Livable Communities Vision
Livable Communities &
Universal Design
1961 White House Council on Aging
CREATING
COMMUNITIES FOR ALL AGES
AARP.org/Livable
Social Media

GREAT PLACES
What makes a community a Great Place? Here you will find innovative ideas from people across the country who are making homes, neighborhoods, cities, towns and even states Great Places to live.

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POSTS

Walking Shapes Our Bodies and Our Lives
Posted on 07/2/2013 by Great Places Blog Team | AARP's Livable Communities | Comments

GREAT PLACES | PERSONAL HEALTH | PUBLIC POLICY INSTITUTE
Our built and natural environments play a vital role in our physical, social, psychological, spiritual and emotional health. So, it's important to find a neighborhood that's well designed, connected, and to protect the green space that runs through it. Walkability lies at the heart of this picture. It builds social ties and cohesion; it strengthens our legs, lungs, hearts and minds, which in turn helps prevent or fight heart disease, diabetes, dementia and other serious health problems. As walking becomes ...
Partnerships
Advocacy and Policy
State Office Initiatives
AARP’s Network of Age Friendly Communities

Social Environment

- Respect and social inclusion
- Social Participation
- Community support and health services
- Communication and Information
- Civic participation and employment
- Civic participation and employment
- Housing
- Built Environment

Transport

Outdoor spaces & buildings
Active Living Workshops
Home Fit Workshops
Complete Streets

AARP’s Network of Age Friendly Communities

Universal Design

AARP Livable Communities Digital Tool

AARP State office programs
Thank you!