

Greenville's Age Friendly Committee

"Aging Strong Greenville"



Our Mission: The Greenville Age Friendly Committee (Aging Strong Greenville) will support and promote priorities identified for the growth and well-being of individuals of all ages.



We all Age, We all Change

AARP Age-Friendly Community Action Plan
Greenville, Maine

TOWN of
Greenville
MAINE

October 11, 2017

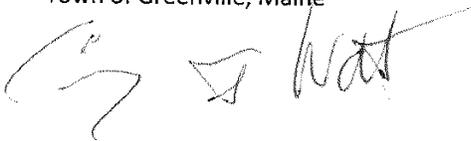
Lori Parham
AARP Maine State Director
53 Baster Blvd.
Portland ME., 04101

Dear Ms. Parham,

On behalf of the Town of Greenville I am pleased to submit this letter of commitment to the AARP/WHO Network of Age-Friendly Communities. Greenville recognizes the value of encouraging and promoting Age-Friendly Communities planning and policies to address the continuing demographics of our State and our community. Our community continues to maintain aging population and is the frequent choice for retirees to settle, or at least summer. Our community is committed to the process of continuous improvement to support active and healthy aging.

As part of our commitment in this process, we will review the recent AARP survey of our community, involve area groups and agencies that provide existing services, involve area seniors and conduct community wide informational meetings in an attempt to best identify systems and services that will promote age friendly active living. As part of whatever action plan we develop we will include a monitoring system to help promote sustainable change.

Craig Watt
Chairman, Board of Selectmen
Town of Greenville, Maine



Phone: 207-695-2421 ~ Fax: 207-695-4611
PO Box 1109 ~ 7 Minden St. Greenville, ME 04441 ~ www.GreenvilleME.com

Aging Strong Greenville

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Executive Summary:

Welcome to the Action Plan of the Greenville Maine Age Friendly Community group (AFC), also known as Aging Strong Greenville. The town of Greenville, a small town sitting at 45.46' Latitude and 69.59' Longitude and we have one blinking traffic light in the center of town. Our elevation is 1,027 feet above sea level, and we are surrounded by woods and water. Greenville lies at the Southern tip of Moosehead Lake. The largest Mountain Lake in the Eastern United States, 40 miles long and 20 miles wide. Our town works hard to support one another. We have a population of 1,697, depending on your source, down from a high in 1960 of 2,000 plus. The stated population is a bit deceiving as at the height of summer tourist season our population can swell to at least 3 times that number. We are a welcoming community as our patience and tolerance for tourist demonstrates. However everyone has limits, don't you? Our town leaders hired a marketing team to look at how to better market Greenville for tourism. One result, we are now considered the "Crowning Jewel of America." Having said that, an eye-opening statistic, Greenville's poverty rate is 23.8% compared to a reported 11.1% for the State of Maine.

The vision of Aging Strong Greenville Committee is to be part of a community of all ages, collaborating and cooperating to achieve desired goals. Change occurs moment by moment, day by day, working cooperatively can bring about important and powerful changes. Changes that can facilitate the improvement of the quality of life for residents, shouldn't that be the goal every community in Maine.

Our community assessment and the results, with an eye toward the AARP/WHO 8 domains of livability identified a number of community desires. The number one Assessed priority is a senior center, or community center. As mention earlier Greenville is an isolated town. We are an approximately 45 minute drive to another town of at least equal size, and 1.5 hour drive to the nearest city where one can find most what one may need. Isolation is real and it brings about many ills. People are meant to be social. We want to talk with one another, socialize, feel connected. Aging strong Greenville in collaboration with the Holy Family Catholic Church has moved forward with our survey's number one need, a community event time. Looking at the Social Participation domain we have established a 2-hour period of time, once per month at the well handicapped accessible Catholic Church in Greenville. This time allows people to gather, listen to an educational session or simply socialize with others as desired. The Aging strong Greenville committee provides the event with snacks, activities of potential interest, an opportunity to learn about a relevant topic and socialize with others. Although the number of participants at our events have varied, and are on the lower side, we persist in our efforts. We are fully aware of the fact that developing an event such as this will take time. Fortunately our true barriers for this goal have been few, we were able to find a handicapped accessible location without difficulty and we continue to be able to provide snacks (thanks to a couple committee members) and relevant educational topics each month. This is clearly not a full-time Community Center by any means however we are attempting to begin filling a gap. We hope to increase our event frequency and participation over time.

In addition to our effort to establish a community event session for town residents we are also planning a health fair as related to our Community Support and Health Services Domain. In an effort to better educate residents about the resources in the area most of the steering committee and many listening session attendees on May 7th felt having a health fair would both allow for socialization as well as education. We have our location and 6 of the 12 organizations invited have already accepted those visitations. Soon we will be developing our floor plan and initiating advertisement. Our group appeared to be quite excited about this idea. Now, with the spread of the Covid-19, we may need to reconsider our options.

Later this year, 2020, we will begin work on our transportation domain. Our goal is to increase community knowledge of Penquis Lynx, our county's non-emergent transportation service. There are many in our area that either are not aware of this service or do not understand it. To our advantage, Marcia Larkin, the Director of Lynx is very desirous of educating the community about their services. Working against us is the established dislike of Lynx from many who have used it.

For our respect and social inclusion domain, we will be contacting a public speaker to provide Education on Civility. The Maine Development Foundation in partnership with the National Institute for Civil Discourse (Revive Civility) is providing education we would like to consider. Our world has become too fractured, too divided on too many levels. We need to once again learn to calm ourselves and communicate openly and with respect regardless of the issue.

As we move further into this Action Plan, we will learn more about Greenville, the action plan itself, and about Aging Strong Greenville.

Community Profile:

Greenville and Greenville Junction became incorporated in 1836. It was originally settled not for its enchanting Lake or the beauty of its natural resources but rather for its Forest, its trees. The world needed wood / lumber and our area had plenty of it; wood to make ships, wagons, homes and much more. As mentioned previously Greenville is a bit of a unique small town, rather isolated and sitting at the southern tip of a big Lake. A rural town in a rural county, adjacent to a beautiful lake with all the natural beauty that comes with woods, water and mountains. Our true population again depends of the source, 1,625 to 1,697. Research indicates we basically have 3 people per square mile and that 92.2 percent of these people have a high school education. A glance at housing finds that 22 percent of our community rents their homes while the State average is 27 percent.

