



Help is here for family caregivers in West Virginia.

In communities across the Mountain State, nearly 300,000 West Virginians care for older parents, spouses or other loved ones, helping them to live independently in their own homes. These family caregivers have a huge responsibility, and state leaders have adopted a commonsense solution that makes life a little bit easier for them.

Enacted by the West Virginia Legislature in 2015, the CARE (Caregiver Advise, Record, Enable) Act helps family caregivers when their loved ones go into the hospital and as they transition home. The CARE Act requires upon hospital admission that West Virginia hospitals:

- ♥ Record the name of family caregivers on the medical record of a loved one;
- ♥ Inform a family caregiver when their loved one is to be discharged; and
- ♥ Provide caregivers education and instruction of medical tasks that need to be performed at home — such as medication management, injections, wound care, and transfers.

AARP West Virginia fought for the CARE Act because supporting caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.

For more information about caregiving resources visit aarp.org/caregiving or aarp.org/wv.

To share your caregiving story visit aarp.org/iheartcaregivers.

KEEP THIS CARD IN YOUR WALLET

WHEN YOUR LOVED ONE ENTERS THE HOSPITAL

Flip this card for information about **The CARE (Caregiver Advise, Record, Enable) Act**

I ♥ CaregiversSM

AARP Real Possibilities
West Virginia

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