WE HOPE YOU ENJOY THESE HIGHLIGHTS OF OUR RECENT SOCIAL-MISSION ACHIEVEMENTS.

Our focus is health security, financial resilience and personal fulfillment—better known as “health, wealth and self.”

Our purpose is to empower people to choose how they live as they age.

RECENT SOCIAL MISSION ACHIEVEMENTS BY:

AARP

AARP is a nonprofit, nonpartisan organization with a membership of nearly 38 million that helps people turn their goals and dreams into ‘Real Possibilities’ by changing the way America defines aging. With staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands, AARP works to strengthen communities and promote the issues that matter most to families with a focus on health care, financial security and personal fulfillment. AARP does not endorse candidates for public office or make contributions to political campaigns or candidates.

AARP FOUNDATION

AARP Foundation, an affiliated charity of AARP, works to ensure that low-income older adults have nutritious food, affordable housing, a steady income and strong and sustaining bonds. We collaborate with individuals and organizations who share our commitment to innovation and our passion for problem-solving.

Supported by vigorous legal advocacy, AARP Foundation creates and advances effective solutions that help struggling older adults transform their lives.

AARP SERVICES, INC.

This wholly-owned taxable subsidiary of AARP manages provider relationships for and performs quality control oversight of the wide range of carefully chosen, high-quality products and services that carry the AARP name and are made available by independent providers as benefits to AARP members and others. AARP Services also engages in new product development activities for AARP and provides certain consulting services to outside companies.

LEGAL COUNSEL FOR THE ELDERLY

LCE is a nonprofit charitable affiliate of AARP that champions the dignity and rights of seniors in Washington, D.C. through free legal and social work services.
ALTHOUGH CARING FOR AN ADULT RELATIVE OR FRIEND IS A LABOR OF LOVE, CAREGIVING CAN ALSO BE STRESSFUL. AARP is here to help you sort it out.

40 MILLION
Family caregivers in the United States provide an estimated 37 billion hours of care each year.

YOUR STORY MATTERS
Since family caregivers are not celebrated or supported nearly enough, AARP spotlights their experiences of hope, love and dedication through our storytelling initiative, I Heart Caregivers. Read a story or share yours at www.aarp.org/iheartcaregivers.

HELPFUL TOOLS AND RESOURCES FROM AARP INCLUDE:
> Articles in AARP’s publications
> Books, apps, tips and online videos
> Planning guides and workshops
> Products and services, from home delivery of prepared meals to long-term care options.

SUPPORTING FAMILY CAREGIVERS

PRACTICAL HELP
Family caregiving can be complex. It’s hard to know where to turn for help. That’s why AARP created the online Caregiving Resource Center, which provides solutions and ideas—in English and Spanish. www.aarp.org/caregiving

140+ State laws supporting family caregivers that were passed in recent years, backed by AARP’s grassroots advocates. For example, the CARE Act helps family caregivers from the moment a loved one is hospitalized to their return home.
AARP IS COMMITTED TO HELPING PEOPLE TAKE CONTROL OF THEIR HEALTH AS THEY AGE. We seek an America where individuals 50-plus have access to the care, information and services they need to lead healthier lives.

HEALTHY LIVING
Keeping fit, maintaining a balanced diet and staying active are key to a healthy lifestyle. AARP provides access to health care tools, articles, books, videos and discounts on prescriptions.

MEDICARE
Medicare is the foundation of health security for older Americans. It provides guaranteed access to a certain level of health care. That’s why a critical priority for AARP is eliminating waste, improving quality and containing costs in Medicare.

$26 BILLION
Savings by nearly 12 million Medicare beneficiaries on prescription drugs since 2010, thanks to gradual closing of the “doughnut hole” in Medicare Part D coverage, for which AARP advocated. Average savings per person: $2,272.

BRAIN HEALTH
is a top interest for people 50-plus. The online AARP Brain Health Center is chock-full of information about the five ways to stay sharp for a lifetime:

> Keeping fit
> Learning more
> Managing stress
> Eating right
> Being social

Practical, trustworthy information on brain health is also available from the Global Council on Brain Health. This gathering of doctors, scientists, policy experts and scholars was founded in 2015 by AARP and Age UK, a charitable organization in the United Kingdom.
WE SEEK AN AMERICA WHERE PEOPLE 50-PLUS AND THEIR FAMILIES CAN BUILD SAVINGS, PROTECT THEIR SAVINGS AND CREATE THE FINANCIAL FUTURE THEY WANT.