As for assets the Town of Greenville is wealthy in nonnegotiable assets. We have two essentials to potential town growth in our local school and hospital, which will be discussed later. Other assets include: an ambulance service, Doctor's office, a Police Department, a structured town government, fire department, and a state approved town water supply, transfer station and sewerage processing facility. All important resources for establishing town. We also have available: Penquis Lynx transportation which covers most of a person's ride needs. We also have the steamship Katahdin, which traverses the lake allowing tourists scenic opportunities they would otherwise not be able to see. The local airport which is large enough to land a small jet, a needed asset for some of our part-time residents. Although not based in Greenville, the town does have limited home care services. Community Health and Counseling Services (CHCS) is a Medicare based home health agency which provides skilled home care and hospices services to our area. CHCS covers all of Greenville however they do limit travel when going up either side of the lake. Other home services available are from Catholic Charities of Maine, the State of Maine's Authorized Agent for homemaker services. And, along similar lines there is Elder Independence of Maine (EIM), a State based home care program with many different but similar programs. To qualify for EIM services you must need help with activities of daily living, (ADLs).

Our strengths include our community members themselves, neighbors helping neighbors. Our Churches are a great asset which actively supports the community, a local pharmacy that supplies credit and based on need home delivery as well as medication set up. Our local grocery store delivers to your home if you are home bound, a public library that provides not only books but reading groups and computer availability... Operation Sunshine where the local police department calls individuals who have registered and

checks in with them to make sure they are doing ok. These free calls provide assurance of safety at the time of the call as well as some socialization for the recipient. Other assets, the American Legion, Kiwanis, Knights of Columbus and others are all assets which help bind our community in different ways.

Our natural resources are too many to list, but the most significant natural resource is Moosehead Lake. "The Lake" is in fact our area's biggest attraction. It is 75,471 surface acres in size. Its temperature in mid-February 2020 is 20 degrees at surface level, 32 degrees at 47 feet and 39 degrees at 246 feet. It has an average depth of 55 feet with a maximum depth of 246 feet. And, the East side of the lake is a good part of the County border between Piscataquis and Somerset Counties. Moosehead Lake is also the starting point for one of Maine's most notable rivers, the Kennebec River which travels from Moosehead Lake about 150 miles to the Atlantic Ocean. This time of year people are ice fishing, snowmobiling, cross-country skiing and more on the lake.

A resource close to Greenville that certainly effects its people and economy is Lily Bay State Park. It sits right on Moosehead Lake, not quite half way up on the West side, and is a good example of private and State collaboration. 925 acres of land were donated, primarily by Scott Paper Company back in 1959, two years later Lily Bay State Park opened. Its present capacity is 90 camp sites and it is full during the summer months, frequently with returning guests. Many of the camp sites are also right on the shores of Moosehead Lake. Lily Bay State Park provides jobs for people in Greenville, campers purchase supplies in Greenville and on rainy days campers visit town businesses and support most aspects of the local economy.

For better or worse Greenville is over 98% white and a bit on the older side. Our median age is 54.8. Our mean income is \$35,294.00 (the two largest employers are a well-paying hospital and a well-paying school) and, again, our poverty rate is more than double the State of Maine average. To aid those struggling in poverty, we have 4 elderly/disability housing complexes- including subsidized housing units, and one low income housing complex. To help with food security one of the local church's (Union Church) operates the local food cupboard which is open Wednesdays 9:30 to 11:00am. The New Life Church provides a location for food distribution on the first and third Mondays of each month from 12 to 1:00. The United Methodist church provides a free spaghetti supper each Wednesday evening starting at 5:00. And, the Catholic Church and the Church of the Open Bible assists in the area's Backpack program which helps ensure kids have food for a weekend away from school meals. Also food related, the local American Legion has recently begun providing bags of food, including some fresh meat at times to those in the area. The Knights of Columbus has coats, hats, and mitten for kids. The area Kiwanis Club provides Christmas gifts and Christmas meals to many families in the area who are in need. (Neighbors helping Neighbors)

A glance at our history, Greenville, Greenville junction and the surrounding area (Shirley, Beaver Cove, Lily Bay and Kokadjo, all in Piscataquis County; and Harford's point and Rockwood in Somerset County) are all rich in the history of logging, the areas natural beauty, and in more recent history, mainly recreation/tourism.

Once a thriving lumber town with some natural resource businesses Greenville is now a tourist town very dependent on those same natural resources. The logging business kept Greenville alive and well for more than a century. Prior to the early 1970s, Greenville was home to numerous logging companies. The 2 major companies were, Scott Paper Company and Great Northern Paper Company. Now, what was Scott Paper has been repeatedly sold and is now owned by Weyehaeuser. Weyehaeuser harvests far fewer, and far smaller logs from the Greenville area. Also the employees/contractors doing the harvesting are far fewer with many of them now coming from Canada. As for the Great Northern Paper Company, they basically disappeared from this area. The Logging industry is now just a shadow of what it once was. Also, renowned naturalist and writer, Henry David Thoreau once hiked and paddled his way through the Maine woods and described

Moosehead Lake as “a gleaming silver platter.” Without question we do have beautiful natural resources, we just need to determine how to maximize the use of these resources for tourism without destroying them.

Moving Forward:

As time changes so do most towns, Greenville now needs to capitalize not on logging but on the natural resources of the area and the three seasons of recreation that come each year... In an effort to maximize tourism, our town leaders hired a marketing company to identify ways to attract more visitors. This same company conveyed a title, dubbing this area “America’s Crown Jewel.” Who wouldn’t want to visit “America’s Crown Jewel”? In the summer we are known for boating, hiking, swimming, fishing, camping, ATVs and much more. In the fall there is leaf peeping, hunting and camping... In the winter we have, ice car racing, ice fishing, snowmobiling, skiing... And, in the spring, well in the spring we have mud season. Very few people enjoy mud season for recreation, or for much else for that matter, except for the additional sun and warmer weather that come with spring/mud season.

