Spot a Stroke FAST
May Is Stroke Awareness Month

FACE DROOPING
Does one side of the face droop or is it numb? Ask the person to smile. Is the person’s smile uneven or lopsided?

ARM WEAKNESS
Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?

SPEECH DIFFICULTY
Is speech slurred? Is the person unable to speak or hard to understand? Ask the person to repeat a simple sentence, like “The sky is blue.” Is the person able to correctly repeat the words?

TIME TO CALL 911
If someone shows any of these symptoms, even if the symptoms go away, call 911 and say, “I think this is a stroke” to help get the person to the hospital immediately. Time is important!

Memorial Neuroscience Institute
MHS.net/Stroke