EVERY 2 SECONDS SOMEONE’S IDENTITY IS STOLEN.
The AARP Fraud Watch Network empowers Americans in the fight against fraud. By taking a few practical steps, you have the power to stop fraud and identity theft before it even happens.
www.aarp.org/fraudwatchnetwork

WORK & JOBS
If you want to jump-start a job search or accelerate your career, AARP has a host of information and tools—like the AARP Job Board. We also urge employers to hire more experienced workers, and we protect workers’ rights by fighting age discrimination in the workplace.
www.aarp.org/work

TENS OF THOUSANDS
Older adults with modest incomes who build skills for good jobs each year through AARP Foundation’s Senior Community Service Employment Program and Back to Work 50+.

SOCIAL SECURITY
AARP has a long history of supporting proposals to update Social Security, not only for today’s beneficiaries but also for future generations.

AARP’s Social Security for Dummies is a best-selling guide to navigating Social Security.
Our trustworthy articles, tools and books offer practical information about how the program works and when to apply. Favorite online help includes a Social Security Benefits Calculator and the AARP Social Security Q&A Tool.

60 MILLION
Americans receive Social Security’s earned benefits. They include retirees, persons with disabilities and families of retired, disabled or deceased workers.
THE YEARS AFTER 50 GIVE PEOPLE A CHANCE TO GROW IN NEW AND REWARDING WAYS – TO UNLEASH THEIR PASSIONS AND FULFILL THEIR PURPOSE IN LIFE. This involves vibrant communities, increased digital skills, opportunities to have fun and giving back.

TECH WITH A PERSONAL TOUCH
Delores Helton rejoiced in learning how to save and share photos of her great-granddaughter and other technology skills during an AARP TEK workshop. In addition, the online AARP Academy provides video tutorials on topics like social media and finding a job.
www.aarp.org/academy

TRAVEL DREAMS COME TRUE
Achieving your best life at 50-plus often means turning travel dreams into reality. The online AARP Travel site takes you from dream to destination with personalized features that let you explore, plan and book trips at your own pace.
travel.aarp.org

AARP Driver Safety
NEARLY A HALF-MILLION DRIVERS of all ages learn to stay safe on the road every year by participating in AARP Driver Safety, CarFit and We Need to Talk programs. That adds up to more than 16 million people since 1979, thanks to volunteer instructors and convenient online courses.

500,000 PARTICIPANTS
25,000 CLASSROOM COURSES
4,000 VOLUNTEERS
AARP IS ENCOURAGING COMMUNITIES NATIONWIDE TO PREPARE FOR THE RAPID AGING OF THE U.S. POPULATION BY MAKING IT EASIER FOR PEOPLE TO REMAIN ENGAGED IN COMMUNITY LIFE AS THEY AGE. That means safe, walkable streets; age-friendly housing; and better transportation options.

64 MILLION people reside in the more than 150 cities and counties where AARP is working with citizens, planning experts and local governments to make “age-friendly communities,” in cooperation with the World Health Organization.

HOME REDESIGN
As many people age, their homes are no longer a good fit. AARP is teaming with architects, designers and builders to create innovative designs that promote affordable, independent living.

TOOL MEASURES ‘LIVABILITY’ OF TOWNS
Does your community have everything you need to be independent as you age? Are there mobility options for people who don’t drive? Is housing affordable and accessible? How’s the health care? Find out by plugging a city name or ZIP code into the online AARP Livability Index at aarp.org/livabilityindex.

Walter Moody, right, presents his accessible house to his mother, Mary, who uses a walker and a wheelchair. Moody, an Army veteran, was awarded the home in a Home Design Challenge contest co-sponsored by AARP and the charitable AARP Foundation.

Walking groups and bicycling events organized by AARP’s local offices promote healthy lifestyles and new friendships.
AARP Foundation Tax-Aide is the nation’s largest free, volunteer-run tax assistance and preparation program. It is a remarkable people-helping-people program:

2.7 MILLION OLDER ADULTS receive free assistance preparing and filing their tax returns every year, thanks to 35,000 IRS-certified volunteers.

$1.3 BILLION Income tax refunds received by Tax-Aide clients annually

$250 MILLION Earned Income Tax Credits received by low-income working people via AARP Foundation Tax-Aide

For more than 40 years, AARP’s Legal Counsel for the Elderly (LCE) has championed the dignity and rights of Washington, D.C.’s elderly by providing free legal services to those in need. For example, Wanda Witter was homeless and living on the streets until LCE attorney Daniela de la Pedra (at left) helped her receive $100,000 in back Social Security benefits. Ms. Witter now lives independently and in safety.

$16 MILLION Monetary benefits obtained for the 6,000 older adults assisted each year by the efforts of LCE staff and volunteers.

“TO SERVE, NOT TO BE SERVED.”

