AGE-FRIENDLY CITY ACTION PLAN
Puyallup, Washington
City Council Approved January 28, 2020

“We are celebrating aging as the next chapter of living rather than the last chapter of life.”
—LeadingAge
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Letter from the Mayor</td>
<td>pp. 2</td>
</tr>
<tr>
<td>Introduction</td>
<td>pp. 3-4</td>
</tr>
<tr>
<td>Plan Development</td>
<td>pp. 5-12</td>
</tr>
<tr>
<td><strong>Domains</strong></td>
<td></td>
</tr>
<tr>
<td>Housing (pp. 9-10)</td>
<td></td>
</tr>
<tr>
<td>Transportation (pp.-10-11)</td>
<td></td>
</tr>
<tr>
<td>Communication (11)</td>
<td></td>
</tr>
<tr>
<td>Respect and Social Inclusion (pp. 12)</td>
<td></td>
</tr>
<tr>
<td>Summary</td>
<td>pp. 12-13</td>
</tr>
<tr>
<td>Acknowledgements</td>
<td>pp. 14</td>
</tr>
<tr>
<td>References</td>
<td>pp. 15</td>
</tr>
<tr>
<td>*Domain Objectives</td>
<td></td>
</tr>
<tr>
<td>Housing Domain Objectives</td>
<td>pp. 16</td>
</tr>
<tr>
<td>Transportation Domain Objectives</td>
<td>pp. 17</td>
</tr>
<tr>
<td>Communication Domain Objectives</td>
<td>pp. 18-19</td>
</tr>
<tr>
<td>Respect and Social Inclusion Domain Objectives</td>
<td>pp. 20</td>
</tr>
<tr>
<td>Attachments</td>
<td></td>
</tr>
<tr>
<td>Community Needs Assessment results</td>
<td></td>
</tr>
</tbody>
</table>
It is my privilege to introduce the Age Friendly Puyallup Action Plan, which is our city’s blueprint to make Puyallup the best city and place in which to live. The plan is truly a reflection of our City’s commitment to make Puyallup an even better place for residents of all ages and abilities.

The City of Puyallup began our commitment towards becoming an age-friendly city in 2001, when we chose to participate in the AdvantAge Initiative. Multiple stakeholders including the City Council, Mayor and Pierce College joined together to engage in that process. Although that initiative ended, the City has remained committed to making Puyallup a better place to live for residents of all ages. In March 2016, the City of Puyallup became the first Age Friendly City in the state of Washington.

With the support of the City and with the dedication of members of the Puyallup Area Aging in Community Committee, the process of developing the Action Plan was initiated. The five-year action plan included the selection of a stakeholder group, consisting of community organizations and groups thought to be representative of the 8 domain areas identified as being key in an age friendly community. The stakeholder group then began a community needs assessment, data analysis and the selection of the domains upon which the City intends to focus over the life of the plan. These domains include an emphasis on housing, transportation, communication and respect and social inclusion.

As a result of our outreach, Age-Friendly Puyallup, heard from 237 residents throughout the City, regarding their daily concerns and challenges. The information gathered was used to establish objectives and initiatives to address concerns and create solutions to meet the identified needs. This plan is the culmination of our inclusive planning efforts over the past three years and outlines how we will move forward in the development of an inclusive city that celebrates citizens of all ages and abilities and helps to ensure an active, safe and healthy lifestyle.

With the help of our residents and community partners, we will measure our progress and continue the learning process to ensure that we never stop our efforts to improve the quality of life for Puyallup’s older adults.

This plan is truly a community effort and it is wonderful to be a part of a City that is committed to addressing issues affecting not only our seniors but families as well. It is my honor to submit this action plan, which is our roadmap toward achieving an even more Age-Friendly Puyallup.

Julie Door
Mayor, City of Puyallup
INTRODUCTION

Puyallup, Washington

Located in the Puget Sound region of Washington State, 35.6 miles southeast from Seattle and 10.5 miles east of Tacoma, Puyallup is the 29th largest city in the state according to the 2017 US Census Bureau population estimates. While at the time of the age-friendly city designation, the population was estimated to be 36,312, the 2019 census is estimated to be 41,886.