Businesses:

The local businesses have changed and have grown in type over the years, especially internet businesses. You can now purchase a variety of item from Greenville through new internet businesses based in Greenville. The internet business may not bring a lot of people to our town, but they do provide jobs which improves the economy of the area and quality of life. Other new and non-traditional businesses in town are a micro-brewery, a fur shop and a rock shop, The only constant is change. Existing brick and mortar businesses are sprucing up their facades in an effort to attract more customers. Old oil barrel trash cans are generally gone, replaced with new fancy modern trash cans. New large industrial signage directs people to area hot spots, and a new Artisan Village at the center of town demonstrates painting, basket weaving and much more in an effort to keep people in Greenville.

Presently Greenville has 2 major employers, the local hospital and the local school, each dependent on the other to survive. If the hospital closes the school will likely close, and vice versa. If the hospital were to close, families with children would leave in search of new jobs thereby reducing the enrollment in the school, likely past the point of sustainability, and therefore closure?

Our Hospital:

For a small community Greenville has some vital asset. We have a hospital, Northern Light Charles A. Dean Hospital (CA Dean), which opened in 1911. Our hospital was built by one of the owners of a logging company who had great foresight, Charles A. Dean. He felt a hospital was needed for the care of his employees as well as their families and the community. And I suspect he knew that his employees could work a whole lot better if they were healthy. Dean is now a Critical Access hospital which includes a 14 to 15 bed long term care wing and 10 to 11 bed acute care wing, numbers can vary based on need. No Critical Access Hospital can have more than 25 beds. Even as a small hospital we provide a great number of services i.e. lab, x-ray, CT, ultrasound, infusion clinic, ambulance service that functions up to the Paramedic level, and more. We also have 3 doctor offices, one in Greenville, one in Monson and one in Sangerville. Our hospital employs approximately 160 employees, not counting Northern Light System employees working at CA Dean and, as mentioned earlier, is the largest employer in Greenville. CA Dean is owned and operated by the Northern Light system which is reportedly in the planning stage for a new hospital in Greenville. We are told that the ground breaking is planned for the spring of 2021. For better or worse this means that the 108-year-old

original wooden hospital as well as the attached 1964 brick hospital will be razed. The newer providers offices and the 1984 Long Term Care wing will remain.

Our School:

Another essential piece of our community is our school, Greenville Consolidated School. In 1936 Louis Oak's provided the Town of Greenville with a much needed modern school, which he paid to have built. Unfortunately he was not able to fully complete the plans he had for the school, reportedly due to politics... The school has 186 students and 21 teachers. Having a school in Greenville due to its geographic location is essential. Without a school in this area fewer families with kids would even consider moving here with a 30 plus minute drive one way to the next closest school. Greenville's school funding has been a major drag on the Town of Greenville budget for many years. Greenville is reportedly considered a wealthy town by the State of Maine therefore we get little State funding to support our school. High cost vacation homes impact the perceived wealth of the town of Greenville, this impacts school funding, which impacts the town budget, which impacts the price of housing, which impacts taxes which could impact a person's ability to afford to live in Greenville, etc.

AFC:

Greenville became the 201st Age-Friendly Community (AFC) on January 8, 2018. The first step in the process toward this certification included Tom Murray and Meg Calloway presenting a request to the Greenville Board of Selectpersons to become an Age-Friendly Community, likely in September 2017. After the vote of approval, the chair of the Board of Selectpersons wrote a letter of support to AARP, indicating the town liked the idea of becoming an Age Friendly Community, and requesting acceptance into the AFC Network. From this point, Tom along with Jesse Crandall, Greenville's now past town manager, completed the application and began to recruit individuals to be on the AFC steering committee.

The first meeting of our group was held on October 17, 2017 with 4 committee members present. After a time our steering committee grew to nearly 20 members. As time pasted however that number dwindled and settled at a pretty consistent 10 members providing input to the committee. Our steering committee meetings tends to have 4 to 5 members present at any one meeting, but with the others providing input in some fashion. On February 15, 2018 the AFC hosted a Senior Fun day at the local Meals for Me site. Our goal was to increase attendance at Meals for Me through exposing people to one of their meals and provide a social event. It was also an attempt to expose and educate seniors to Lynx (our county's non-emergent transportation company). There were approximately 30 people present. Prior to the meal the group socialized with chatting and games, after the meal the transportation presentation was completed. Although the entire event seemed successful, several months later Greenville's Meals for Me site closed due to lack of participation.

From February 8 to 18, 2019 Aging Strong Greenville, AFC, completed our community survey from which good information was gathered. Some interesting points, the survey revealed: 21.2% of those taking the survey felt there was enough public transportation. 66.7% of those taking the survey did not want a "real street light" placed at the center of town. 91.7% did not agree that there were enough affordable home maintenance services in our area. 91.2% felt public parks and outdoor spaces were safe. Only 15.8% felt there was enough in-home services available for older and disabled citizens. Worth noting, comments related to having a "senior center" or a "community center" were plentiful throughout our survey and during our Listening

Sessions. Of special interest, one survey participant expressed clearly in her/his survey that everything was find and to leave things alone.

On May 7 and May 16, 2019 our group had our first and second listening sessions. During the May 7th session we were able to gather good information for our work as we move forward. The May 7th group prioritized a Community Center over other needs like transportation, which surprised many people. Transportation was the second priority identified, with grocery delivery as the third and a meal program for seniors fourth. At our second Listening Session, May 16th, not one person showed up other than members of the group there to help with the session. Our publicity period for this second listening session was shorter than our May 7 event. We now believe this difference had a far greater impact on that session than we anticipated.

The Mission, Vision and Values of our Age Friendly Group:

Our Mission: The Greenville Age Friendly Committee (Aging Strong Greenville) will support and promote priorities identified for the growth and well-being of individuals of all ages.

Our Vision: The Aging Strong Greenville Steering Committee is part of a Community of all ages collaborating and cooperating to achieve desired goals.

