AARP will host its Life@50+ National Event & Expo on May 14-16 at the Miami Beach Convention Center. The unique three-day event will feature innovative exhibits, entertainment, and wide-ranging information sessions along five tracks: Health and Wellness, Money and Work, Technology and Innovation, Travel and Lifestyle, and Arts and Culture.

As one of the world’s largest member organizations with nearly 38 million members, AARP is the leading organization for people age 50 and older. Life@50+ provides attendees opportunities to interact and learn from lifestyle, health, travel and financial experts.

EVENT HIGHLIGHTS:

- Visit the AARP Multicultural Markets and Engagement booth in the Exhibit Hall for fun activities, guest speakers, celebrity selfies, and prizes. Learn more about how AARP can help Asian American and Pacific Islander families get more out of life.

- The AARP TEK booth in the Exhibit Hall offers free hands-on training on how to use tablets or smartphones. The workshops cover touchscreen basics, texting, taking and sharing photos, downloading apps and more.

- See films at AARP’s Movies For Grownups Film Festival, including “I’ll See You in My Dreams” starring Blythe Danner and Sam Elliott, “Mr. Holmes” starring Ian McKellen and “Love & Mercy” starring John Cusack and Elizabeth Banks, PBS special “Caring for Mom and Dad,” and “5 Flights Up” starring Morgan Freeman and Diane Keaton.

- On Friday, May 15 at 3:30pm, theoretical physicist Michio Kaku, Ph.D. will describe stunning breakthroughs that are beginning to unravel the mysteries of the human brain from his latest best-selling book, “The Future of the Mind.”

- Also on Friday at 7:30pm, the five finalists of the AARP Superstar 2015 singing contest will compete in front of a live audience. Hosted by the legendary Arsenio Hall, join our panel of celebrity judges Chaka Khan, Kenny Loggins, Emilio Estefan and Tena Clark in deciding who takes home the $5,000 grand prize!

WHERE: Miami Beach Convention Center
1901 Convention Center Drive, Miami Beach, FL 33139

FREE PRESS REGISTRATION: http://www.aarp.org/about-aarp/events/national_event/press-registration/
ABOUT AARP

AARP is a nonprofit, nonpartisan organization, with a membership of nearly 38 million, that helps people turn their goals and dreams into real possibilities, strengthens communities and fights for the issues that matter most to families such as healthcare, employment and income security, retirement planning, affordable utilities and protection from financial abuse. We advocate for individuals in the marketplace by selecting products and services of high quality and value to carry the AARP name as well as help our members obtain discounts on a wide range of products, travel, and services. A trusted source for lifestyle tips, news and educational information, AARP produces AARP The Magazine, the world's largest circulation magazine; AARP Bulletin; www.aarp.org; AARP TV & Radio; AARP Books; and AARP en Español, a Spanish-language website addressing the interests and needs of Hispanics. AARP does not endorse candidates for public office or make contributions to political campaigns or candidates. The AARP Foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need with support from thousands of volunteers, donors, and sponsors. AARP has staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Learn more at www.aarp.org.

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