

Independent Living/Long-Term Services and Supports  
Blog Series and Research Papers on LTSS [www.aarp.org/ppi/ltc](http://www.aarp.org/ppi/ltc)  
Housing and Transportation/Livable Communities: [www.aarp.org/ppi/liv-com](http://www.aarp.org/ppi/liv-com)  
(202) 434-3890

The Independent Living/Long-Term Services and Supports Team of AARP's Public Policy Institute provides research, policy analysis and technical assistance to support AARP's public policy agenda in the areas of livable communities and long-term services and supports (LTSS).

The livable communities' staff offers expertise in urban and regional planning, transportation, housing, and land use. The LTSS staff addresses issues including home and community-based services and supports, family caregiving, LTSS financing and reform, residential options, disability trends, and system analysis at state, national, and international levels.

The team focuses on dialogue with thought leaders and research to foster sound, creative solutions to the meet the challenges of an aging society. The team's work examines critical public policy issues that affect the ability of people to successfully age in their homes and communities, regardless of their level of ability. This is accomplished by developing policy options that enhance the livability of communities through affordable and accessible housing, mobility options, and person- and family-centered services and supports that maximize independence, choice, and control for older adults and people with disabilities.

We primarily seek to inform state and national policymakers, opinion leaders, researchers, program planners, and administrators. The team also supports the efforts of AARP's advocacy staff through the analysis of legislation and regulations, and the development of policy options and alternatives.

### Selected Publications

- Aging in Place: A State Survey of Livability Policies and Practices Across the States 2012
- At the Crossroads: Providing Long-Term Services and Supports at a time of High Demands and Fiscal Constraint
- Consumer Choices and Continuity of Care in Managed Long-Term Services and Supports: Emerging Practices and Lessons
- Home Alone: Family Caregivers Providing Complex Chronic Care
- Housing for Older Adults: The Impacts of the Recession
- Impact of Baby Boomers on U.S. Travel, 1969 to 2009
- Keeping up with the Times: Supporting Family Caregivers with Workplace Leave Policies
- Loss of Housing Affordability Threatens Financial Stability for Older Middle-Class Adults
- Medicaid: A Program of Last Resort for People Who Need Long-Term Services and Support
- Raising Expectations: A State Scorecard on Long-Term Services and Supports for Older Adults, People with Physical Disabilities, and Family Caregivers
- State Housing Profiles: Housing Conditions and Affordability for the Older Population 2011

- State Studies Find Home and Community-Based Services to be Cost Effective
- Strategies to Meet the Housing Needs of Older Adults
- The Aging of the Baby Boom and the Growing Care Gap
- Two Thirds of State Integrating Medicare and Medicaid Services for Dual Eligibles
- Valuing the Invaluable: 2011 Update The Growing Contributions and Costs of Family Caregiving
- Weaving It Together: A Tapestry of Transportation Funding for Older Adults

#### Selected Forthcoming Publication

- Is this a good place to live? Measuring Community Quality of Life for All Ages
- What is Livable? Community Preferences of Older Adults

#### Staff

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**Enid Kassner, MSW, Director, Independent Living/Long-Term Services and Supports, (202) 434-3863 or ekassner@aarp.org** – directs the activities of the team. Her background includes public policy research and analysis on Medicaid, home and community-based services, and private LTSS insurance.

**Rita Choula, Project Manager, (202) 434-3843 or RChoula@aarp.org** – specializes in family caregiving issues, including managing and developing programs that bridge policy and practice. These programs focus on multicultural families and training healthcare/social service professionals to better support family caregivers. She serves as a content expert on both internal and external caregiving initiatives.

**Janett Gasaway, Administrative Associate, (202) 434-3890 or jgasaway@aarp.org** – fulfills requests for PPI publications and manages administrative responsibilities of the Health and Independent Living/LTSS teams.

**Lynn Feinberg, MSW, Senior Strategic Policy Advisor, (202) 434-3872 or lfeinberg@aarp.org** – focuses on family caregiving and LTSS, including dementia care, home care quality, workforce issues, care management, and acute/LTSS integration. Her expertise includes policy and applied research on family care issues, and developing and replicating caregiver support programs.

**Wendy Fox-Grage, MSG, MPA, Senior Strategic Policy Advisor, (202) 434-3867 or wfgrage@aarp.org** – focuses on state LTSS issues, including Medicaid balancing, managed care, single points of entry, and global budgeting. Her expertise includes legislative, budgetary, and programmatic analysis.

**Shannon Guzman, LEED Green Associate, Policy Research Senior Analyst,** (202) 434-3868 or [sguzman@aarp.org](mailto:sguzman@aarp.org) provides research and policy support to the Independent Living and LTSS team.

**Rodney Harrell, PhD, Senior Strategic Policy Advisor,** (202) 434-3866 or [rharrell@aarp.org](mailto:rharrell@aarp.org) – focuses on housing affordability and accessibility to create greater housing choice for older adults. His background combines planning and public policy, specializing in community development and revitalization.

**Ari Houser, MA, Quantitative Methods Advisor,** (202) 434-3861 or [ahouser@aarp.org](mailto:ahouser@aarp.org) – specializes in data analysis, including LTSS costs and utilization, demographics, and survey data. He is working on a PhD in applied statistics.

**Jana Lynott, AICP, Senior Strategic Policy Advisor,** (202) 434-3893 or [jlynott@aarp.org](mailto:jlynott@aarp.org) – focuses on the linkage between land use and the mobility of older adults, transit-oriented development, street design for all users, transit service, older driver safety, and transportation finance. As a land use and transportation planner, she brings practical expertise to research.

**Donald Redfoot, PhD, Senior Strategic Policy Advisor,** (406) 652-7155 or [dredfoot@aarp.org](mailto:dredfoot@aarp.org) – conducts research on domestic and international issues in the areas of LTSS financing and reform, assisted living, and reverse mortgages. He also specializes in analyzing demographic trends in aging and disability.

**Kathleen Ujvari, MBA, MHSM, Policy Research Senior Analyst,** (202) 434-3893 or [kujvari@aarp.org](mailto:kujvari@aarp.org) provides research and policy support to the Independent Living /LTSS team.

AARP's Public Policy Institute informs and stimulates public debate on the issues we face as we age. Through research, analysis, and dialogue with the nation's leading experts, PPI promotes development of sound, creative policies to address our common need for economic security, health care, and quality of life.