Our Values: We belief that all residents of Greenville must have the clear opportunity to be involved in developing priorities, shaping actions, and working to bring about change.

The Team:

Our steering committee was developed from a brief article in the local newspaper and many personal invitations. Tom and Jesse initiated the invitations for committee members with mixed results as mentioned earlier. Our present group consists of:

Russ Carr – Pastor at the New Life Church

Sally Tourniquet – Town of Greenville Recreation Director

Angie Graham – Retired Eastern Area Agency Area Meal Site Manager

Robyn Ladd- Nutrition Area Manager for Piscataquis County at Eastern Area Agency on Aging.

Sandra Ryder – Community Volunteer

Cindy Freeman-Cyr – Partners for Peace Rural Advocate

Georgine Butman – Advocate for Veterans and Children

Genise Stern – Pastor at the Union Evangelical Church

Esther Ireland – Retired Rehab Counselor for the Division of the Blind and Visually Impaired, now EMT for Mayo Ambulance.

Tom Murray – Medical Social Worker at Northern Light Charles A. Dean Hospital

Although it was not our intension, we are each over the age of 55.

Our desire is to become a more diverse group in the future.

Community Assessments:

In preparation for developing our assessment, our steering committee reviewed two past Greenville assessments. The first was a 2014 Piscataquis County Community Health Needs Assessment conducted by Eastern Maine Healthcare System, EMHS, now Northern Light. The second was a 2016 Greenville Region Age-Friendly Community Assessment completed by David Wihry of the University of Maine Program on Aging. A third document was the AARP sample. Our survey was developed from numerous discussions during regular meetings and references to the AARP manuals. Rewrite after rewrite of the survey took place in consultation

with David Wihry. The rewrites allowed us to actually see what changes were made and what those changes looked like. Once we felt the survey was complete, David again reviewed the document and reproduced it in true survey format.

Once the survey was ready for distribution the group had to reschedule the start date of the survey twice as members failed to complete necessary tasks. By February 8, 2019 we were ready and distributed the survey. The groups placed surveys in specific locations thereby allowing people to complete the survey and drop it into a drop box which was right beside the survey. (We had no budget for mailing). The survey locations chosen were: The Town Office, each of the 4 churches in town, the library and one of the elderly housing units. A steering committee member also passed out surveys at Indian Hill Trading Post part of one day. The survey stayed available to the community for 10 days. On February 18 both the completed and untouched surveys were collected from each location and briefly discussed at our following meeting. In all we had 41 surveys completed for analysis. The surveys were forwarded to David for analysis and summary. We now use the survey results to aid us in establishing the groups goals as well as continuous evaluation.

Aging Strong Greenville conducted Listening Sessions on May 7, 2019 and on May 16, 2019. The May 7 Listening session was during the day in the most handicapped accessible place in Greenville, the new Catholic Church. It was 1.5 hours in length and followed the format of the AARP Listening Session booklet. The Session was quite participatory, gathering good information. We learned that this group desired having a senior center, improved transportation and have groceries delivered from the local grocery store, the local grocery store already delivers groceries to people unable to shop? Our session was approximately 1.0 hour of discussion/information gathering and approximately 30 minutes left for free time to do whatever the group wanted. Their desire was to continue our discussions.

Our May 16 the Listening Session was structured the same way as our first except it was held in the early evening allowing working individuals and more night people to attend. The location was also changed. We had this Listening session at the American Legion Hall, which is also handicapped accessible. We did not allow as much publicity time for this session as with our first, and no one attended. Only those of us that were working at the session were present. We chose not to reschedule this session but rather proceed with the results of the survey and our first Listening Session. The assessed priorities were clear. Priority one is a Senior Center, Greenville has no senior center, nor anything similar. The closest thing we have to a senior center are the two convenience stores where people gather to talk, and the Legion coffee time where people gather for morning coffee, a snack and the art of conversation.

Priority 2, Transportation, Greenville's transportation options are limited. Residents can ask family and friends for a ride; can hire a taxi from a town 45 minutes away, or you can use Lynx. Many people are not aware of Lynx while others just plain don't like using Lynx. Reasons for not liking Lynx – having to ride in someone's private vehicle with someone you don't know; cars are dirty; they don't help you in or out of the car or your appointment; you must call too long in advance to get a ride; and the like. In addition to the basic non-emergency transportation services, Lynx also has ride programs available specifically for certain people i.e. individuals with Breast Cancer, Veterans, anyone with a cancer diagnosis... Also available in Greenville, if you require a ride to a medical appointment with a Northern Light provider, CA Dean has a courtesy van which it uses to bring patients who are not able to otherwise find rides to their appointments. This van serves only CA Dean patients and operates only within CA Dean's service area for patient appointments. They will not take a patient to Dover or Bangor for an appointment. Also available if you are a Veteran in need of transportation the local American Legion, if able, will provide rides for veterans.

As for the grocery delivery that was mentioned as the store already delivers to individuals who cannot or have difficulty getting out to purchase groceries.

Greenville, a good place to live:

Greenville truly is a great place to live. We enjoy the relative quiet around us, the beauty of the trees and the slower pace of not needing to manage heavy traffic or crowded stores and parking lots. Instead you can go for a hike, fish a near-by pond, paddle around in your canoe or go for a ride in your boat, snowmobile, hit the slope or, you name it. As mentioned earlier you do need to be able to be at peace with having limited access to the amenities most people now consider essential like a movie theater. Location/isolation are known factor in hiring professionals for our school and hospital; many people do not want to be so far from conveniences they enjoy.

Just an hour ago I was told by a lady that the only reason she and her husband decided on living in Greenville was that it has a hospital. Hospital, ambulance squad, police and fire department we have each for the safety and well-being of our residents. In fact, our crime rate is quite low.

All and all we feel Greenville is a Great place to live.

Domain Goals

The World Health Organization (WHO) and the American Association of Retired Persons (AARP) developed 8 domains of livability as a model for the different aspects of life specifically associate with Age Friendly Communities. Each domain covers a broad area of functioning in a community's life and each area allows for examination and action to improve quality of life.

The following are the Aging Strong Greenville's goals associated with the examination of each domain in our community.

