



Nevada family caregivers now have more support.

The CARE Act.

Hundreds of thousands of Nevadans care for older parents, spouses or other loved ones, helping them to live independently in their own homes. These family caregivers have a huge responsibility, and now a new law will make life a little bit easier for them. The CARE Act helps family caregivers when their loved ones go into the hospital and as they transition home. The CARE Act requires hospitals to:

- ♥ Provide you the opportunity to designate a family caregiver;
- ♥ Inform your caregiver when you are to be discharged to another facility or back home; and
- ♥ Provide explanation and demonstration of any medical tasks your caregiver will need to perform at home.

AARP Nevada fought for the CARE Act because supporting caregivers is a top priority for all of us. **We hope you will have a family discussion about who you would designate as your caregiver—it could be a family member or a close friend. Then you can cut out the CARE Act card below, and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.**

For more information about caregiving resources visit aarp.org/nv.
To share your caregiving story visit aarp.org/iheartcaregivers.



KEEP THIS CARD IN YOUR WALLET

WHEN YOUR LOVED ONE ENTERS THE HOSPITAL

Flip this card for information about

The CARE Act



FOLD

The CARE Act requires hospitals to:

- ♥ Provide you the opportunity to designate a family caregiver;
- ♥ Inform your caregiver when you are to be discharged to another facility or back home; and
- ♥ Provide explanation and demonstration of any medical tasks your caregiver will need to perform at home.

NAME OF CAREGIVER: _____