



# Michigan family caregivers now have more support.

## The CARE Act.

About 1.3 million Michiganders care for older parents, spouses or other loved ones, helping them to live independently at home. These family caregivers have a huge responsibility, and on July 12, 2016, a new law took effect that will make life a little bit easier for them.

The CARE (Caregiver Advise, Record, Enable) Act helps family caregivers when their loved ones go into the hospital and as they transition home. Under the CARE Act, Michigan hospitals will:

- ♥ Allow patients to designate a family caregiver;
- ♥ Notify the family caregiver when the patient is going to be discharged to another facility or back home; and
- ♥ Give the family caregiver an opportunity for instruction and a demonstration of the medical tasks required when their loved one returns home.

**AARP Michigan fought for the CARE Act because supporting caregivers is a top priority for all of us.** We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.

**For more information about caregiving resources, visit [aarp.org/mi](http://aarp.org/mi) or [aarp.org/caregiving](http://aarp.org/caregiving). To share your caregiving story, visit [aarp.org/iheartcaregivers](http://aarp.org/iheartcaregivers).**

KEEP THIS CARD IN YOUR WALLET

### WHEN YOUR LOVED ONE ENTERS THE HOSPITAL

Flip this card for information about  
**The Caregiver Advise, Record,  
Enable (CARE) Act**

**I**♥  
**Caregivers**<sup>SM</sup>

**AARP** Real  
Possibilities  
Michigan

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