—AARP Motto

AARP Foundation Tax-Aide volunteers like Ed Horigan make it possible for 2.7 million people to file their tax returns each year—free of charge.
MORE THAN 10 MILLION AMERICANS 50-PLUS struggle to put food on the table. Through Drive to End Hunger, a multiyear, nationwide campaign, AARP and AARP Foundation are raising awareness and funds to address the problem—now and in the long term. Impressive achievements since 2011 include:

37+ MILLION MEALS DONATED

HUNGER IS ALSO A HEALTH ISSUE.
That’s why AARP Foundation is working to make it possible for low-income people to buy more fresh, healthy food. www.drivetoendhunger.org
MENTORS HELP CHILDREN READ BETTER

31,000 children in grades K-3 learn to read better every year, thanks to 2,000 dedicated AARP Foundation Experience Corps tutors like Veronica Henson of Maryland.

STUDENTS FIGHT SENIORS’ HUNGER AND ISOLATION

Students fight hunger and ease isolation among older adults through a collaboration between the Campus Kitchens Project and AARP Foundation. Students transform unused food from dining halls, grocery stores, restaurants and farmer’s markets into free meals for seniors in need.

TEAMING UP TO STRENGTHEN COMMUNITIES

Every year, retired educators reach more than 500,000 young people in over 1,000 communities. Tutoring, donating school supplies and packing healthy weekend meals are some of the community service projects undertaken by volunteers from the NRTA With Our Youth! Program since 1999.

HONORING ROLE MODELS

Making a difference doesn’t stop as you age. The new AARP Purpose Prize for Intergenerational Excellence recognizes work that brings multiple generations together for a better community.
AARP SEEKS TO BE AT THE FOREFRONT OF DEVELOPING INNOVATIVE SOLUTIONS THAT HELP PEOPLE OF ALL AGES LIVE LONGER LIVES AND IMPROVE THE QUALITY OF LIFE FOR EVERYONE.

CAREGIVING
To support the millions of people who want to stay independent as long as possible, AARP is working with the private sector to develop and test innovative solutions such as home-delivered meals, telehealth services and wearable devices. A 1,000-person consumer panel provides candid feedback to help shape the marketplace. https://careconnection.aarp.org

HEALTH CARE
The first-of-its-kind AARP Innovation Fund, a joint initiative with J.P. Morgan Asset Management’s Endowments and Foundation Group and its Private Equity Group, enables us to spark market-driven solutions on health care, including:
- Aging at home;
- Access to health services to promote positive health behaviors; and
- Preventive health care, including brain health, fitness and nutrition.


LET’S DISRUPT AGING
Every day, AARP fights to remove barriers that stand between people and their Real Possibilities. Since some of the most persistent barriers live inside of us, AARP has launched honest conversations about how we want to live and age. This effort, called Disrupt Aging, features new ways of living and aging. AARP is partnering with companies and communities to create new solutions that work for all of us at any age. After all, it’s not about aging—it’s about living. www.disruptaging.org

100% of AARP’s royalties from Disrupt Aging book sales support the charitable work of AARP Foundation.
AARP CREATES REAL POSSIBILITIES by connecting people with information that helps equip them to live their best lives. From home-delivered publications to digital information at your fingertips, AARP makes available trustworthy news, entertainment and insights tailored to people 50-plus.

37.3 MILLION
Readers receive trusted lifestyle tips, news and educational information in each issue of AARP The Magazine—the world’s largest circulation magazine.

BENEFITS ON THE GO
The AARP Now app puts the power of membership at your fingertips. Stay connected with daily news stories, explore local events, watch inspiring videos and discover member benefits wherever you are.

MOVIES FOR GROWNUPS
Free screenings of popular movies are offered in select cities through the AARP Movies for Grownups program. Check out events hosted by your AARP state office. www.aarp.org/states

EVENTS & LOCAL ENGAGEMENT
AARP Block Parties have boosted people’s enjoyment of major community events in dozens of cities since 2016. From skateboarding and dancing to fashion tips for the workplace, attendees experience a unique and fun side of AARP. Meanwhile, local events like wine tastings, cooking classes and walks organized by AARP help people connect and relax. www.aarp.org/events
AARP MEETS THE NEEDS OF PEOPLE AGE 50 AND OVER. Our programs, services and carefully selected discounts are designed to offer real value in every area of your life. Here are five of our many benefits with social impact that may surprise you.