A number of factors contribute to the community’s continued steady growth including more affordable housing than is available in the Seattle area and its attractiveness as a good place to retire, especially from the perspective of military families who formerly were based at JBLM.

Although the vision of being an age-friendly community is not new, it became more focused in 2001 when Puyallup became one of 10 US cities participating in the AdvantAge Initiative, a community-building effort focused on creating vibrant and elder-friendly, or “AdvantAged” communities.

A community stakeholder group including the mayor, members of the City Council and representatives from key community organizations was formed to meet grant requirements. In the intervening years, the city has been engaged in activities that increase age-friendliness and has supported community partnerships in the process. In addition, the projected vision statement for 2030 stated in the 2015 city’s updated Comprehensive Plan, clearly reflects the city’s intent to be livable for all ages.

“In 2030, Puyallup is a friendly, active and safe community that celebrates its heritage. The community, while retaining its unique character, has grown responsibly by supporting diverse transportation, recreation, and housing options. Puyallup encourages local economic development and learning opportunities, while providing amenities for all members of the community.”

In 2015, conversations related to how the city of Puyallup might become more age-friendly began between then Mayor John Hopkins and the Puyallup Area Aging in Community Committee.
Although the city had already been engaging in such activities, they knew that the city needed to be more intentional in its actions. Understanding that the city would require help in this endeavor, the group explored existing methodologies that would offer such assistance. After due diligence, they concluded that becoming an Age-Friendly City would be most beneficial. Not only did the relationship with AARP and the World Health Organization offer examples from other cities, it provided tools to help in the process.

Additional community leaders and Puyallup City Council members were involved in subsequent discussions on how the city could be recognized not only as age-friendly, but a community that is friendly for all ages. The Council unanimously agreed to pursue the Age-Friendly designation and a formal application was submitted in early March 2016. By late March 2016, the City of Puyallup was designated as the first age-friendly city in Washington State by the AARP Network of Age-Friendly Communities, an institutional affiliate of the World Health Organization’s Global Network of Age-Friendly Cities and Communities.

In the following pages, the methodology of developing the plan is outlined including selecting the stakeholder group, completion of the community needs assessment, data analysis and selection of four domains upon which the city intends to focus over the life of the plan. These include an emphasis on housing, transportation, communication and respect and social inclusion.

**PLAN DEVELOPMENT**

The Age-Friendly City designation follows a five-year plan format with specific requirements to be completed during this time period. The plan will be administered by the City or Puyallup and the Puyallup Area Aging in Community Committee. Specific steps are noted below.

**Years One and Two**

**Form Community Stakeholder Group**

The stakeholder group consists of community organizations and groups thought to be representative of the 8 domain areas identified as being key in an age-friendly community including: 1) outdoor spaces and buildings; 2) transportation; 3) housing; 4) social participation; respect and social inclusion; 6) civic participation and engagement; 7) communication and 8) information and community support and health services. Many of these stakeholder organizations were part of the original Advantage Initiative group. A listing of participating
groups may be found in the Acknowledgements section.

**Complete Community Needs Assessment**

The Age-Friendly Puyallup Stakeholder members made the decision to conduct a community needs assessment using a questionnaire/survey format based on the survey developed by AARP\(^2\). The Stakeholders group carefully reviewed the AARP survey and came to consensus on the addition and modification of survey questions to better address the specific needs of the Puyallup community. The survey consisted of 58 questions, primarily focused on the eight domains of an age-friendly community (listed above) as developed by AARP\(^3\). Those 58 questions included the areas of: housing; outdoor spaces and buildings; transportation and streets; health and wellness; social participation, inclusion and education opportunities; volunteering and civic engagement and community information.

The needs assessment was finalized in April of 2017 and the data analysis sub-committee made the needs assessment available in both hard copy and online format in May of 2017. Adults age 45 and over living in the five Puyallup zip codes were invited to complete the questionnaire using either an online version through Survey Monkey or hard copy format.

