Maj. Gen. Tony Taguba Calls Attention to Family Caregiving During Filipino History Month

SAN FRANCISCO, October 9, 2015 – AARP was proud to sponsor the Filipino American History Month Celebration last Sunday at the Asian Art Museum in San Francisco for the second consecutive year. More than 2,800 attendees celebrated the Bay Area's vibrant Filipino American community. AARP Community Ambassador (Ret.) Major General Tony Taguba was the keynote speaker at the opening ceremony and called attention to the challenges of family caregiving.

After his elderly parents became ill, Gen. Taguba and his siblings were ill-prepared to care for them. Faced with tough decisions about their declining health and dwindling finances, they managed to care for them the best they could. To help others, Gen. Taguba became an AARP Community Ambassador to advocate for caregivers and their families.

“It’s a topic we don't openly discuss, but family caregiving is a national public health issue that affects 44 million households in the country,” said Gen. Taguba. “Families must have the difficult, but necessary conversation about the needs of family members and start planning how to cope with day-to-day decisions required to care for loved ones.”

Visit aarp.org/caregiving to find resources, connect with experts and other caregivers, and get more information.
AARP Community Ambassador (Ret.) Maj. Gen. Tony Taguba addresses the audience at the opening ceremony of the Filipino American History Month Celebration at the Asian Art Museum on October 4 in San Francisco. Photo credit: Jon Rendell

ABOUT AARP
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tips, news and educational information, AARP produces AARP The Magazine, the world's largest circulation magazine; AARP Bulletin; www.aarp.org; AARP TV & Radio; AARP Books; and AARP en Español, a Spanish-language website addressing the interests and needs of Hispanics. AARP does not endorse candidates for public office or make contributions to political campaigns or candidates. The AARP Foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need with support from thousands of volunteers, donors, and sponsors. AARP has staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Learn more at www.aarp.org.