1. PRESCRIPTION DISCOUNTS FOR THE WHOLE FAMILY
   Members who enroll in the AARP® Prescription Discounts provided by OptumRx program save an average of 61 percent on all FDA-approved medications not covered by their current insurance at 66,000+ participating retail pharmacies. Coverage extends to any dependents, regardless of age. aarpadvantages.com/prescriptions

2. MONEY TOOLS
   All kinds of free online tools available to the public help you cut costs and save money—whether you want to get retirement savings on track, pay off credit card debt or just manage your day-to-day home expenses. That’s great news for your budget and your wallet. www.aarp.org/money/money_tools

3. REWARDS FOR GOOD
   Everyone 18 and up can earn points for online activities designed to enrich your life—such as learning how to save money and eat well—through AARP’s online Rewards for Good. The more you learn, the more you earn. You can even earn points by reaching fitness milestones. Points can be used for exclusive discounts, savings on gift cards and more. www.aarp.org/rewards-for-good

4. FREE HEARING TEST
   Everyone can take advantage of a free hearing test by phone once a year; for AARP members, it’s free of charge. National Hearing Test offers a validated method to check for hearing impairment or loss. It’s completely confidential, and the results are available within just 10 minutes. Learn more and get other resources at the AARP Hearing Center. www.aarp.org/hearing

5. BUY A CAR, FIGHT HUNGER
   When you buy a new or used car from a certified dealer of the AARP Auto Buying Program, you also help an important cause. A portion of the program’s proceeds goes to AARP Foundation’s Drive to End Hunger—more than $1 million since 2013. https://auto.aarp.org
FOR NEARLY 60 YEARS, AARP has proved that standing up for consumers in the marketplace can drive powerful social change. Member benefits include solutions to keep people healthy, support family caregivers, promote financial resilience and save money on lifestyle products.

IMPROVING PATIENTS’ OUTCOMES
Improving health care delivery and management of chronic diseases like cancer and diabetes are the goals of health innovation pilots undertaken by UnitedHealthcare as part of the AARP Medicare Supplement Insurance Program. These initiatives are helping determine how to improve patients’ experiences and reduce costs in the traditional Medicare fee-for-service environment.

MATURE-MARKET EXPERTISE DRIVES PRODUCT DESIGN
The Hartford is the only major insurer with a full-time team of gerontologists charged with understanding people 50-plus. Unique features of AARP-branded auto and home insurance programs that flowed from these insights include Comprehensive Driving Evaluation Coverage and Replacement Plus Coverage, which relates to universal design.

STRONG CONSUMER PROTECTIONS
For years, consumers complained about restrictive contracts for mobile phones. AARP Services changed the game in 2008 by negotiating with Consumer Cellular an offering that included consumer protections long sought by AARP at the state level—including no long-term contracts, early-termination fees or mandatory arbitration.

BY PROVIDING QUALITY CONTROL OVER THE AARP-BRANDED OFFERINGS MADE AVAILABLE BY LEADING BUSINESSES, AARP SERVICES FOSTERS POSITIVE SOCIAL CHANGE THROUGH MARKET INNOVATION AND LEADERSHIP.

EASY-TO-FIND OFFERS
Saving money is easier at home and on the go with a new website designed to help AARP members take advantage of the many benefits offered to them, including health, financial, lifestyle and discounts. Educational content about financial and health offers, a location finder and much more are available at aarpadvantages.com.

UNITING THE GENERATIONS
Since higher education helps people achieve a middle-class lifestyle, an AARP-branded plan from TIAA-CREF provides educational resources and tools about Section 529 college savings plans. It features a gifting program that lets grandparents make set contributions as a reward (such as for a good report card).
AARP HAS BEEN A POWERFUL FORCE FOR POSITIVE SOCIAL CHANGE

SINCE WE WERE FOUNDED BY A RETIRED HIGH SCHOOL PRINCIPAL IN 1958.

SIGNIFICANT ACHIEVEMENTS INCLUDE:

**HEALTH CARE**
- Pioneering group health insurance for older people—long before Medicare.
- Fostering groundbreaking research on diet and health by teaming with the National Institutes of Health (NIH) on the nation’s largest research project on American diet and lifestyle.
- Helping to persuade Congress to add the Part D prescription drug benefit to Medicare.

**FINANCIAL RESILIENCE**
- Championing Social Security—a true family protection program.
- Protecting mature workers’ rights by seeking to prohibit age-based discrimination in employment.
- Helping millions of people build financial security through free assistance in preparing and filing their tax returns.

**COMMUNITY LIFE AND LEISURE**
- Showcasing “universal design” in 1961 by building a home where people could age in place.
- Fostering continuing education through an adult education program that grew so large it was acquired by the U.S. Department of Agriculture.
- Gathering first-person accounts of the Civil Rights era during an extensive 2004 bus tour, with the Library of Congress and the Leadership Conference on Civil Rights.