Family caregivers in Missouri now have more support.

The CARE Act.

Nearly 800,000 Missourians care for older parents, spouses or other loved ones, helping them to live independently at home. These family caregivers have a huge responsibility, and on August 28, 2018, a new law took effect that will make life a little bit easier for them.

The CARE (Caregiver Advise, Record, Enable) Act helps family caregivers when their loved ones go into the hospital and as they transition home. The CARE Act requires hospitals to:

- **Designate:** The family caregiver’s name is recorded when a loved one is admitted to a hospital.
- **Inform:** The family caregiver is notified if the loved one is to be discharged to another facility or back home.
- **Instruct:** At discharge, the family caregiver is provided with instructions of the medical and nursing tasks—like wound care or injections—that they must perform for their loved one at home.

AARP Missouri fought for the CARE Act because supporting caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you’ll have important information about this new law available when you need it most.

For more information about caregiving resources, visit aarp.org/caregiving.

To share your caregiving story, visit aarp.org/iheartcaregivers.

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**KEEP THIS CARD IN YOUR WALLET**

**WHEN YOUR LOVED ONE ENTERS THE HOSPITAL**

Flip this card for information about The CARE Act.

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