The 8 Domains of Livability:

“To become more livable for people of all ages.”



Outdoor Spaces
Communication



Transportation



Social Participation



Respect & Inclusion



Civic Participation



Health Services



Housing



Housing Domain:



Housing in Greenville is aged. We do not know the average age of a family home in Greenville however we do know that the four elder/disability housing units were built in the mid to late 1970's. Most family homes and elder housing units appear to be in Good condition. We don't believe Greenville necessarily needs new housing units or family houses but rather more people willing to take a fair price for maintenance of these places.

Domain: Housing **Goal:** Increase the number of “individuals willing to plow and do home maintenance at affordable rate.”

Collaborating Organization(s): Local churches, American Legion

Activities	By Whom	By When	Resource and Support available / needed		Potential barriers or resistance	Partnerships	Metrics	Outcome
What needs to be done?	Who will be responsible for getting it done?	Date the action will be done?	Resources Available?	Resources needed (financial, human, political, etc.)	What individuals and organizations might resist and how?	Who should be involved/informed about this action?	What indicators will measure progress?	Outcome of activity, will help with next plan.
Develop a position description for the volunteer coordinator	Retired volunteer, person willing to help	March 1, 2022	Community members willing to help	Steering comm. And others input	Contractors and snow plow drivers. Insurance for people helping	Anyone willing to help Insurance company?	Completion of a workable position description	Position description will allow us to search for the right volunteer

Advertise for Volunteer coordinator	Steering comm	April 1, 2022	Local paper, ch. 19, social media,	Money for ad in the paper and Ch. 19, need to apply for a grant	Not having any money. No one willing to volunteer	Local churches, Legion, People who Plow, carpenters	If advertising happens in mentioned areas	Informs public that a volunteer job exists.
Find Volunteer to coordinate. find helpers, and match them to people in need	Steering Comm selects someone by majority vote	July 30, 2022	Ch 19 Paper Social Media Steering Comm	Willing and able people	none	Local churches, Legion, civic groups, Town office	Hired or near hiring a vol. coordinator.	Select coordinator by July 30, 2020
Find individuals willing to work for an affordable price per hour.	Vol. Coordinator. Sandra – Meth Genise- Union Russ- New life and Legion Georgine- Cath. Angie – Cath.	Sept 30, 2022 This is really an ongoing process as people will need to be replaced.	Steering Comm Vol. Coordinator. Local Paper Social Media Ch 19	Willing people. Documents covering the group from Liability- poor work or nonpayment	Lack of people willing to work at whatever price someone can pay	Entire Community Churches Legion Groups i.e. key club, Masons...	One or more people agreeing to provide affordable help. Below \$35 to 50 per hour as mentioned in the survey	Publicity starts by May 14, 2020

Who is responsible for maintaining and updating information: Selected leader until Volunteer Coordinator is hired.

Frequency of meetings: To be determined by the group

Goal taken from Survey comment: “It is difficult to find people to plow, do maintenance and repairs at an affordable rate.” It seems that current rate is \$35-\$50/hr. which is unaffordable for many.”

Transportation Domain:



Greenville once had a local taxi. It was run by a local convenience store owner who took the calls and provided the rides. Now, help with transportation is limited. You can ask a friend for a ride, you can hire a taxi from 45 minutes away or you can contact the County transportation agency, Lynx. We believe that many people eligible for Lynx services still do not know much about them, only what they have hear. We would like to change that so people can gather accurate information regarding what programs Lynx offers and how to access them.

Domain: Transportation **Goal:** Increase community knowledge of Penquis Lynx- services/contact information by Sept. 25, 2020

Collaborating Organization(s): Penquis Lynx, groups wanting to learn about available transportation options in our area, Catholic Church

Activities	By Whom	By When	Resource and Support available / needed		Potential barriers or resistance	Partnerships	Metrics	Outcome
What needs to be done?	Who will be responsible for getting it done?	Date the action will be done?	Resources Available	Resources needed (financial, human, political, etc.)	What individuals and organizations might resist and how?	Who should be involved/informed about this action?	What indicators will measure progress?	Outcome of activity, will help with next plan.
Contact Penquis Lynx about providing education to our area	Tom/Esther	June 2020	Lynx does Community education	Call Lynx and speak to Marcia Larkin who does education and arrange a date	None	Penquis, any group willing to host an educational session, People arranging the room	At least one Lynx educational session happen in Greenville Prior to June	Improved/increased education is power for the person using it.
Find a location to have event	Steering comm	July 31, 2020	Church, Legion	Handicapped accessible building/ room	No place available	Churches, town office to use their room	Find Acceptable place found to provide education	Learning experience for future use
Publicity for the education	Genise/Angie/Georgine/Sandra	August 15, 2020	Local paper, Ch. 19, Social Media, posters	Money for ads	None known	Churches, Legion	Publicity starts as early as possible	Publicity informs public to attend
Arrange for ed material, frig magnets,	Angie/Georgine	Sept. 15, 2020	Lynx has many brochures/ handouts	Does Lynx have Frig magnets? Lynx has handouts	No place willing to provide snack	Lynx, Town Office, place providing room use	Work with Lynx on what handouts might be best.	Handouts allow attendees an easy reference and access to

snack, handout?				Place to provide snacks			Was there snack	knowledge and utilize services
Educational Event happens.	Designated Leader	October 1, 2020	Lynx educator, place to meet, handouts	Money for snacks?	None known	Lynx, Town Office	Did at least one educational session happen before Oct. 1	

Who is responsible for maintaining and updating information: Tom or Esther

Frequency of meetings: To be determined

Goal taken from Survey comment: “Make sure people know about Penquis Lynx.”

Social Participation Domain:



I don't know that Greenville has ever had a "senior center" or "community center." Years ago a few men and women (8 or so) would gather at the local "drug store and socialize (gossip). This gathering has stopped for some reason however it seems to have spun off two small gatherings – two convenience stores both mostly comprised of men. Also, a few years ago the local American Legion starting a coffee and donut time each weekday morning. This is also generally comprised of men. Aging Strong Greenville wants to develop a space where all people would want to gather and socialize, play cards or a board game, perhaps learn about a topic.

