Mississippi family caregivers now have more support.

The CARE Act.

More than 500,000 Mississippians care for older parents, spouses or other loved ones, helping them to live independently in their own homes. These family caregivers have a huge responsibility, and fortunately there’s a new state law to help make life a little bit easier for them.

The Caregiver Act helps family caregivers when their loved ones go into the hospital and as they transition home. The Caregiver Act requires hospitals to:

- Provide your loved one the opportunity to designate a family caregiver.
- Notify you when your loved one is to be discharged or transferred.
- Discuss your loved one’s discharge plan with you.
- Provide an opportunity for you and your loved one to ask questions about aftercare medical and nursing tasks.

AARP Mississippi fought for the Caregiver Act because supporting caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you’ll have important information about this new law available when you need it most.

For more information about caregiving resources, visit aarp.org/ms or aarp.org/caregiving. To share your caregiving story, visit aarp.org/iheartcaregivers.

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