660,000 Louisianans care for older parents, spouses or other loved ones, helping them to live independently at home. These family caregivers have a huge responsibility, and on August 1, 2016, a new law took effect that will make life a little bit easier for them.

The Louisiana Family Caregiver Act helps family caregivers when their loved ones go into the hospital and as they transition home. Under the new Louisiana Family Caregiver Act, hospitals will:

- Provide your loved one the opportunity to designate a family caregiver.
- Notify you when your loved one is to be discharged back home.
- Give you explanation and instruction of the aftercare tasks you will need to perform at home.

AARP Louisiana fought for this new law because supporting caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you’ll have important information about this new law available when you need it most.

For more information about caregiving resources, visit aarp.org/la or aarp.org/caregiving.
To share your caregiving story, visit aarp.org/iheartcaregivers.