The invitation to participate in the need’s assessment was highly publicized. Print survey sites included the Puyallup Library, the Puyallup Activity (Senior) Center, Celebrate Seniority (an older adults program of MultiCare), Grannies Attic, a thrift shop run by MultiCare Good Samaritan Hospital, Kaiser Permanente Puyallup, the Highlands, a 50+ housing community, Life Care Center of Puyallup and South Hill, Sunset Gardens (SHAG housing), Mel Korum YMCA, provided to City Council members, a chiropractic clinic, through a homebound visitation program of the library and at the Farmer’s Market.

**Analyze Survey Results**

The survey was available for approximately three months until July 30, 2017. Once the survey time period was closed, a member of the stakeholder group and volunteers entered all the hard copy survey responses into Survey Monkey so that the data could be analyzed in a uniform way. By the end of that time period, we collected 237 surveys total with 67% being submitted online. A question by question analysis of the community needs assessment data was completed using the analysis functions available in Survey Monkey. The following graphs provide a breakdown of the survey respondents by demographic information obtained as part of the
survey.

In addition, listening posts were held at a number of locations to assess input from people about their expectations of an age-friendly community. Sites included meetings of various civic organizations, a City Council meeting, booth at the Farmer’s Market, Puyallup Library and the May 2016 Blaze a Trail to Successful Aging community event. While anecdotal in nature, many of these comments mirrored the formal data.

Sample Characteristics

![Gender Chart]

- Female: 65%
- Male: 35%

![Marital Status Chart]

- Married: 50%
- Divorced: 15%
- Widowed: 10%
- Cohabitating: 5%
- Never Married: 10%
- Separated: 5%
Overall Survey Impressions:

- A greater number of surveys were completed online than was anticipated;
- In general, there is a disconnect between what people believed to be important in an age-friendly city and what they actually know exists and
- Improved communication appeared to be a need in all domains.

The complete survey results may be found as an appendix.
Develop an Action Plan

Both the quantitative survey analysis discussed above as well as the more anecdotal input received at listening posts were considered in developing a collaborative action plan involving both the city and community.

Domain Selection Process

Over the course of several meetings, the group was led through an activity that directed group members to consider the 93-page community needs assessment results and to identify which of the 8 domains was most important in improving Puyallup’s age-friendliness. It was determined that it would be impossible to address issues in all of the domain areas. The group selected the following four areas on which to focus: housing, transportation, communication and respect and social inclusion. The responses below pertain specifically to three of the four domains targeted. It appeared obvious that that there was a communication gap, which prompted inclusion of a specific communication domain.

Housing

Our Vision: Understanding that housing is at the heart of an age-friendly city, we envision housing options that attract and keep lifelong residents. The majority of older adults want to be able to age-in-place. They are not seeking to move away from the neighborhoods, their friends and the day-to-day routines that they have established through years of residency. However, factors such as accessibility and affordability can force older adults out of their communities in search of better options.

Respondents Indicated:

- 37.66% rated the community as being a very good place in which to age.
- 26.07% have lived in the community less than 5 years, while 32.62% had lived in the county 45+ years.
• 94.95% live year-round in their community, 35.16% are not likely to move to another home in the community upon retirement and 36.87% report that they are unlikely to move from the community upon retirement.
• If they did decide to move, 60.10% would look for a different home size that met their needs while 67.37% would look for a home that would help them to live independently as they age.
• 42.6% believe it is extremely important to remain in their community. 51.95% believe it is extremely important to live independently while 35.06% indicate it is very important.
• 53.77% believe that is important to have trustworthy and affordable home repair contractors in the community.
• 47.8% indicated they thought they would need bathroom modifications in order to stay in their homes.

Additional Comments:
• Where to live after running out of money.
• Senior housing is expensive.
• South Hill desperately needs affordable, low-income housing.
• Affordable housing is biggest obstacle.
• Housing costs are not senior-friendly.
• Need lower rental cost.
• Consider moving out-of-state to get lower cost-of-living

*Housing Domain Objectives can be found on Page 15.

■ Transportation

Our Vision: In recent surveys of older adults living in Pierce County, transportation has been identified as a clear need. Residents may lose the ability to drive as they age or may not be able to afford automobile insurance and upkeep. We envision an age-friendly city that will consider the transportation needs of residents who live away from the city center and ease the use of existing transportation options.

