



Family caregivers in New York now have more support. The CARE Act.

Nearly 2.6 million New Yorkers care for older parents, spouses or other loved ones, helping them to live independently at home. These family caregivers have a huge responsibility, and now there's a new law in place that will make life a little bit easier for them.

The CARE (Caregiver Advise, Record, Enable) Act helps family caregivers when their loved ones go into the hospital and as they transition home. The CARE Act requires New York hospitals to offer to:

- ♥ Record the name of the family caregiver when a loved one is admitted into a hospital;
- ♥ Notify the caregiver if the loved one is to be discharged to another facility or back home; and,
- ♥ Provide the family caregiver with instruction and demonstration on all tasks that the family caregiver will have to perform at home — such as medication management, injections, wound care, and transfers.

AARP New York fought for the CARE Act because supporting caregivers is a top priority for all of us. We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.

For more information about caregiving resources, visit aarp.org/caregiving or aarp.org/ny.

To share your caregiving story, visit aarp.org/iheartcaregivers.

KEEP THIS CARD IN YOUR WALLET

WHEN YOUR LOVED ONE ENTERS THE HOSPITAL

Flip this card for information about
**The Caregiver Advise, Record,
Enable (CARE) Act**

**I ♥
Caregivers**SM

AARP Real
Possibilities
New York

FOLD

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