



Thanks to the CARE Act, help is here for family caregivers in Massachusetts.

More than 844,000 Massachusetts residents help their parents, spouses and other loved ones live independently at home. These family caregivers have a huge responsibility, and a new law is now in effect that makes their lives a little bit easier.

The CARE (Caregiver Advise, Record, Enable) Act helps family caregivers when their loved ones go into the hospital and as they transition home. The CARE Act requires hospitals in Massachusetts to:

- ♥ Provide your loved one the opportunity to designate a family caregiver.
- ♥ Notify you when your loved one is to be discharged to another facility or back home.
- ♥ Explain and demonstrate the medical tasks that you will need to perform at home, such as medication management, injections or wound care.

AARP Massachusetts fought for the CARE Act because supporting caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.

For more information about caregiving resources, visit aarp.org/caregiving or aarp.org/ma.

To share your caregiving story, visit aarp.org/iheartcaregivers.



KEEP THIS CARD IN YOUR WALLET

WHEN YOUR LOVED ONE ENTERS THE HOSPITAL

Flip this card for information about

The Caregiver Advise, Record, Enable (CARE) Act



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- ♥ Explain and demonstrate the medical tasks that you will need to perform at home.

For more information and caregiver resources, visit aarp.org/macaregiving.