



Family caregivers in

Arkansas now have more support.

# The Arkansas Lay Caregiver Act.

More than 450,000 Arkansans care for older parents, spouses or other loved ones, helping them to live independently at home. These family caregivers have a huge responsibility, and now a new law will help make life a little bit easier for them.

The Arkansas Lay Caregiver Act helps family caregivers when their loved ones go into the hospital and as they transition home. The law requires hospitals to:

- ♥ Provide your loved one the opportunity to designate a family caregiver.
- ♥ Notify you when your loved one is to be discharged back home.
- ♥ Instruct you on the medical tasks that you will need to perform at home such as medication management, injections and wound care.

**AARP Arkansas fought for the Arkansas Lay Caregiver Act because supporting caregivers is a top priority for all of us.** We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.

For more information about caregiving resources, visit [aarp.org/caregiving](http://aarp.org/caregiving) or [aarp.org/ar](http://aarp.org/ar).

To share your caregiving story, visit [aarp.org/iheartcaregivers](http://aarp.org/iheartcaregivers).



KEEP THIS CARD IN YOUR WALLET

## WHEN YOUR LOVED ONE IS ADMITTED INTO THE HOSPITAL

Flip this card for information about

### The Arkansas Lay Caregiver Act



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- ♥ Notify you when your loved one is to be discharged back home.
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