Domain: Social Participation

Goal: "Community/Senior Center" Concept- Comm events to socialize/learn

Collaborating Organization(s): Catholic Church, local business for snack etc., area agencies for education, Board games

Activities	By Whom	By When	Resource and Support available / needed		Potential barriers or resistance	Partnerships	Metrics	Outcome
What needs to be done?	Who will be responsible for getting it done	Date the action will be done	Resources Available	Resources needed (financial, human, political, etc.)	What individuals and organizations might resist and how?	Who should be involved/informed about this action?	What indicators will measure progress?	Outcome of activity, will help with next plan
Find a Common time available for people to gather to socialize, learn	Steering Committee	September 18, 2019	Church, Legion, town office	Cards, board games, speakers	No day or time is available for all people, some people will be missed.	Catholic Church Knights of Columbus Entire surrounding area	At least one community member shows up at each event for 6 months	Based on Listening session input the third Wednesday of each month from 1:00 to 3:00 is set
Find a handicapped accessible location willing to help for free	Angie	End of July 2019	Churches, Legion, School	Catholic Church, Legion, school, money for snacks	Places unwilling to help	Catholic Church Knights of Columbus Community	Was a handicapped accessible location found?	The most handicapped accessible building, the Catholic church At no fee
Businesses willing to help provide snack, prizes as needed	Angie/Georgine	August 2019	The Hill, Bretons, Jamo	People to ask for what is needed	Businesses say they have helped enough this year	The Hill, Jamo, Bretons	Are snacks available at each Event?	Everyone likes snacks at social events

Find People willing to provide relevant education	Steering Comm	End of Sept 2019	Area groups providing services in Greenville	Find resources for identified topic the seniors have requested	No one knows about desired topic of discussion	Catholic Church Knights of Colum. Depends of the desired topic	Is there an activity of the participants choosing at each Event?	For 3 months we have been successful finding resources.
Hold first Event	Steering Comm.	Sept. 18, 2019	Steering Comm Church, snack	Publicity, church, snack, people	No one shows up. Church backs out. No publicity.	Catholic Church Knights of Colum. Agenda	Did event occur. Did attendees appear excited?	Event occurred on Sept. 18 and continues. It went great.

Who is responsible for maintaining and updating information: Steering Committee

Frequency of meetings: At least monthly

Goal taken from Survey comments: There were a number of comments about a “senior center”. “A centralized senior center where activities-knitting, booking or scrapbooking. This would be a place where all are welcome. A weekly all age cribbage night.” And, “Have a community center with activities for all ages.”

Outdoor Space and Buildings Domain:



This Greenville area certainly has Great outdoor spaces that cannot be denied. Although hiking trails are not fully accessible to all individuals, we felt that was perhaps too big a goal for right now. A Pickleball tournament was mentioned in the surveys. We decided to attempt to follow through on that suggestion, we will arrange a public pickleball tournament.

Domain: Outdoor Space and Buildings **Goal:** Arrange a community Pickleball tournament by June 2021

Collaborating Organization(s): Town of Greenville, School, Dean Hospital/Ambulance, Town Police

Activities	By Whom	By When	Resource and Support available / needed		Potential barriers or resistance	Partnerships	Metrics	Outcome
What needs to be done?	Who will be responsible for getting it done	Date the action will be done	Resources Available	Resources needed (financial, human, political, etc.)	What individuals and organizations might resist and how?	Who should be involved/informed about this action?	What indicators will measure progress?	Outcome of activity, will help with next plan
Determine the popularity of Pickleball may change to another game	Steering Comm	March 30 2021	School tennis court	People to help	School for some reason	School, Town, someone to provide snack, Trophy, paper, ch. 19,	Is Pickleball popular enough in Greenville to make the effort?	Is Pickle ball popular or not – Yes or no, Event ready by June 2021
A judge/official for the game	Steering Comm choose someone	April 2021	Someone must know the rules of pickleball	A trustworthy person knowledgeable of the rules willing to help	No one knows rules that is willing to help.	People with knowledge of Pickleball, or want to learn	Was an assigned official present?	Was there an official at the game?
Advertise for event	Sally, Genise, Georgine, Angie, Sandra	May 1, 2021	Ch. 19, paper, Social media, posters	Volunteer people: prep, set up/take down	No one knows the rules of pickleball	Town, Greenville Rec., Police, vendors	Did posters, social media, Ch 19, paper get done	Advertising let people know what is happening and gets them there.
Arrange for court time	Sally	June 2021	Check with Town, put sign up- reserved	Town tennis court judge/official	School -use of court	School, Greenville Rec Comm.	Was the Tennis court reserved and available	Was Tennis court available for play to occur?
Coordinator of the event: food, who	Steering Comm Volunteer	June 2021	Tennis court	Capable volunteers	Process identified barriers	Town, Rec. Comm	Event is ready to happen	Event will be successful

plays who and when, parking								
Pickleball Tournament happens	Sally?	By June 30, 2021	School, Rec Comm., Town	Finances for awards, snack, official,	No money, no official	Town, School, Rec committee	Did at least one game of Pickleball happen	Successful event, more could be scheduled.

Who is responsible for maintaining and updating information: Will assign a person

Frequency of meetings: To be determined

Goal came from survey: "Pickleball courts would be very popular." (We will start by using the Tennis court and see if the event is popular.)

Civic Participation and Employment Domain:



One of the survey participants commented that the Greenville Town Selectperson’s meetings are not well advertised. Access to public information such as what is discussed at a selectperson’s meeting is important, Keeps you current with town business. We will discuss this matter with town leaders.

