



Help is here

for family caregivers.

The California Hospital and Family Caregiver Law.

More than 4.4 million Californians are caring for an older parent, spouse or other loved one, helping them to live independently in their own home. These family caregivers have a huge responsibility, and now a new law will make life a little bit easier for them.

The California Hospital and Family Caregiver Law helps family caregivers when their loved ones go into the hospital and as they transition home. The law requires hospitals to:

- ♥ Provide patients the opportunity to designate a family caregiver when admitted.
- ♥ Keep that caregiver informed of their loved one's discharge plans.
- ♥ Provide education and instruction, when appropriate, of aftercare tasks—such as medication management, injections, wound care, and transfers—that the family caregiver will perform at home.

AARP California fought for the California Hospital and Family Caregiver Law because supporting caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.

For more information about caregiving resources, visit aarp.org/ca or aarp.org/caregiving.
To share your caregiving story, **visit aarp.org/iheartcaregivers.**



KEEP THIS CARD IN YOUR WALLET

WHEN YOUR LOVED ONE ENTERS THE HOSPITAL

Flip this card for information about
**The California Hospital and
Family Caregiver Act**

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CaregiversSM

AARP Real Possibilities
California

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The California Hospital and Family Caregiver Law requires hospitals to:

- ♥ Provide your loved one the opportunity to designate a family caregiver when admitted.
- ♥ Keep that caregiver informed of their loved one's discharge plans.
- ♥ Provide education and instruction, when appropriate, of aftercare tasks that the family caregiver will perform at home.

For more information, talk to the Primary Nurse in charge of your discharge.