



# Illinois family caregivers now have more support.

## The CARE Act.

About 1.5 million Illinoisans care for older parents, spouses or other loved ones, helping them to live independently at home. These family caregivers have a huge responsibility, and on January 27, 2016, a new law took effect that will make life a little bit easier for them.

The CARE (Caregiver Advise, Record, Enable) Act helps family caregivers when their loved ones go into the hospital and as they transition home. Upon a patient's admission into a hospital, the CARE Act requires hospitals to:

- ♥ Provide your loved one the opportunity to designate a family caregiver.
- ♥ Inform you when your loved one is to be discharged to another facility or back home.
- ♥ Make an effort to give you instruction of the medical tasks you will need to perform at home.

**AARP Illinois fought for the CARE Act because supporting caregivers is a top priority for all of us.** We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.

**For more information about caregiving resources, visit [aarp.org/il](http://aarp.org/il) or [aarp.org/caregiving](http://aarp.org/caregiving).**

**To share your caregiving story, visit [aarp.org/iheartcaregivers](http://aarp.org/iheartcaregivers).**

KEEP THIS CARD IN YOUR WALLET

### WHEN YOUR LOVED ONE IS ADMITTED INTO THE HOSPITAL

Flip this card for information about

### The Caregiver Advise, Record, Enable (CARE) Act



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