Domain: Civic Participation & Employment **Goal:** Improve Advertisement for Selectpersons meetings

Collaborating Organization(s): Town of Greenville, Town manager, selectpersons, local paper, Ch. 19

Activities	By Whom	By When	Resource and Support available / needed		Potential barriers or resistance	Partnerships	Metrics	Outcome
What needs to be done?	Who will be responsible for getting it done	Date the action will be done	Resources Available	Resources needed (financial, human, political, etc.)	What individuals and organizations might resist and how?	Who should be involved/informed about this action?	What indicators will measure progress?	Outcome of activity, will help with next plan
Speak with Town Manager about improving publicity of selectperson meetings	Steering Comm Volunteer	May 2020	Posters, local paper, social media, ch. 19	Local paper, Ch. 19, social media, money for paper ad	Board of Selectpersons, Town manager	Board of selectpersons, Town manager, local media	Determine baseline publicizing done now and see if it increases for 6 meetings.	Increased publicizing may increase civic participation?
Work with Town manager to determine what new advertising modality will be seen most by residents?	Steering comm Volunteer	August 2020	Area media	Flexibility on the part of local government	Board or town manager could say no, but I doubt it. Media could say no but again unlikely	Town manager, Select people, Local Media	Determine baseline of how and what advertising they do now and see if it increases. increase of one advertising method	Improved knowledge of when the selectperson meeting is could increase civic participation.

Who is responsible for maintaining and updating information: Steering Committee

Frequency of meetings: To Be Determined

Comment for goal was taken from the survey: “Select person meetings are not well advertised.”

Selectpersons meetings are first and third Wednesdays at 6:30

Community Support and Health Services Domain:



Discussions during and after our May listening session found a fervent group of people advocating for a health fair, both participants and steering committee members. It was agreed that perhaps a health fair would be the most inviting effort in helping residents become familiar with services available in our area.

Domain: Community Support & Health Services **Goal:** Spring Health Fair

Collaborating Organization(s): Local Hosp/Ambulance, home health, other local providers

Activities	By Whom	By When	Resource and Support available / needed		Potential barriers or resistance	Partnerships	Metrics	Outcome
What needs to be done?	Who will be responsible for getting it done	Date the action will be done	Resources Available	Resources needed (financial, human, political, etc.)	What individuals and organizations might resist and how?	Who should be involved/informed about this action?	What indicators will measure progress?	Outcome of activity, will help with next plan
Arrange a place for a large educational fair with parking	Steering Committee, Volunteers	Feb 2020	School café, School gym, an outdoor space? Bartley's, Catholic Church	People power, Money if we have to pay for space	Is there such a place in Greenville? School unwilling to allow use of their grounds	Area providers of health related services	Was a large enough space to hold the fair secured	The more space the more providers we can accommodate and the more learning that could take place
Do you charge for a fair table	Steering comm.	Feb 2020	If we charge need someone to collect money	People power	Some groups may not have the money to pay a fee?	Now just an invited group of Providers	It was decided not to charge for tables	Depending on costs incurred we may need to charge next year
Publicize event	Genise/Angie Georgine/Sandra	April 23, 2020	All local Media	Paper and printer for posters, money for newspaper ad	No money for the ad, poorly advertised	Local media, businesses willing to hang posters	Ads, posters, social media is complete 3 weeks prior to event	Advertising will bring people who can learn from the providers.
Contact area providers asking if they would like to attend.	Volunteer	Feb 2020	Personal invitation, mail, email	Volunteer or coordinator	Can't find volunteers	Area providers,	Agencies willing to present their agency at the health fair	Knowing how many providers allows us to plan the space available

Secure enough tables and chairs for a source	Volunteers	Mar. 2020	Masons, Nursing home, rent them	Tables/chairs people to move them	Lack of tables and chairs, No one willing to collect them	Masons, nursing home or rent them	Did we have enough tables and chairs for vendors/ public	Vendors able to present information when having needed resources
Crew to set up and take down	Volunteers	April 2020 Event someday end of April	Advertise for helpers	People	No one willing to set up/take down	Perhaps the Key Club or Student council	Set up and take down without injury or damage to items	Everyone has needed items for the event
Event occurs	Lead Volunteer	Prior to July 30, 2020	We have secured space, supplies, invited service providers	Space, tables, electricity, extension cords, tape, posters giving directions	None Known	AFC, Providers, Catholic Church,	Did event happen?	Opportunity to learn about area providers provided to community

Who is responsible for maintaining and updating information: Steering Committee

Frequency of meetings: twice monthly

Goal comes from survey comment: "Better listing of all available caregivers."

Community Support and Health Services Domain: Focus on Elder Abuse

Although there are some people who are educated about elder abuse in our community i.e. the employees at CA Dean's East Wing, our general population lacks this knowledge. As our town is comprised of 51.2% people over the age of 65 Greenville needs to pay attention to keeping the majority of our residents safe. Elder abuse is real, and it happens more than we would like to think, even in Greenville.

Domain: Community Support and Health Services (Second Goal under this Domain)

Goal: Educate the community regarding Elder Abuse

Collaborating Organization(s): Churches, Elder Abuse Institute, Partners for Peace,

Activities	By Whom	By When	Resource and Support available / needed		Potential barriers or resistance	Partnerships	Metrics	Outcome
What needs to be done?	Who will be responsible for getting it done	Date the action will be done	Resources Available	Resources needed (financial, human, political, etc.)	What individuals and organizations might resist and how?	Who should be involved/informed about this action?	What indicators will measure progress?	Outcome of activity, will help with next plan
Educate people on elder abuse	Steering Committee	February 19, 2020	APS, Elder Abuse Institute of Maine,	Venue, snack, projector, computer, speaker	None known	Medical people Hair dressers Bank tellers Law enforcement, whole town	Completion of tasks	Residents more aware of abuse, how, when, where it happens

