



Nebraska family caregivers

now have more support.

The Assisting Caregiver Transitions Act.

About 200,000 Nebraskans care for older parents, spouses or other loved ones, helping them to live independently at home. These family caregivers have a huge responsibility, and a new law is now in place that will make life a little bit easier for them.

The Assisting Caregiver Transitions (ACT) Act helps family caregivers when their loved ones go into the hospital and as they transition home. Under ACT, Nebraska hospitals will:

- ♥ Allow patients to designate a family caregiver;
- ♥ Notify the family caregiver when the patient is going to be discharged to another facility or back home; and
- ♥ Give explanation and live instruction of the medical tasks – such as medication management, injections, wound care, and transfers – that the family caregiver will perform at home.

AARP Nebraska fought for the Assisting Caregiver Transitions Act because supporting caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.

For more information about caregiving resources, visit aarp.org/ne or aarp.org/caregiving.

To share your caregiving story, visit aarp.org/iheartcaregivers.

KEEP THIS CARD IN YOUR WALLET

WHEN YOUR LOVED ONE ENTERS THE HOSPITAL

Flip this card for information about the

Assisting Caregiver Transitions Act

**I ♥
Caregivers**SM

AARP[®] Real
Possibilities
Nebraska

The Assisting Caregiver Transitions Act requires hospitals to:

- ♥ Provide your loved one the opportunity to designate a family caregiver.
- ♥ Inform you when your loved one is to be discharged to another facility or back home.
- ♥ Give you explanation and live instruction of the medical tasks that the family caregiver will perform at home.

For more information, email nearp@aarp.org.