



Family caregivers in the District of Columbia now have more support.

The CARE Act.

More than 75,000 D.C. residents care for older parents, spouses or other loved ones, helping them to live independently at home. These family caregivers have a huge responsibility, and in 2016 a new law took effect that will make life a little bit easier for them.

The CARE (Caregiver Advise, Record, Enable) Act helps family caregivers when their loved ones go into the hospital and as they transition home. The CARE Act requires hospitals in the District of Columbia to:

- ♥ Provide your loved one the opportunity to designate a caregiver.
- ♥ Notify you when your loved one is to be discharged back home.
- ♥ Instruct you on the medical tasks that you will need to perform at home—such as medication management, injections, wound care, and transfers.

AARP District of Columbia fought for the CARE Act because supporting caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.

For more information about caregiving resources, visit aarp.org/caregiving or aarp.org/dc.

To share your caregiving story, visit aarp.org/iheartcaregivers.

KEEP THIS CARD IN YOUR WALLET

WHEN YOUR LOVED ONE ENTERS THE HOSPITAL

Flip this card for information about
**The Caregiver Advise, Record,
Enable (CARE) Act**

I 
CaregiversSM

AARP Real Possibilities
District of Columbia

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