Discuss availability of presenter Chris Wolfe	Cindy spoke with Chris and she is available Feb. 19 for a Community Event	January 7, 2020	Elder abuse Institute of Maine Educator, Catholic Church	Place, speaker, snack, computer, projector	None known	Inform everyone about this educational opportunity	Is presenter arranged - Done	Discuss all options prior to selecting a presenter, and who has seen them
Determine venue available and arrange	Scheduled for a regular "Community Event" so Catholic Church is available	January 6, 2020	Using regular time of one of our Community Events and location	We have place, time/day, the speaker has a computer and projector	None known	Need solved by having event on day/time of community event	Confirm place is available for us. Done	Church is pretty reliable and set for 3 rd Wed. of each month
Determine needs of the speaker i.e. projector	Cindy informed me a projector is needed	January 10, 2020	Catholic Church has a projector we can use	Speaker reports no additional needs, church all set, need snack	None known	Catholic Church, Elder Abuse Institute of Maine	Confirm projector available and operational	Make sure and ask what needs speak might have at all such events
Advertise event	Genise make posters, Georgine up them up	January 13, 2020	Poster, ch. 19, newspapers, social media	People to make posters and put them up, paper,	Some places may not want posters in their establishments	Local merchants to post posters, Ch.19 Newspaper, social media	Did advertising happen	Good publicity should increase attendance
Snack	Georgine arranging	Jan. 6, 2020 and Feb. 19	Some kind of light snack for attendees	Money, snack food and coffee	None known	Merchants, church	Snacks at event	Volunteer since we have no budget
Set up	Angie/Georgine	Feb. 19	Committee members	Man power	None known	AFC committee/ volunteers	did set up happen without injury	Establish Volunteers
Take down	Angie/Georgine, tom	Feb. 19	Comm. members	Man power	None known	AFC Committee, volunteers	Did take down happen without injury	Able Volunteers

Who is responsible for maintaining and updating information: _Steering Committee_

Frequency of meetings: ___Regular meetings - monthly_

Goal comes from: Steering Committee feels advocating against any kind of abuse is essential. This goal in this domain is completed.

Respect and Social Inclusion Domain:



The level of civility throughout our country has diminished. We cannot allow the respect and good will we provide to each other to continue to erode.

Domain: Respect / Social Inclusion **Goal:** Provide Educational presentation open to the public on Civility

Collaborating Organization(s): School for use of the auditorium, Town manager, local churches, local paper

Activities	By Whom	By When	Resource and Support available / needed		Potential barriers or resistance	Partnerships	Metrics	Outcome
What needs to be done?	Who will be responsible for getting it done	Date the action will be done	Resources Available	Resources needed (financial, human, political, etc.)	What individuals and organizations might resist and how?	Who should be involved/informed about this action?	What indicators will measure progress?	Outcome of activity, will help with next plan
AFC group need to look at options available for presenters	Steering committee will seek volunteer to coordinate	End of June 2021	School, Revive Civility Maine,	Finances if we need to pay for the presenter.	Presenter unavailable, no space to hold it	School, Town manager, police chief, general public, all students	Did the presentation focus get decided	Was a respected presenter decided on
Select Volunteer Coordinator	Steering comm	Beginning of May 2021	Public volunteers, Committee member	People, computer, projector, handouts,	None known	AFC, school, Revive Civility Maine, Catholic church	Was a vol coordinator picked	Responsible coordinator. Help ensure successful presentation
Check with school on dates available Contact Mark Hew Civility "State Coordinator" about presentation availability	Volunteer coordinator.	May 15, 2021	School Auditorium, Catholic Church, Town office	Money for speaker, snack,	School – not wanting to supply use of space	School, Revive Civility Maine, AFC, Catholic church town office	Was a workable date for all involved chosen	Need a date to move forward
Publicize the event including date picked	Assigned by volunteer coordinator	Mid to end of August 2021	Social media, ch. 19, local paper, churches, Posters, radio and TV bulletin boards	Space, presenter, person to make poster	None known	School, Revive Civility, AFC, Catholic church, town office	Was publicity spread through the area early enough and well enough	If people know about the event, they may attend

Arrange for set up and take down	Coordinated by vol coordinator	Mid to end of July	Volunteers	Key club, student council	School vacation so school groups may not be able to help	School, Revive, AFC, Catholic Church, town office	Done without injury or damage to auditorium	Needed items help make an event successful
Event takes place	Volunteer coordinator	end of September 2021	Presenter, place, advertising,	Space, presenter, attendees	None known	School, Revive Civility Maine, Public,	Did the event take place	Information can bring about change

Who is responsible for maintaining and updating information: Steering Committee and Volunteer Coordinator

Frequency of meetings: To be determined

Goal came from survey: "Too much "From here" vs "From away" town office must become more welcoming!"

Communications Domain:



Greenville has some access to many services. Services may not be based in Greenville however some services can generally be provided. For example, State based home health, their assessment may determine you need 20 hours of help per week, but their staffing levels only allow 8 hours per week.

Domain: Communication **Goal:** Inform residents of Greenville/Shirley/Beaver Cove/Rockwood of resources available in the area.

Collaborating Organization(s): Town offices, Town managers, Area providers, people that collect data

Activities	By Whom	By When	Resource and Support available / needed		Potential barriers or resistance	Partnerships	Metrics	Outcome
What needs to be done?	Who will be responsible for getting it done	Date the action will be done	Resources Available	Resources needed (financial, human, political, etc.)	What individuals and organizations might resist and how?	Who should be involved/informed about this action?	What indicators will measure progress?	Outcome of activity, will help with next plan
Develop a resource list of providers, resources in the area	Steering comm assign a volunteer	Mar. 2022	Steering comm. Other area agencies that may have a list of resources	People to collect resource information, people to organize the information, someone/company to print it	None known	Agencies in the local area that provide services to this area; Area churches, residents who know of services	List of resources grows in number of providers	An accurate list can connect people with needed services.
Determine limitations, eligibility,	Determine limitations and eligibility for services when making list.	Mar. 2022	Area service providers know their own limits...	People to secure information	None known	Providers of services in the area	Are the limitation... of the group listed under the agency	All providers have some limitation of some kind
Coordinate with Area towns to send out resource list with one of their mailings	Volunteer	Mar. 2022	Towns sending out mail to all residents and available at designated places for tourists	Determine from town when they send out mailings to all residents.	Towns unwilling to send out resource list as it may be lengthy and break their postage budget	Area Town managers/First Selectmen	Ask a few area residents if they received the list	Was a resource list developed and mailed to residents in the area?

For more information on Aging Strong Greenville and our Age Friendly Community you can contact anyone of our “Team,” including the names listed below.

To volunteer for one of the activities contact Tom Murray at 695-3283 or Georgine Butman at 695-2806 or moosharp@myfairpoint.net.