “Complete Streets” types of initiatives, hospitable built environments;
3. Housing – wide range of housing options for older residents, ageing in place and other home modification programs, housing that is accessible to transportation and community and health services;
4. Social participation – access to leisure and cultural activities; opportunities for older residents to participate in social and civic engagement with their peers and younger people;
5. Respect and social inclusion – programs to support and promote ethnic and cultural diversity, programs to encourage multigenerational interaction and dialogue, programs to combat loneliness and isolation among older residents;
6. Civic participation and employment – promotion of paid work and volunteer opportunities for older residents; opportunities for older residents to engage in formulation of policies relevant to their lives;
7. Communication and information – promotion of and access to the use of technology to keep older residents connected to their community and friends and family, both near and far; and
8. Community support and health services – access to homecare services, clinics, programs to promote active ageing (physical exercise and healthy habits); and

WHEREAS, the WHO recognizes that cities and communities have different needs, resources, and varying capacities to engage their resources to take action to facilitate active ageing;

NOW THEREFORE BE IT RESOLVED by the Versailles City Council to support initiatives and opportunities to engage in the WHO Age-Friendly Cities and Communities Network. Further, in recognition of joint efforts to promote and expand age friendly communities in Woodford County and the City of Midway, we do hereby resolve to support them in this effort. Further, we do order and authorize a joint committee comprised of the community to evaluate opportunities to engage in the WHO Age-Friendly Cities and Communities. The Committee shall actively seek input from diverse stakeholders. At least twenty-five percent of the Committee members shall be residents of the community and shall include older residents.

Approved and adopted by the Versailles City Council on this 13th day of August, 2019.

APPROVED:

BRIAN TRAUGOTT, MAYOR

ATTEST:

ALLISON B. WHITE, CITY CLERK
Age-Friendly Woodford: An Overview

What is Age-Friendly Woodford?

1. Inclusion of Woodford County in AARP’s nation-wide Network of Age-Friendly Communities. The Network consists of well-designed, livable communities, large and small, urban and rural, that promote, using AARP guidelines, an attractive living environment for happier and healthier residents of all ages, coupled with sustained economic growth.
   - Attention would be focused on enhancing livability factors for residents aged 50+, but action on these issues would directly and indirectly benefit all residents.
   - The Network Includes states, counties, cities, and towns.

2. Begun in 2012, the Network now includes four states (Massachusetts, New York, Florida and Colorado) and 363 communities. Membership is growing.

3. AARP’s Network is an affiliate program to the World Health Organization’s Global Network of Age-Friendly Communities. This program is an international effort to assist communities prepare for their growing populations of older adults.

4. The program is synonymous with AARP’s Livable Communities Program.

5. Community participation in the program requires a stated commitment by elected officials to actively work toward making their area a great place to live for people of all ages.

What Kentucky communities are in the Age-Friendly Network?

1. Berea: Joined 2015

2. Bowling Green: Joined 2015

3. Lexington: Joined 2014

4. Louisville: Joined 2016. An Action Plan has been posted on-line

5. Owensboro/Davies County joined June 2019

What are some examples of other member communities?

1. Ohio
   - Cincinnati: Joined 2018
   - Clinton County (Wilmington): Joined 2018
   - Columbus: Joined 2015

2. Tennessee
   - Chattanooga: Joined 2018
   - Franklin: Joined: 2018
   - Knoxville: Joined 2018
   - Livingston: Joined 2018 | Population: 4,023
   - Montgomery County (Clarksville): Joined 2019
3. West Virginia
   • Charleston: Joined 2016
   • Shepherdstown: Joined 2018

**Why join? What are the benefits?**

1. We would be able to exchange ideas and experiences with other member communities, and receive organizational guidance and information on best practices and mentoring.

2. The County, its cities and volunteer agencies would have an action platform developed from extensive community input on needs to enhance the ability of current and future residents to age-in-place within a safe, friendly and attractive environment.

3. Woodford County and its two cities would have enhanced recognition among their residents and companies in their commitments to be attractive, desirable places to live and work. Membership would strengthen the message that quality of life is an important sustained public commitment to current and future residents.

4. Membership would advance efforts to help residents and their caregivers to live easily, safely and comfortably in the County and its cities as they age.
   - Current trends show more people prefer to “age-in-place”.
   - It would make Woodford County an attractive place to live for families seeking to have aging parents and grandparents live with them.

