Membership Application

To join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Cities and Communities

If you have questions while completing this form, please email livable@aarp.org.
If you need additional space for answering the questions you may add an additional sheet of paper.

APPLICATION SUBMISSION DATE: 7/25/2018

Section 1: COMMUNITY DETAILS

NAME OF THE COMMUNITY: Fryeburg as a member of the Mount Washington Valley – a region also consisting of the towns of Bartlett, Conway, Albany, Eaton, Madison, Freedom, Jackson, and Chatham,

STATE: Maine

POPULATION SIZE: 3400 in Fryeburg

PERCENTAGE OF RESIDENTS ABOVE THE AGE OF 60: 29% and projected to be 51% by 2030

NAME AND TITLE OF THE ELECTED OFFICIAL SIGNING THE OFFICIAL COMMITMENT: Kimberly Clarke, Member - Board of Selectmen of Fryeburg, Maine

OFFICE ADDRESS OF THE SIGNER: 16 Lovewell Pond Road, Fryeburg ME 04037

Section 2: COMMUNITY CONTACT FOR THE AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

The community contact is the local staff member or volunteer who is primarily responsible for carrying out the community-level work — it is not the responsible AARP staff member.

NAME: Charlie Macomber

POSITION: President of the Board of the Gibson Center for Senior Services

EMAIL ADDRESS: [Redacted]

TELEPHONE NUMBER: [Redacted]

Please describe the named person’s role in the city or community’s age-friendly initiative:
As President of the Board of Directors of the Gibson Center for Senior Services, Mr. Macomber has the stated mission of seeing that the Gibson is collaborating with other town non-profits to ensure the completion of a proposed $4.2 million Adult Day-care Center in Conway, the building of a 2.8 mile paved ADA compliant Recreational and Alternative Transportation Path in the center of the Valley, the creation of a Home-Share network, promotion of Accessory Dwelling Units throughout the Valley, growing the Gibson Center’s commitment to social/fitness programs, transportation and nutrition services for the senior population and lastly growing the awareness of and utilization of countywide services via Service Link and 2-1-1. Through the Board and its relationships with other community organizations, Mr. Macomber is able to leverage the talents and connections to drive the age-friendly initiative. See letters of support from other regional service agencies and organizations.

Section 3: COMMUNITY ACTIVITIES, ENGAGEMENTS and COLLABORATIONS

1) Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more age-friendly.

See excel document for examples of our present resources, services, agencies and programs that serve the aging as well as intergenerational populations of our region. Some of these are town specific while others are open to the full public, the elderly and seniors included. Our future plans include developing the means of maximizing utilization of these resources, providing encouragement for replication of best practices throughout the region, and focusing on the gaps identified in regional surveys that include the Community Health Needs Assessment for Northern Carroll County, the MOUNT WASHINGTON VALLEY REGION:Strategies to Support Affordable Housing & Economic Diversification report by Planning Decisions Inc., and the Community Health Improvement Plan of the regional Granite United Public Health collaborative.

2) How will the community engage and involve older people in the process of becoming a more age-friendly?

The MWV is fortunate to have over 200 non-profit organizations that are organized and run largely by volunteers who come from our communities that are made up of a population that is 29% over age 65. This plan for coordinating ourselves into an age-friendly community will, as a collective impact model, engage many of these organizations and their people to grow availability and utilization of the services, programs, activities for our aging population. There will be countless opportunities through these organizations for our older population to have input into the direction of the plan and it’s implementation. A small sample of these organizations is detailed in this application and their letters of support.

3) Briefly describe the mechanisms the community has or is planning to put in place to facilitate collaborative planning and implementation between different agencies and departments.
The Gibson Center Board Members will continue to develop our representation to and relationships with the multiple municipalities and non-profit organizations of the Valley to coordinate the planning and implementation of Senior – Friendly initiatives. Our plan once our application is accepted is to convene a Steering Committee with representatives of each participating town and organization. This group will use the 8 domains to further identify our present and planned initiatives. We intend to form 4-5 Working Groups attached to specific domains to develop our Action Plan with new and replicable ideas for strengthening our Age-Friendly status. On the working groups, we will have representatives from our public libraries, our Chamber of Commerce, our local Arts Council, and other established partners.
Section 4: NETWORK MEMBERSHIP
Your answers to the following questions will help us complete your membership in the global age-friendly network and better enable us to understand how to support the network.

4) How do you hope to contribute to the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

As we have previously done with the AARP Age-Friendly Community 2017 Grant that allowed us to develop a campaign for the promotion of ADU housing, we will develop tool-kits and materials for general distribution across regions of New Hampshire and nationally. Through our links with the Alliance for Health Aging and the Endowment for Health and The Tri-State Learning Collaborative, and now the Rural Peer Network, we have in place mechanisms to share our learning, outcomes, and demonstrations of best practices in a regional approach to becoming an Age-Friendly Community.

5) What motivated your community to join the AARP Network of Age-Friendly Communities and the World Health Organization Global Network of Age-Friendly Communities?

#5The Gibson Center for Senior Services is poised to be the leader in the development of age-friendly initiatives throughout the MWV. This Network provides a strong framework for identifying our strengths and opportunities for further work and to take advantage of the national two-way mechanism for learning and sharing that the Network Application: AARP Network of Age-Friendly Communities – Page 3

6) Please provide a digital (JPG, PNG or PDF) file of a logo or other image that represents your community.

The image resolution should be at least 72 dpi. As an example of an image, here's ours >