



Family caregivers

in Alaska now have more support.

The CARE Act.

Nearly 85,000 Alaskans care for older parents, spouses or other loved ones, helping them to live independently at home. These family caregivers have a huge responsibility, and now there's a new law that will make life a little bit easier for them.

The CARE (Caregiver Advise, Record, Enable) Act helps family caregivers when their loved ones go into the hospital and as they transition home. The CARE Act requires hospitals to:

- ♥ Provide your loved one the opportunity to designate a family caregiver
- ♥ Notify you when your loved one is to be discharged back home
- ♥ Instruct you on the after-care tasks that you will need to perform at home such as medication management, injections and wound care

AARP Alaska fought for the CARE Act because supporting caregivers is a top priority for all of us.

We hope you will cut out the card below and fold it around your insurance card to keep in your wallet. That way, you'll have important information about this new law available when you need it most.

For more information about caregiving resources, visit aarp.org/caregiving or aarp.org/ak.

To share your caregiving story, visit aarp.org/iheartcaregivers.



KEEP THIS CARD IN YOUR WALLET

**WHEN YOUR LOVED ONE
ENTERS THE HOSPITAL**

Flip this card for information about

**The Caregiver Advise, Record,
Enable (CARE) Act**



FOLD

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