5. A framework would be provided by AARP and Network members for development of key quality of life factors important to healthy resident aging in the County and cities within eight AARP activity domains:
   - Outdoor Spaces and Buildings
   - Transportation
   - Housing
   - Social Participation
   - Respect and Social Inclusion
   - Civic Participation and Employment
   - Communication and Information
   - Community and Health Services

6. Other benefits that would be provided include:
   - Access to a global network of communities committed to having a livable and age-friendly environment
   - Opportunities for partnerships with other Network cities, both domestic and international
   - Mentoring and peer-review evaluation by member communities
   - Organizational guidance from national experts
   - Streamlined admission into the World health Organization’s age-friendly network
   - Resources for identifying and developing assessment and survey tools of residents
   - Information about identifying and developing community-success criteria
What would be the responsibilities to the County if it joins?

1. Membership would require the County’s commitment to:
   - Improve its age-friendliness
   - Submit to a rigorous assessment cycle every three to five years for continued membership and certification

2. Following entrance into the Network, there is a three step progression that would need to be followed to be certified as age-friendly:
   - Phase 1: Planning-the County would need to develop a strategic action plan (Years 1-2)
     - Identify and involve community stakeholders, especially older residents and those working with them
     - Conduct a comprehensive and inclusive baseline assessment of the community’s age-friendliness, employing surveys, focus groups/listening groups, interviews and On-the-Table type community meetings
     - Develop a three-year community-wide action plan based on assessment findings
     - Identify indicators to monitor progress against the plan
   - Phase 2: Implementation of the Action Plan (Years 3-5)
     - Commit to implement the action plan
     - Submit a progress report at the end of five years that outlines progress against the baseline using the indicators developed in the plan
   - Phase 3: Continued Improvements (Year 5 and beyond)
     - Make continual improvements
     - Membership is automatically renewed flowing a positive assessment and the submission of a revised action plan

3. There is no penalty if a community fails to complete the three phases on schedule.

Does it cost to join the Network?

1. There is no fee to join the AARP Network of Age-Friendly Communities or to maintain membership. Membership is free and voluntary, open to any city, town or county that makes a commitment to actively work toward making their location a great place to live for residents of all ages, following AARP’s flexible guidelines.

2. Work for Phase 1 and much of Phases 2 and 3 would be done largely by area volunteers and stakeholders.

3. There would be no financial or staffing obligation to the County or cities if the County joins the Network, except perhaps for some minor administrative time at the project’s initiation.

4. There could be costs to the County or cities if they decide to implement any recommendations for infrastructure or other physical improvements or program development emanating from the initiative. Some grant opportunities may exist to cover some or all of these expenses.
• These expenses could be part of existing County or City capital or operating budgets. Some grant opportunities may exist to cover some or all of these expenses.

What would we have to do to join the Network?
1. A membership application from Woodford County, and a letter of commitment, signed by the Judge Executive, must be submitted to the AARP Kentucky office. Co-signatures from the two city mayors would be welcomed and a plus.

2. Resolutions or endorsements from the Fiscal Court and the Cities of Versailles and Midway could be made, but are not necessary, however a joint resolution supporting membership would be a plus, showing unity of purpose and support within the County.

3. The application and letter would be reviewed by the AARP Kentucky and AARP national office for acceptance.

What has been done so far?
1. Laura Dake and Bill Fredrick met with Scott Wegenast, Associate Director of AARP Kentucky and Mary Crowley Schmidt, Assistant Aging Director of the Bluegrass Area Development District to discuss the Age-Friendly program and Woodford County’s ability to join. Program benefits and requirements were also discussed.

2. Laura and Bill met with Judge Executive James Kay and Mayors Traugott and Vandergrift, receiving support and endorsements from each.

