



AARP WISCONSIN CAREGIVING RESOURCE GUIDE



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Providing care to a family member or friend can be a positive and rewarding experience. However, the physical, emotional and financial demands can sometimes be overwhelming and stressful.

This guide has information about resources and programs to help you as you care for those who need assistance.



AARP Caregiving Resources

To find the following resources and more visit the AARP Caregiving Resource Center at:

Website: aarp.org/caregiving

Phone: 1-877-333-5885 (1-888-971-2013 in Spanish)

Monday-Friday: 6:00 a.m.-10:00 p.m. CT

Saturday 8:00 a.m.-4:00 p.m. CT



I Heart Caregivers Program

Help AARP in the fight for caregivers and their loved ones. Read stories from people across the country, share your own story, and sign up for the latest news.

aarp.org/iheartcaregivers



Next Step in Care

Get free caregiver guides and checklists on a variety of topics, including transitioning between care settings. The Next Step in Care campaign is provided by the United Hospital Fund a 501(c)(3) organization.*

www.nextstepincare.org



Juggling Work and Caregiving

Get the free download of the book by AARP caregiving expert Amy Goyer.

aarp.org/CaregivingBook



Care Provider Locator

Search for home health, assisted living, nursing home, hospice and adult day care options near you.

<http://bit.ly/1yEFAdi>



Long-Term Care Calculator

Calculate cost for long-term care by location, type and length of stay.

<http://bit.ly/1wEO4At>



AARP Benefits QuickLINK

Find public benefits that can help you pay for food, medicine, health care, utilities and more by using AARP Foundation's Benefits Quick-LINK tools.

aarp.org/quicklink

STATE CAREGIVING RESOURCES

Wisconsin's Family Caregiver Support Programs*

Provides links to many caregiving websites, support groups and valuable community resources.

www.wisconsin caregiver.org

Phone: 1-866-843-9810

Family Caregiver Call-In Support Group

Free monthly telephone support group that features guest speakers, opportunities to connect with other caregivers and community resources.

FREE—Sponsored by AARP

Register by calling:

1-877-416-7083

Wisconsin Aging and Disability Resource Centers*

Provides information about local services and resources, benefits counseling, long-term care options, local caregiving support groups and more.

www.dhs.wisconsin.gov/ltcare/adrc/index.htm

Phone: 1-888-701-1251

Wisconsin Benefit Specialist Program*

Free benefits counseling available to Wisconsin residents age 60 and older, regardless of income. You can find a benefit specialist at your local Aging and Disability Resource Center, aging office or tribal agency.

www.dhs.wisconsin.gov/benefit-specialists/index.htm

Greater Wisconsin Agency on Aging Resources (GWAAR)*

Provides help to family members, neighbors, and friends who care for those age 60 and older, or those with Alzheimer's disease and related disorders, regardless of age.

www.gwaar.org

Phone: 608-243-5670

Alzheimer's Family Caregiver Support Program (AFCSP)*

Government program that provides financial support to purchase goods and services related to the care of someone with Alzheimer's disease or a related disorder.

www.dhs.wisconsin.gov/dementia/alzfcgsp.htm

Support groups for caregivers dealing with Alzheimer's and related dementia:

Alzheimer's Association*

Find your local chapter and support group by calling 1-800-272-3900 or visiting the following websites:

Greater Wisconsin Chapter

www.alz.org/gwwi

Southeastern Chapter

www.alz.org/sewi

South Central Chapter

www.alz.org/scwisc

Alzheimer's & Dementia Alliance of Wisconsin*

www.alzwisc.org

Phone: 1-888-308-6251

**This is not an AARP resource. Any information you provide to the host organization shall be governed by its privacy policy.*



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AARP Real Possibilities in
Wisconsin

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