



Help for

Utah family caregivers is here.

The Patient Designated Caregiver Rule

Over 336,000 Utahns care for older parents or other loved ones, helping them to live independently in their own homes. These family caregivers have a huge responsibility, and now there's a new law that will make life a little bit easier for them. The law—called the Patient Designated Caregiver Rule—requires hospitals to record the name of the patient's designated family caregiver upon admission and keep that caregiver informed of their loved one's discharge plans. It also makes sure that family caregivers have the instructions they need to safely care for their loved ones when they come home from the hospital.

AARP Utah fought for the Patient Designated Caregiver Rule because supporting family caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.

For more information about caregiving resources, visit aarp.org/ut or aarp.org/caregiving. To share your caregiving story, visit aarp.org/iheartcaregivers.



KEEP THIS CARD IN YOUR WALLET

WHEN YOUR LOVED ONE ENTERS THE HOSPITAL

Flip this card for information about

Patient Designated Caregiver Rule



The Patient Designated Caregiver rule requires hospitals to:

- ♥ Provide your loved one the opportunity to designate a family caregiver.
- ♥ Inform you when your loved one is to be discharged to another facility or back home and provide you with a written discharge plan.
- ♥ Give you an opportunity for instruction and a demonstration of the medical tasks required when your loved one returns home.

FOLD

For more information, visit aarp.org/ut.