3. A plan of action to begin and develop a program in Woodford County has been drafted by Laura and Bill.

4. A list of 121 stakeholders in the County and region to an Age-Friendly Woodford has been developed by Laura and Bill, divided into five levels:
   • Group 1: A core group that will do most of the planning, coordinating, networking, and project work, led by a director. The list currently contains 14 names.
     – A member of the Fiscal Court and each of the city councils would be included in the core group, as would senior residents.
     – A Board of Directors could be created from this group.
     – This group will have primary responsibility to conduct the Age-Friendly Woodford program
   • Group 2: Primary stakeholders and advisors to the project and to the core group, including the Judge Executive and the two Mayors. (12 listed)
   • Group 3: Secondary stakeholders and advisors (55 listed)
   • Group 4: Resources for consultation (17 listed)
   • Group 5: Potential future resources (23 listed)

5. Domain names have been acquired
   • Agefriendlywoodford.com
   • Agefriendlywoodford.org
   • Livablewoodford.com
What are the next steps and who will take them?

1. A membership application from Woodford County and a letter of commitment, signed by the Judge Executive, must be submitted to the AARP Kentucky office. Co-signatures by Mayors Grayson and Traugott would be a much desired plus. This application will be reviewed by AARP Kentucky and the national office of AARP.

2. A joint endorsement or resolution from the Fiscal Court and the City Councils of Versailles and Midway would be another strong plus, giving the Age Friendly Woodford initiative a strong unified platform of support to proceed.

3. City and County elected officials will receive the list of stakeholders and have the chance to review and provide input.

4. Laura and Bill will meet with AARP Kentucky, Age Friendly Lexington and Age Friendly Louisville to get tips on developing a program and program organization.

5. The official organization, status, and reporting and other responsibilities of the Age-Friendly Woodford program will be determined.

6. Laura and Bill will contact the identified members of the Core Group and convene a meeting of those who agree to work on the initiative to plan out the work in Phase 1, and to select an executive committee, and possibly task committees. A location or locations offering free meeting space will be sought.

7. Work on Phase 1 (development of the Action Plan) will begin, with regular status reports made, as needed, to the city councils and the Fiscal Court, Mayors Traugott and Vandergrift and Judge Executive Kay.

8. The Action Plan would be submitted to the Fiscal Court and city councils by the Core Group for reviews and final approval within two years of the project’s start.
CITY OF VERSAILLES, KENTUCKY
RESOLUTION 2019-6

WHEREAS, the Councils for City of Versailles and the City of Midway and the Woodford County Fiscal Court desire to work together to support and encourage youth involvement and input in the civic and governmental process; and

WHEREAS, the youth of Woodford County represent our future and should be encouraged and educated to learn about and take part in our community’s growth and progress; and

WHEREAS, Woodford County values education as a top priority and pride ourselves in our schools and the most college degrees per capita in the Commonwealth of Kentucky; and

WHEREAS, our community values civic involvement and pride ourselves in consistently having the highest voter turnout percentages in the Commonwealth of Kentucky; and

WHEREAS, we want to cultivate civic engagement among our youth to pass on our shared community values of prioritizing education, specifically civic education, and being involved in the democratic process, voting, taking part in local government; and

WHEREAS, the voices of young people carry great weight given the decisions made today have long-term impacts; and

WHEREAS, we want to find ways and opportunities to keep and retain our youth to live, work and raise their families in the community in which they were raised; and

WHEREAS, our community is blessed with an abundance of bright and energetic young Woodford Countians willing to volunteer their time and talents toward the betterment of our community; and

WHEREAS, the elected executives of Woodford County, Versailles, and Midway along with the respective legislative bodies seek to elevate the voices of the youth in Woodford County; and

NOW THEREFORE BE IT RESOLVED by the Versailles City Council that the Woodford County Youth Council is hereby duly and jointly established by Woodford County, the City of Versailles and the City of Midway to advise local governments on matters important to youth.
The initial membership of the Woodford County Youth Council shall consist of:

1. A member chosen to represent Woodford County 4-H
2. A member chosen to represent Woodford County FFA
3. A member chosen by the officers of the Freshman Class Student Council
4. A member chosen by the officers of the Sophomore Class Student Council
5. A member chosen by the officers of the Junior Class Student Council
6. A member chosen by the officers of the Senior Class Student Council
7. A member appointed by the Woodford County Judge/Executive
8. A member appointed by the Versailles Mayor
9. A member appointed by the Midway Mayor

Approved and adopted by the Versailles City Council on this 13th day of August, 2019.

APPROVED:

BRIAN TRAUGOTT, MAYOR

ATTEST:

ALLISON B. WHITE, CITY CLERK