

THE CAMPUS KITCHENS PROJECT

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TARGETS FOR 2020

low-income
age 50 and
above served

4,897



meals served to
older adults
monthly

new Campus Kitchen
chapters serving older adults

12



PROJECT DESCRIPTION

The Campus Kitchens Project will measure the impact of their national programming for adults age 50 and older. Over 30 months, they will:

- Establish an evidence base for the Campus Kitchen model
- Replicate the model across existing Campus Kitchen chapters
- Scale the model by creating new Campus Kitchen chapters

The Campus Kitchens Project will expand their programmatic reach through a robust literature review, evaluation sub-grants to Campus Kitchen chapters, and identification of outcome metrics that align with best practices in the field.

“AARP Foundation’s funding has been transformational for The Campus Kitchens Project. First, we will deepen our understanding of how Campus Kitchens impact the lives of older adults through a rigorous research partnership with the University of Georgia. Second, we will share our most effective independently verified strategies, equipping student leaders in communities all over America to adopt and adapt solutions to hunger and isolation among our older neighbors.”

—Alexander Moore, Chief Development Officer at Campus Kitchens

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PROJECT HIGHLIGHTS

- Campus Kitchens Project Summit: Over 300 student leaders attended the 4th Annual Summit held in partnership with the Universities Fighting World Hunger Summit. Students expanded their networks of leaders and innovators in the field, received in-depth training, and engaged in dialogues about hunger, food waste, sustainability, and social justice.
- Engaged Population: Each month, the Campus Kitchens Project reaches a consistent group of seniors across their national chapters. By continually engaging over 4,500 adults age 50 and above, Campus Kitchens works to address the social isolation and nutritional knowledge gaps that can contribute to food insecurity.

ABOUT CAMPUS KITCHENS

The Campus Kitchens Project develops and pilots interventions that address the three underlying root causes of older adult hunger to prevent food insecurity: social isolation, lack of transportation and access, and lack of nutritional knowledge.

campuskitchens.org

PRIOR SUCCESS WITH AARP FOUNDATION



Improved participant outcomes

- ↑ connection to the community
- ↑ fruit and vegetable consumption
- ↓ feelings of isolation



“Going Beyond the Meal” publication of programmatic best practices

“There are so many wonderful things that our organization does and I love being part of every one of them—from fighting food waste and being an advocate for the environment to serving meals and fighting hunger.

Campus Kitchens not only allows me to give back to the community, but to be a vital part of the community and I am thankful for that.” —2017

Student Leader



ABOUT AARP FOUNDATION

AARP Foundation works to ensure that low-income vulnerable older adults have nutritious food, affordable housing, a steady income, and strong and sustaining social bonds. We collaborate with individuals and organizations who share our commitment to innovation and our passion for problem-solving. Supported by vigorous legal advocacy, we create and advance effective solutions that help struggling older adults transform their lives. AARP Foundation is the charitable affiliate of AARP.