



Family caregivers in New Jersey

now have more support.

The CARE Act.

Nearly 1.1 million New Jersey residents care for older parents, spouses or other loved ones, helping them to live independently in their own homes. These family caregivers have a huge responsibility, and fortunately there’s a new state law to help make life a little bit easier for them. The CARE (Caregiver Advise, Record, Enable) Act helps family caregivers when their loved ones go into the hospital and as they transition home. The CARE Act requires New Jersey hospitals to offer to:

- ♥ Provide you the opportunity to designate a family caregiver;
- ♥ Notify your caregiver before you are discharged to another facility or back home; and
- ♥ Provide explanation and demonstration of any medical tasks your caregiver will need to perform at home.

AARP New Jersey fought for the CARE Act because supporting caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you’ll have important information about this new law available when you need it most.

For more information about caregiving resources, visit aarp.org/caregiving or aarp.org/nj.

To share your caregiving story, visit aarp.org/iheartcaregivers.



KEEP THIS CARD IN YOUR WALLET

WHEN YOUR LOVED ONE ENTERS THE HOSPITAL

Flip this card for information about
The CARE Act



FOLD

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NAME OF CAREGIVER: _____