



# Family caregivers in Washington State now have more support.

## The CARE Act.

More than 800,000 Washingtonians care for older parents, spouses or other loved ones, helping them to live independently in their own homes. These family caregivers have a huge responsibility, and on June 9, 2016, a new law took effect that will make life a little bit easier for them.

The CARE (Caregiver Advise, Record, Enable) Act, or Senate Bill 6327, helps lay family caregivers when their loved ones go into the hospital and as they transition home. The CARE Act requires hospitals to:

- ♥ Provide your loved one the opportunity to designate a lay family caregiver
- ♥ Inform you when your loved one is to be discharged to another facility or back home
- ♥ Provide instruction or training on the aftercare tasks you will need to perform at home

**AARP Washington fought for the CARE Act because supporting caregivers is a top priority for all of us.** We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.

**For more information about caregiving resources, visit the Community Living Connections ([www.washingtoncommunitylivingconnections.org](http://www.washingtoncommunitylivingconnections.org)) or call AARP's Caregiver Resource Center at 877-333-5885.**

**To share your caregiving story, visit [aarp.org/iheartcaregivers](http://aarp.org/iheartcaregivers).**

KEEP THIS CARD IN YOUR WALLET

### WHEN YOUR LOVED ONE ENTERS THE HOSPITAL

Flip this card for information about **The Caregiver Advise, Record, Enable (CARE) Act**



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