Respondents Indicated:
• 58.48% reported they had no difficulty getting to where they needed to be due to lack of transportation.
- 8.93% report that they often have difficulty getting to where they need to go, while 12.95% sometimes have difficulty.
- Typical method of transportation included driving, walking or having others drive them.

**Additional Comments:**
- Community should have accessible and convenient public transportation.
- Safe public transportation.
- Well-maintained streets.
- Reliable, well-maintained public transportation.
- Public parking.
- Easy to read signs.
- Enforced speed limits.
- Special transportation for people with disability or older adults.

*Transportation Domain Objectives can be found on Page 16.*

### Communication

*Communication Domain Objectives can be found on Page 17-18.*

---

**Our Vision:** The multi-pronged efforts made by the City of Puyallup to ensure that we remain an age-friendly city will be largely overlooked without a comprehensive communication plan. To enable residents to learn about the transformative initiatives undertaken by the City, information to residents should be disseminated in an integrated, structured and purposeful way. We envision a community where there is a more robust presence of age-friendly city information across all communication platforms.

In an informal survey conducted at the 2018 Volunteer Fair, 8 of 10 respondents indicated a willingness to attend an educational event to learn about community services and 6 would listen to a webcast.

*Communication Domain Objectives can be found on Page 17-18.*
Respect and Social Inclusion

Our Vision: As we age, we often face overt and subtle forms of ageism. We envision an age-friendly city that embraces all older adults by creating opportunities for older adults to contribute to the community, and by fostering opportunities for different generations, different cultures and different ethnicities to share knowledge and life experiences with one another. Regardless of one’s age, beliefs, or nationality, individuals are sought and valued for their differences as well as their similarities.

Respondents Indicated:
- 52.02% interact with others more than once a day with 94.64% doing so in person and 78.13% by phone.
- 39.53% typically do not attend educational or self-help activities in the community.
- 59.53% reported socializing in restaurants/cafes while 39.53% socialized at a faith-based organization and 38.14% did so at a community or senior center
- 42.72% believe that it is important to have affordable activities, and most believe that the community offers activities geared towards older adults.
- During 2016, 26.03% reported never volunteering while 21.92% indicated that they volunteered several times per week.
- 34.78% believe that it is important to have the opportunity to participate in decision-making bodies such as community councils or committees

Additional Comments:
- Middle age people have no social outlets.
- Puyallup is not age friendly.

*Respect and Social Inclusion Domain Objectives can be found on Page 19.

Years Three through Five

The remaining years of the plan are devoted to activities in support of the selected domains and measuring the outcomes of each. A final report will then be submitted to AARP. While the plan is intended to be a five-year process, it is hoped that creating and
supporting a livable community for all ages becomes a lens through which all endeavors are measured. The plan will be co-administered by Sarah Harris, City of Puyallup Director of Parks and Recreation and Linda Henry, Puyallup Area Aging in Community Committee and stakeholder chair.

**SUMMARY**

Nearly twenty years ago, Puyallup wisely began to consider how the community might respond to the changing demographics indicative of an aging population. Increasingly, it has become clear that being age-friendly in fact means being friendly for all ages. Being named an age-friendly city and the subsequent creation of this action plan mark a milestone in that process.

The framers of this plan considered the formal and informal data received from the representative sample of individuals who participated in the need’s assessment, envisioned what might be, considered what is currently in existence and offered ways in which the city and partner organizations can work together to enhance and formulate new opportunities. While there are outcome expectations in the plan, this does not mean that the plan is not fluid.

The benefits of a livable community for all ages are both tangible and intangible. Puyallup is already experiencing the economic benefit of being an age-friendly city with Minnesota-based Village Cooperative’s decision to build their first retirement community in the area in Puyallup because of this designation. The essence of a livable community is a shared belief that all residents, no matter their age, beliefs or nationality, are sought and valued for their differences as well as their similarities. Puyallup has the opportunity of championing such a belief.

As Salem Massachusetts Mayor Kimberley Driscoll states, “Great cities do not happen by accident, they take careful planning, public input and meaningful action.” Puyallup agrees.
ACKNOWLEDGEMENTS

Puyallup Area Aging in Community Committee Board Members

Community stakeholder organizations that participated during all or any part of the process beginning in August 2016.

