



Family caregivers in Minnesota now have more support.

The CARE Act.

Nearly 600,000 Minnesotans care for older parents, spouses or other loved ones, helping them to live independently in their own homes. These family caregivers have a huge responsibility, and on January 1, 2017, a new law took effect that will make life a little bit easier for them.

The CARE (Caregiver Advise, Record, Enable) Act helps family caregivers when their loved ones go into the hospital and as they transition home. The CARE Act requires hospitals to:

- ♥ Provide your loved one the opportunity to designate a family caregiver in the medical record.
- ♥ Notify the family caregiver when your loved one is to be discharged to another facility or back home.
- ♥ Give description and instruction of the medical tasks that the family caregiver you will need to perform at home.

AARP Minnesota fought for the CARE Act because supporting caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.

**For more information about caregiving resources, visit aarp.org/mn or aarp.org/caregiving.
To share your caregiving story, visit aarp.org/iheartcaregivers.**

KEEP THIS CARD IN YOUR WALLET

WHEN YOUR LOVED ONE IS ADMITTED INTO THE HOSPITAL

Flip this card for information about

The Caregiver Advise, Record, Enable (CARE) Act

I ♥
Caregivers™

AARP Real
Possibilities
Minnesota

The CARE Act requires hospitals to:

- ♥ Provide your loved one the opportunity to designate a family caregiver in the medical record.
- ♥ Notify the family caregiver when your loved one is to be discharged to another facility or back home.
- ♥ Give description and instruction of the medical tasks that the family caregiver you will need to perform at home.

For more information about caregiving resources, visit
aarp.org/mn or aarp.org/caregiving.

FOLD