



Colorado family caregivers now have more support.

The CARE Act.

More than 584,000 Coloradoans care for older parents, spouses or other loved ones, helping them to live independently at home. These family caregivers have a huge responsibility, and fortunately there's a new state law to help make life a little bit easier for them.

The CARE (Caregiver Advise, Record, Enable) Act helps family caregivers when their loved ones go into the hospital and as they transition home. The CARE Act requires hospitals to:

- ♥ Provide your loved one the opportunity to designate a family caregiver.
- ♥ Inform you when your loved one is to be discharged to another facility or back home.
- ♥ Give you explanation and live instruction of the medical tasks you will need to perform at home.

AARP Colorado fought for the CARE Act because supporting caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.

For more information about caregiving resources, visit aarp.org/co or aarp.org/caregiving. To share your caregiving story, visit aarp.org/iheartcaregivers.

KEEP THIS CARD IN YOUR WALLET

WHEN YOUR LOVED ONE ENTERS THE HOSPITAL

Flip this card for information about
**The Caregiver Advise, Record,
Enable (CARE) Act**

I  **Caregivers**SM

AARP Real Possibilities
Colorado

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