- MultiCare Good Samaritan Hospital
- Kaiser Permanente Puyallup (formerly Group Health)
- Puyallup Independent School District
- Mel Korum YMCA
- Puyallup Activity Center (Senior Center)
- Life Care Center of Puyallup and South Hill
- Pierce College Puyallup
- The Herald
- Pierce Transit
- Pierce County Aging and Disabilities Services
- SHAG Housing
- Wesley Bradley Park
- UW Tacoma
- Puyallup Main Street Association

Stakeholder members who served during all or any part of the process beginning in August 2016.

- Lauren Adler
- Cyndi Anderson
- Stacie Brown
- Marty Cavalluzzi
- Candace Carr
- Rick Crozier
- Cindee DeWitt
- Brian Devereux
- Charles Emlet
- Jamie Gregory
- Penny Grellier
- Shelby Grenon
- Deborah Gurney
- Tyler Hemstreet
- Linda Henry
- John Hopkins
- Suzanne Johnston
- Nellis Kim
- Karen Lucas
- Doug McCormick
- Rachelle McGinnis
- Ron Myers
- Lisa Osterloh
- RP Parasio
- Peggy Quallis
- Stephanie Roberts
- Rick Schultz
- Linda Woodall

With special thanks to:
University of Washington Tacoma, Collaborative Publicly Engaged Scholarship (CPES) Program; Julie Le, a student researcher who was supported by the grant and who assisted the stakeholders during her independent research study supervised by Charles Emlet, Amanda Frame, Community Outreach Director, AARP Washington whose guidance has been invaluable and Kaiser Permanente Puyallup for their generosity in hosting stakeholder meetings.
REFERENCES


### Housing Domain Objectives

<table>
<thead>
<tr>
<th>Objectives</th>
<th>Potential Community Partners</th>
<th>Targeted Implementation</th>
<th>Outcome Matrix</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Puyallup will support the construction of innovative, affordable housing solutions such as mixed-use developments, accessory dwelling units and accessible, single-story housing. The outcome will build on the notable actions already undertaken by the City including:</td>
<td>Puyallup City Council; Puyallup Department of Development Services/Permits; commercial developers; non-profit affordable housing developers; transit authorities and residents of the City of Puyallup.</td>
<td>Ongoing</td>
<td></td>
</tr>
<tr>
<td>Mixed-use developments. The city promotes and allows mixed use developments in a number of areas, including South Hill and downtown, representing two regional growth centers. The City recently completed a planned action SEPA to spur redevelopment and new development in the downtown, see here: <a href="http://www.cityofpuyallup.org/1462/Downtown-Planned-Action-EIS">http://www.cityofpuyallup.org/1462/Downtown-Planned-Action-EIS</a></td>
<td>Accessory dwelling units (ADU). The Council recently approved changes to the city’s ADU regulations to promote more construction of units. The requirement for a land use permit prior to a building permit has been eliminated by Council. In addition, the system development charges were reduced by 50% and impacts fees were reduced by 80%. Pre-manufactured units on permanent chassis’, known as Tiny Homes on Wheels, were not permitted by Council and remain prohibited. A total of 6 ADUs have been permitted since 2014, when Council legalized ADUs more broadly. Feedback provided indicates that impact and utility connection fees have been prohibitive to permitting more ADUs.</td>
<td>Ongoing with initial housing workshop scheduled fall 2020.</td>
<td>Attendance of 60 older adults during the initial workshop.</td>
</tr>
<tr>
<td>Accessible, single-story housing. Currently, the City has supportive policy in the Comprehensive Plan for seniors: “H - 6.3 Encourage a range of housing types for seniors affordable at a variety of income levels.” The City will monitor state legislation related to the affordable housing issue. Any changes to current policy or adoption of new policy must be considered and approved by the City Council.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Puyallup will support the education of adult residents of the City of Puyallup on creative housing options. In addition to the list of housing resources for older adults that is shared on the City website, Puyallup will make the list available at the Puyallup Activity Center and the Puyallup Public Library. The Puyallup Activity Center will host an educational workshop related to creative housing options on a yearly basis</td>
<td>Shared Housing Services; non-profit affordable housing developers (i.e. SHAG, CCS, Mercy Housing, KWA; Pierce County Housing Authority; retirement communities (i.e. Wesley Bradley Park, Village Cooperative of Puyallup and others.)</td>
<td>Ongoing with initial housing workshop scheduled fall 2020.</td>
<td>Attendance of 60 older adults during the initial workshop.</td>
</tr>
</tbody>
</table>
Transportation Domain Objectives

