AAPIs face different health challenges compared to other Americans. AAPIs are the fastest-growing racial group in the U.S., but more reliable, current data is needed to better understand their health needs.

### Health Insurance Coverage Varies by AAPI Ethnic Group

<table>
<thead>
<tr>
<th>Ethnic Group</th>
<th>Medicare Only</th>
<th>Medicare and Medicaid</th>
<th>Private</th>
</tr>
</thead>
<tbody>
<tr>
<td>Filipino</td>
<td>96%</td>
<td>86%</td>
<td>90%</td>
</tr>
<tr>
<td>Japanese</td>
<td>96%</td>
<td>86%</td>
<td>90%</td>
</tr>
<tr>
<td>Korean</td>
<td>91%</td>
<td>84%</td>
<td>86%</td>
</tr>
<tr>
<td>Asian Indian</td>
<td>75%</td>
<td>84%</td>
<td>86%</td>
</tr>
<tr>
<td>Chinese</td>
<td>75%</td>
<td>84%</td>
<td>86%</td>
</tr>
</tbody>
</table>

There is wide disparity among AAPI groups in regard to insurance coverage. Filipino Americans are the closest to the general population in coverage, while Korean Americans have the most need for health insurance. Japanese Americans exceed the general population of the same age in insurance coverage.

### How AAPIs 65+ are Insured

<table>
<thead>
<tr>
<th>Coverage Type</th>
<th>AAPIs 65+</th>
<th>Total 65+</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicare Only</td>
<td>38%</td>
<td>33%</td>
</tr>
<tr>
<td>Medicare and Medicaid</td>
<td>7%</td>
<td>17%</td>
</tr>
<tr>
<td>Private had insurance</td>
<td>90%</td>
<td>52%</td>
</tr>
</tbody>
</table>

Among 50-64: 20% of AAPIs have no health insurance vs. 15% in U.S. total age 50-64.

### High Costs Hinders Insurance Coverage

The most common reason for lack of health insurance is cost. Due to limited resources, AAPIs aged 65+ are more likely to be uninsured and to rely on public insurance.

- 14% of AAPIs age 50+ do not have health insurance - compared to 9% of the total U.S. 50+ population.
- 20% of AAPIs age 50-64 are uninsured - compared to 15% of the total U.S. population
- 6% of age 65 and older AAPIs are uninsured versus 1% of total U.S. 65+; only 33% of AAPIs 65+ have private insurance versus 52% of total U.S. 65+

Most Commonly Reported Health Problems

- Cancer
- Cardiovascular disease
- Diabetes
- Hypertension
- Stroke
- Vascular dementia
- Alzheimer’s disease
- Asthma
- Coronary heart disease
- Depression
- Hepatitis B
- High cholesterol
- Obesity
- Osteoporosis

Sources:

Contact: Xenia Montenegro, AARP Research, xmontenegro@aarp.org