Family caregivers in North Dakota now have more support.

More than 62,000 North Dakotans care for older parents, spouses or other loved ones, helping them to live independently at home. These family caregivers have a huge responsibility, and on August 1, 2019, a new law will make life a little bit easier for them.

The CARE (Caregiver Advise, Record, Enable) Act helps family caregivers when their loved ones go into the hospital and as they transition home. It ensures hospitals:

- Identify and involve the patient’s family caregiver throughout the hospital stay.
- Keep that caregiver informed of their loved one’s discharge plans.
- Provide education and instruction of aftercare tasks—such as medication management, injections, and wound care—that the family caregiver will perform at home.

AARP North Dakota went to work at the Capitol to make the CARE Act a reality, because supporting caregivers is a top priority for all of us. We hope you will tear out the cards below, and place them in your and your loved ones’ wallets—next to your insurance cards. That way, you’ll both have important information about this new law available when you need it most.

For more information about caregiving resources, visit aarp.org/caregiving or aarp.org/nd.
To share your caregiving story, visit aarp.org/iheartcaregivers.
The CARE Act ensures hospitals:

1. Record your name on the medical record of your loved one.
2. Inform you when your loved one is to be discharged to their home.
3. Give you education and instruction of aftercare tasks you will need to perform at home.

For more information and caregiving resources, visit aarp.org/nd or aarp.org/caregiving.