<table>
<thead>
<tr>
<th>Objectives</th>
<th>Potential Community Partners</th>
<th>Targeted Implementation</th>
<th>Outcome Matrix</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Activities that educate residents about existing transportation options and alternatives to using individuals driving their personal vehicles for travel within the City of Puyallup and common destinations in the Puget Sound region. The City will continue to offer the Shopper’s Express, a transportation resource for older adults needing help in shopping for their basic needs. In addition, the City will: • The City will host a transportation information workshop at the Puyallup Activity Center or the Puyallup Public Library. • The Committee will provide transportation resource information to be displayed in the new Age-Friendly Information Center being developed at the library and at the Puyallup Activity Center.</td>
<td>Pierce Transit; Sound Transit; Pierce County Coordinated Transportation Coalition; Pierce County Aging &amp; Disability Resource Center; private accessible transportation providers (i.e. Around the Sound, Pegasus Lifts); home care agencies; taxi services; Uber and Lyft and residents of the City of Puyallup.</td>
<td>Conduct first information workshop by early 2021. Provide and update resource information on an ongoing basis.</td>
<td>Metrics to be developed by committed partners.</td>
</tr>
<tr>
<td>2. Provide a mix of activities to inform residents of the availability of Pierce County United Way/211 to assist individuals identifying appropriate transportation options by providing occasional information posts through social media and providing 211 related information on the City website on the Age-Friendly City page.</td>
<td>City of Puyallup</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Continue to advocate for adequate transit hub parking locations and affordable transportation options for their citizens.</td>
<td>City of Puyallup</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Conduct a parking study to evaluate parking needs and availability in the downtown core.</td>
<td>City of Puyallup</td>
<td>2020</td>
<td>Results 2021</td>
</tr>
</tbody>
</table>
### Communication Domain Objectives

<table>
<thead>
<tr>
<th>Objectives</th>
<th>Potential Community Partners</th>
<th>Targeted Implementation</th>
<th>Outcome Matrix</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Puyallup will support maintaining an up-to-date Age-Friendly City link on the City of Puyallup’s website to include information with links to resources for older adults and their families. Relevant content will be provided by the Communication Domain task force.</td>
<td></td>
<td>Ongoing and expand current efforts.</td>
<td>Beginning in January 2020, the City will count the number of visits to the Age-Friendly City Page on the City’s website to measure increased visibility and will report quarterly to the Communication Task Force.</td>
</tr>
<tr>
<td>2. The City will consider possible additional/alternate placement of the City’s “Age Friendly City designation” on the City website for increased visibility.</td>
<td></td>
<td>2020</td>
<td></td>
</tr>
<tr>
<td>3. The Puyallup Public Library will provide an Age-Friendly section where brochures and other resources can be obtained. Items to be included: ~ Books and materials related to aging, both fiction and non-fiction. ~ Listing of webinars that can be accessed on Puyallup Public Library public computers, by asking a staff member at the desk. ~ Brochures and information relevant to aging. ~ Provide meeting space for presentations or speakers related to being an Age-Friendly community.</td>
<td>Puyallup Public Library</td>
<td>Ongoing and expand current efforts.</td>
<td></td>
</tr>
<tr>
<td>4. The City will support volunteer efforts between the Senior Advisory Board and the Puyallup Area Aging in Community Committee to determine appropriate partnering opportunities in support of the Age-Friendly City designation. The Board will not be authorized to commit City resources or staff but can make recommendations to the City Council regarding the Age-Friendly City Designation.</td>
<td>Puyallup Senior Advisory Board</td>
<td>Initiated 2020 and ongoing.</td>
<td></td>
</tr>
<tr>
<td>5. The City will continue and may expand the numerous community-based resources for older adults 55 + offered by the Puyallup Activity Center including: ~ Ice Cream with the Mayor (Mayor provides Citywide updates and seeks input/concerns/suggestions from older adult citizens residing in Puyallup) ~ Pancake Breakfast (sponsored by local service groups that can inform older adults of local events happening within the City limits) ~ Health &amp; Wellness events &amp; classes</td>
<td>Puyallup Activity Center</td>
<td>Ongoing and expand current efforts</td>
<td></td>
</tr>
<tr>
<td>6. Consider partnering with the Puyallup Area Aging in Community Committee to establish a quarterly “City Resources” seminar. Seminar ideas include: Police Department – Safety &amp; Security EOC, AARP, Scams Presentation Health &amp; Wellbeing seminars</td>
<td></td>
<td>Fall 2020</td>
<td></td>
</tr>
<tr>
<td>Objectives</td>
<td>Potential Community Partners</td>
<td>Targeted Implementation</td>
<td>Outcome Matrix</td>
</tr>
<tr>
<td>------------</td>
<td>-----------------------------</td>
<td>-------------------------</td>
<td>----------------</td>
</tr>
<tr>
<td>7. The City will support the Aging EXPO, an annual community educational event presented by the Puyallup Area Aging in Community Committee, with a financial contribution of $2500 (to be approved yearly by City Council) beginning in 2020.</td>
<td>Puyallup Parks &amp; Recreation Dept.</td>
<td>2020</td>
<td>Request submitted yearly in June</td>
</tr>
<tr>
<td>8. The City will provide results of particular surveys to the task force including: ~The Parks, Recreation and Open Space Plan survey. ~The internal and external surveys being conducted by the Puyallup Activity Center and Puyallup Recreation Division relating to services and programs offered for our citizens ranging from pre-school through seniors.</td>
<td></td>
<td>Ongoing</td>
<td></td>
</tr>
<tr>
<td>9. The committee will explore creating a series of informational webcasts, distributed quarterly in conjunction with developing a series of informational events used to share information about services and opportunities for older adults</td>
<td></td>
<td>Initiate in 2020 and ongoing</td>
<td></td>
</tr>
</tbody>
</table>
## Respect and Social Inclusion Domain Objectives

