Help is here for family caregivers in New Hampshire.

More than 170,000 Granite Staters care for older parents, spouses or other loved ones, helping them to live independently at home. These family caregivers have a huge responsibility and now a new law will help make life a little bit easier for them.

The CARE (Caregiver Advise, Record, Enable) Act makes sure caregivers are recognized when their loved ones go into the hospital and as they transition home. It requires hospitals to:

- Provide your loved one the opportunity to designate a family caregiver.
- Notify you before your loved one is discharged back home or to another facility; and
- Give you instruction or training of the medical tasks you will need to perform at home.

AARP New Hampshire fought for the CARE Act because supporting caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you’ll have important information about this new law available when you need it most.

For more information, contact ServiceLink at 1-866-634-9412.