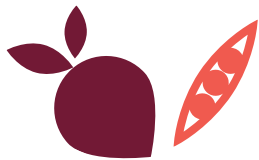


# FOR BABY BOOMERS, HUNGER IS A HEALTH ISSUE

AND THIS LEADS TO SIGNIFICANT  
HEALTH CARE COSTS.

**4.5 MILLION+  
BABY BOOMERS  
AGE 50-59 ARE  
FOOD INSECURE.**



## FOOD INSECURITY <sup>1</sup>

The state of being without reliable access to a sufficient quantity of affordable, nutritious food.



**FOOD INSECURE BABY BOOMERS ARE MORE LIKELY TO EXPERIENCE CHRONIC HEALTH CONDITIONS.**

## DIABETES



**19%**  
have diabetes

## MENTAL AND EMOTIONAL PROBLEMS



**28%**  
have depression

## REDUCED MUSCLE MASS, POOR VISION AND LOWER BONE DENSITY



**95%**  
have at least  
one act of daily living  
limitation (ADL)

**BABY BOOMERS SPEND  
TWICE AS MUCH ON  
HEALTH CARE AS  
YOUNG ADULTS DO.<sup>2</sup>**



## FOOD INSECURITY <sup>3</sup>

Costs U.S. adults an estimated \$130.5 billion.



TO LEARN MORE ABOUT OUR PROGRAMS,  
RESEARCH AND WORK PLEASE VISIT

[WWW.AARPFUNDATION.ORG/FOODSECURITY](http://WWW.AARPFUNDATION.ORG/FOODSECURITY).



Data from AARP Foundation's Food Insecurity Among Older Adults Full Report, 2015 Update

1) Source: United States Department of Agriculture

2) Source: The Commonwealth Fund, January 2006; Baby Boomers aged 50-64

3) Source: Center for American Progress 2011 Report