<table>
<thead>
<tr>
<th>Objectives</th>
<th>Potential Community Partners</th>
<th>Targeted Implementation</th>
<th>Outcome Matrix</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Puyallup will support providing appropriate resource assistance to aid in creating a coordinated approach that promotes affordable, accessible, age-friendly educational and enrichment activities that are affordable for older adult residents of Puyallup through existing and expanded activities.</td>
<td>Puyallup Senior Activity Center; Salvation Army-South Hill Senior Center; MultiCare Celebrate Seniority; YMCA; Puyallup Parks and Recreation; Puyallup Senior Advisory Board; Pierce College Puyallup and Washington State Extension Center are potential partners as new and expanded activities are planned.</td>
<td>Three Puyallup businesses will receive Age-Friendly Business certification by December 31, 2021.</td>
<td>The Activity Center will track the number of seniors participating in programs and special events/activities at the Puyallup Activity Center and provide those participation numbers to the respect and social inclusion task force.</td>
</tr>
</tbody>
</table>

Currently, the Puyallup Activity Center (PAC) also known as the (Senior Center) serves citizens age 55 and over in the greater Puyallup area. The Center supports cost effective and affordable programs that enhance socialization, education, recreation, fitness and other imperative necessities that help older adults sustain themselves in our community and promote their participation in all aspects of community life.

The Puyallup Parks and Recreation Department aspires to enhance the quality of life through exceptional customer service, comprehensive recreation programs, well maintained parks, trails and facilities, while fostering relationships and a healthy lifestyle for the Puyallup Community.

- The Parks & Recreation Department offers a wide range of programs and events that can be enjoyed by our citizens regardless of one’s age, beliefs or nationality. Some examples of these family friendly activities and events include:
  - Summer Concert Series
  - Community Camp Out
  - Food Truck Frenzy
  - Breakfast with Santa
  - Cobweb Carnival
  - Monthly Pancake Breakfasts

2. The City will endorse the Puyallup Area Aging in Community Committee’s efforts to establish an “Age-Friendly Business” certification program in conjunction with the Puyallup-Sumner Chamber of Commerce and Puyallup Mainstreet Association