WHERE WE HAVE BEEN & WHERE WE ARE GOING 2016–2019
AARP Milestones in Brain Health

June 2016
Global Collaborations
AARP conducts Warwick/Edinburgh Mental Well-Being survey in the US.

July 2016
Surveys and Reports
GCBH issues “The Brain-Body Connection: Physical Activity and Brain Health” report and AARP survey.

Sept. 2016
Advocacy
GCBH participates in American Association for the Advancement of Science (AAAS) Capitol Hill event on brain health.

Consumer Benefits
AARP launches Staying Sharp digital platform which promotes holistic brain health activities, recipes and games.

Advocacy
AARP Foundation Litigation sues nursing facility for inappropriate use of anti-psychotic drugs on patient with dementia.

Jan. 2017
Surveys and Reports
GCBH issues “The Brain-Sleep Connection: Sleep and Brain Health” report and AARP survey.

Feb. 2017
Surveys and Reports

May 2017
Policy Education
AARP and Women’s Against Alzheimer’s host Voices of Action: Addressing Economic Disparities of Dementia for Women.

June 2017
Policy Education
GCBH presents at SLEEP conference to medical practitioners and sleep health specialists.

July 2017
Consumer Benefits
AARP pilots brain health community conversation at AARP Virginia state office.

Surveys and Reports

Global Collaborations
AARP host interactive salon event at World Congress of Gerontology and Geriatrics (IAGG).

Aug. 2017
Global Collaborations
GCBH partners with Instituto de Neurològica Cognitiva (INECO) to translate reports to Spanish.

Sept. 2017
Consumer Benefits
AARP presents on consumer insights gather from Staying Sharp and GCBH at Brain Futures Summit.

Policy Education
AARP presents at Centers for Disease Control and Prevention (CDC) Grand Round on healthy aging and cognitive health.

Sept. 2017 cont.
Surveys and Reports
AARP PPI releases report “From Research to Standard Practice: Advancing Proven Programs to Support Family Caregivers of Persons Living with Dementia.”

Oct. 2017
Forums and Events
AARP serves on steering committee for NIH Research Summit on Dementia Care, Services, and Supports for Persons with Dementia and Their Caregivers.

Jan. 2018
Surveys and Reports
GCBH issues “Brain Food: Nourishing Your Brain Health” report and AARP survey.

Global Collaborations
GCBH staff from AARP and Age UK publish article on bridging the gap between science and the public in AARP International’s The Journal.

Apr. 2018
Surveys and Reports
AARP PPI report highlights how antipsychotic drugs are misused to sedate persons with dementia in the community and in assisted living homes.

Policy Education
ARP Foundation hosted a Symposium about the dangerous use of antipsychotic drugs with nursing facility residents who have dementia.

May 2018
Policy Education
AARP presents plenary at Cognitive Aging Conference on translating science for the public.

June 2018
Forums and Events
AARP partners with American Society of Anesthesiologists hosting Perioperative Brain Health Initiative Summit: Innovations to Promote Brain Health Before, During and After Surgery.

Aug. 2018
Global Collaborations
GCBH to host healthy aging workshop at International Federation on Ageing meeting.

Fall 2018
Surveys and Reports
GCBH to release new report and AARP survey on brain health and mental wellbeing.

Consumer Benefits
Medical advisory panel to be established for Staying Sharp.

Winter 2019
Surveys and Reports
GCBH to release new report and AARP survey on brain health and supplements.