More than 66,000 Wyomingites care for older parents, spouses or other loved ones, helping them to live independently at home. These family caregivers have a huge responsibility, and on July 1, 2016, a new law took effect that will make life a little bit easier for them.

The Wyoming Caregiver Act helps family caregivers when their loved ones go into the hospital and as they transition home. The Wyoming Caregiver Act requires hospitals to:

♥ Provide your loved one the opportunity to designate a family caregiver;
♥ Inform you when your loved one is to be discharged to another facility or back home; and
♥ Give you an explanation and in-person instruction of the medical tasks you will need to perform at home.

AARP Wyoming worked to pass the Wyoming Caregiver Act because supporting caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you’ll have important information about this new law available when you need it most.

For more information about caregiving resources, visit aarp.org/wy or aarp.org/caregiving.
To share your caregiving story, visit aarp.org/iheartcaregivers.